

# CEUpdate

24 December 2015



**It was great to see many of you in Greymouth at the staff barbecue. I enjoyed my turn cooking the delicious Blackball bacon and sausages with Executive Management Team colleagues as a thank you to staff. Board Chair Peter Ballantyne and other Board members enjoyed sharing food with staff as well. Peter later told people that it was the first time he'd eaten mushrooms cut up (precisely) by a surgeon, so well done Pradu Dayaram for getting in the corporate kitchen with other helpers, some from as early as 5.30am.**



I know General Manager Grey | Westland Mark Newsome and General Manager Buller Kathleen Gavigan had also shouted morning and afternoon teas and the like for other areas, on our behalf. Please accept the thanks of the entire Executive Management Team for all the hard work you've put in this year for a healthier West Coast.

What was truly exciting after that auspicious start was the site blessing for our new hospital. Led by local iwi, with General Manager Māori Health Gary Coghlan skilfully weaving his words between speakers, the blessing took place north of the Corporate carpark where the new facilities will be based.



Getting to this stage has been a mammoth undertaking. Years of proposals and business cases and meetings with staff, and huge hours put in by the likes of Pradu and other clinicians, have told us what must be in our new fit-for-purpose facilities. We are having ongoing discussions with all workstream areas about how we're going to operate in and around the new facilities. I know that this change can be hard for people. I would urge you to talk to your manager, or make an appointment to see your area general manager to bring up any concerns.

We've had a few instances lately where one or two people have taken their concerns to the media, saying they represent "several" or "many" others. This can create undue anxiety in the community, and most often these people do not officially represent many others. I guess my word of caution would be, that you shouldn't believe everything you read in the newspapers.

It's great when things start to warm up and we can spend more time outdoors. There are so many benefits to getting a dose of sun (but not too much), taking a few extra strolls through the network of Coast walking tracks, hitting the cycle trail and generally exercising more.

Our Staff Wellbeing team has recommended a couple of videos that provide the impetus to take control of managing your emotional and physical wellbeing.

Why not email these links to yourself and watch them at home over the holiday period? The single most important thing you can do for stress – <https://www.youtube.com/watch?v=I6402QJp52M> (11 minutes)

23 and a half hours – <https://www.youtube.com/watch?v=aUalnS6HIGo> (9 minutes)

If it all gets too much – for whatever reason, remember free confidential counselling is available from the Employee Assistance Programme (EAP) programme at work- details are on the intranet and if it's outside work hours or while you're on holiday, your general practice team can help. They should be your first port of call for all health and wellbeing concerns.

Thank you for all your efforts to date this year. As we near Christmas, this is also a good time to reflect on what we have achieved.

**David Meates**  
CEO



## World Prematurity Day

**McBrearty Clinical Midwife Manager Chris Davey, Amber van der Krogt and her nine-month-old son Zak Brooks celebrate World Prematurity Day on Tuesday 17 November.**

Zak was born weighing around one kilogram at 26 weeks and spent about three months in Grey Base Hospital. He's now a healthy eight kilograms. Chris says it's important that people realise that it is often possible for premature babies to have great outcomes.



## Hospital history project

**Are you interested in the history of the Grey Base Hospital and earlier hospital buildings? Do you have a story to tell?**

The Grey Base Hospital Historical Advisory Committee is calling for submissions of hospital stories/ histories, including photographs, for possible inclusion in a record of the Grey Base Hospital. Written submissions under 500 words, and copies of photographs (digital please) to be lodged with Karen Robb, New Facilities Administrator, [Karen.robb@westcoastdhb.health.nz](mailto:Karen.robb@westcoastdhb.health.nz). This is open to staff and members of the public.



Shantytown Chief Executive Andrea Forrest and Collections and Acquisitions Amanda Pike check out an old occupational therapy loom during a walkabout of Grey Hospital basements recently.

**Three of the four West Coast District Health Board studentship recipients received a brief for a project from Clinical Nurse Manager Cervical Screening Janet Hogan recently.**



From left: Aaron Trembath, Janet Hogan, Josh Hudson and Michaela van Dissel. Absent Rachel Glue.



## Cuddle Cot

**Kirsty Oliver and Amy Symmers presented McBrearty maternity ward with a “cuddle cot” recently. Both women had experience losing babies shortly after birth.**

The cuddle cot has a special cooling device that allows parents to spend time with stillborn or deceased babies. The two women fund-raised for the cot, with support from the Hokitika Lions Club, Greymouth Lodge, Advance Mawhero and Mayor Tony Kokshoorn, among others.



Ms Oliver's five-month-old son Nathaniel stole the show at the presentation of the cuddle cots.

## Photos from the recent presentation of Studentship and Scholarship awards in Greymouth.



Infection Prevention and Control Clinical Nurse Specialist Julie Ritchie accepted a scholarship on behalf of her son Ezra (who was travelling when the ceremony took place).



Marion Davis at left with student/scholarship recipients at the awards.



Anna (left) and John McInroe, parents of student nurse Kathleen McInroe who tragically died in an accident last year, with this year's recipient of the Kathleen McInroe Award, Nicole Doolan.

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## Steve Barclay

### Senior Safety Advisor

#### What does your job involve?

Organising the work of the safety advisors, contract safety management, HSNO compliance and supporting staff to have a safe work environment.

#### Why do you choose to work in this field?

I worked in the Fire Service for 30 years, and decided it would be great to put all my experience to use in being proactive after I saw too many people suffer needlessly.

#### What do you love about what you do?

Working with people in health, the commitment is amazing, under often trying circumstances.

#### What are the challenging bits?

Trying to get staff to understand risk. This is now beginning to work. In health



Lucky I threw the game.

people deal with risk every day but staff need to look at their risk as well as patients. You can't look after them if you aren't there.

#### Who inspires you?

Strong leaders like Rob Fife, John Key, Richie McCaw, they transform culture in positive ways.

#### What was the last book you read and/or movie you saw?

Just saw *Bridge of Spies* – great. Last book *The Martian*.

#### If you could be anywhere in the world, where would you be?

Cabo san Lucas (Mexico) - been there a few times, amazing.

#### What's your ultimate Sunday?

A motorbike run with friends on my Harley.

#### Fave food?

Ethnic, Burmese, Thai, Italian

#### Fave music?

Any genre

#### Ever won an award or a medal?

Medals: A few from the NZFS and awards for our work in the earthquakes in Christchurch (I was in urban search and rescue).

If you would like to take part in this column or would like to nominate someone please contact [lee.harris@westcoastdhsb.health.nz](mailto:lee.harris@westcoastdhsb.health.nz).



## Special days ...

## Christmas Day

25 December



## “I’m still here!”

**Some years ago Olwyn Veale (79) received the heart-stopping news that she had breast cancer. Olwyn had previously had a breast screening four years prior, which showed no issues. She believes there was no family history of breast cancer.**

The cancer was picked up when Olwyn visited the mobile screening bus.

“I guess it had been there for some time. It had spread to my lymph nodes,” she says. “It was really devastating to be told that I had cancer.

“I said I needed to get rid of the rotten bits and then I’m going to be like Sir Edmund Hillary and ‘knock the bastard off’. And that’s what happened.”

She underwent surgery, chemotherapy and radiology treatment, and credits the clinicians (particularly the surgeon who operated on her) with saving her life.

“Some people are more fortunate than others. I had no complications as far as medical access and subsequent treatments. I don’t compare any other people with cancer to me. Your life’s your own destiny, your journey is how you make it,” Olwyn says.

It is important to be assertive, ask questions about appointments and where you are in any queue for treatment, she says.

Her own “faith journey” has been a great help, the mother and grandmother says, as has having a close family and friends.

Three weeks after the operation to remove the cancer, Olwyn was back leisure marching at an event in Dunedin.



Olwyn Veale

“I’d already made arrangements and I wasn’t going to miss it. You can’t let cancer interfere with your life.”

Olwyn has retained her interest in politics, she was involved with the Blaketown School PTA for many years and retains an interest, and likes to keep abreast of local current issues.

“Involvement in community things are really important. They open your mind!”

While well clear of cancer now, Olwyn recently suffered a TIA (Transient Ischaemic Attack, or mini-stroke). She

was with family at Castle Hill and ended up in Christchurch Hospital.

“What made a difference was that I allow any health professional dealing with me to access my medical records. So I was taken straight away and they were able to see all my history. It was down to a partial blockage in my neck, and that means I’m on five different medications for the rest of my life. But I’m still here!”

## Photographs!

**Visit the intranet web galleries for Christmas 2015 photographs from Buller, Grey Base and iCAMHS. Also, there are a number of images from the recent new Grey facilities site blessing.**



## Associate Director of Nursing leaves for Sunshine Coast

**About eight years ago, Vicki McGhie returned to the West Coast for family and lifestyle. Now she's moved to the Sunshine Coast for similar reasons. In between, there's been a whole host of nurses who have benefited from Vicki's experience.**

Starting her nursing career as a nurse aide at Seaview Hospital in Hokitika when she was 17, she quickly picked up the resilience needed for her professional career. Originally an Enrolled Nurse, Vicki bridged in 2000 and eventually finished a post-graduate diploma in nursing.

Vicki and husband Paul moved from Christchurch to the Coast in 2007 when Paul got a job on the switchboard. Vicki's dad had just passed away, and her mum had been diagnosed with cancer. It was time to be nearby. The couple had four-year-old twin daughters and they were keen for the girls to know the freedom of growing up on the Coast.

Vicki joined Paul at the DHB in 2008, as a Clinical Nurse Educator. Achievements she's particularly proud of during her West Coast DHB time include the introduction of the bloodless IV, which took some convincing as it was a major change of practice.

"It was particularly challenging, because when you're going into a leadership or educational role in a new organisation, you lose all the mana you've had in a previous role. I went from dealing with queues of doctors and anaesthetists waiting to see me, to a situation where nobody knew or trusted me. But we got it through."

In the past few years, Vicki and the team have started training all West Coast Rural Nurse Specialists, Clinical Nurse Specialist and practice nurses so they are ready to be designated nurse prescribers as soon as Parliament authorises changes to the legislation to allow that to happen.



A younger Vicki

An XLR8 project Vicki undertook was to develop a written handover form, which was implemented in the wards along with training. She's proud of the difference that has made to patient safety.

Another development was a transportation scoring tool, to assess whether cardiac patients should be taken to Christchurch by plane or ambulance.

Working with student nurses and recruiting through the new graduate NETP programme over the past five years has been "really awesome", Vicki says.

"To see their growth, progress from a student to be really proficient and interested and engaged with students themselves has been great."

Vicki has also been part of a lot of national groups, and describes herself as "quite vocal" on the Nursing Council.



Vicki the week she left...

She has been a member of the regional PDRP group, the NETP regional and national advisory groups, and the HWNZ national coordinators group.

In the immediate future, Vicki plans to take some time off working to help her family settle in Australia. Her mum has just recently passed away on the West Coast, and Vicki is looking forward to spending time on the Sunshine Coast where the family have been holidaying for several years.

"I've travelled a lot in my job. The kids and Paul are looking forward to me being at home and not having to travel. This job has been massive. And after a while, I would like to go back to a clinical nursing role, before going back into an educator role again."

Vicki left the West Coast DHB at the end of November.

## Lara's farewell

**Associate Director Allied Health Lara Bakes-Denman has returned to her Australian home after a short but fruitful stint with the West Coast District Health Board.**

General Manager Grey / Westland Mark Newsome commented at Lara's farewell that he was very impressed with how quickly Lara fitted in.

"Lara showed a large appetite to get on with the work. She has dealt with some very difficult issues in that time, been involved in important work on our new facilities planning as a voice for Allied Health. And generally having someone in this senior role for Allied Health has brought it to the fore," he said.

During a recent visit, Chief Executive David Meates had commented that he wished he could take the energy shown in the Coast's Allied Health team back to Canterbury.

Mark Newsome said he (and others) had learned from Lara's positivity.

Lara was visibly moved by the large turnout in community services for her farewell, and was sad to be leaving.

"I've never stopped believing in what we're trying to achieve here – always

keeping our patient focus, it's been so impressive. I've not worked in a hospital where I've seen that in the same way."

Recruiting is underway for the position of Associate Director Allied Health.

[Click here](#) for more information.



General Manager Grey / Westland Mark Newsome talks about Lara's achievements.



Learning & Development Advisor Marion Davis thanks Lara.



Senior Dietitian Emma Tsoi baked a farewell cake.



General Manager Grey / Westland Mark Newsome and former Associate Director Allied Health Lara Bakes Denman.



## Māori Health

**Theatre registered nurse Jo Bentley has just completed the Ngā Manukura o Apopo course, giving her renewed enthusiasm and ideas for championing Māori health.**

Of Ngāi Tahu descent, the Invercargill born nurse and mother of three girls applied for the course which roughly translates as “Leaders of Tomorrow”, after seeing it advertised on the West Coast DHB’s intranet pages.

The course took Jo to the Tuahiwi Marae in Christchurch for eight days over six months and included team building exercises, reading course material, and hearing from guest speakers.

Topics covered included institutional racism, managing staff conflict, being a positive leader and “owning up”.

“To be able to care for others in the way we need to, we first need to care for ourselves and identify our own barriers.”

Jo admits she was quite nervous at the start of the course.

“I don’t speak a lot of Māori, I was a new graduate last year, so am quite a junior nurse. But you can become a leader from anywhere, even just in what you do every day. I wanted to set a good example for my girls,” she says.

“This course wasn’t solely about health, but also self-awareness and owning up to how you portray yourself to others.”

One of the course requirements is developing a project to create better health outcomes for Māori patients, and Jo has started working on that, consulting with Māori Health General Manager Gary Coghlan, Director of Nursing and Midwifery Karyn Bousfield and Māori Mental Health Services Manager Mal Robson.

The project utilises “nursing minds and ways of thinking” to ensure Māori

patients are receiving the care and resourcing they need. It builds on the cultural competency training nurses receive when they first study, helping to draw that back out and create a holistic cultural care plan, working with the patient at the centre.

Jo can see that when developed, her ideas might be able to be adapted for other cultures as well.

For more information on the Ngā Manukura o Apopo course, visit <http://www.ngamanukura.co.nz>.



Joanne Bentley

## 24-hour Holter cardiac recorder

**The recorder looks for arrhythmia, checking that there are no dangerous palpitations. Results are transmitted to Canterbury via the cloud (it’s a network of servers accessed via the internet) and any treatment necessary started in a more timely fashion than previously. The older (and clunkier) version lies on the bed.**



Cardiac Physiologist Jackie Sutherland and patient Cheryl Culling with the new 24-hour Holter cardiac recorder. Patients wear the new device over a 24-hour period, keeping a diary to record when they feel any palpitations.



## Staying connected important for health

**When spring chicken Lynette Forbes (73) wondered aloud whether we would be searched during a bus trip through the military base at Westport Airport, that was one of those moments.**

You know the ones – the moments when you marvel at life, and the joy that people retain in living full lives into their 70s, 80s and 90s.

Lynette's question raises a real chuckle throughout the bus full of elderly Westport folk. Lynette and her Dunsford Ward compadres have been joined for the outing by several of Buller's finest older folk, emerging from the large homes that they continue to live in by themselves.

Organised by Diversional Therapist Danielle Durrant, the outing is the first time members of the community have been invited along, on what has traditionally been a road trip solely for DHB Dunsford Ward and former Kynnersley Home residents.

In an effort to prevent social isolation that can lead to bigger health issues, Danielle has started receiving referrals from the community. District nurses, doctors, home-based support services and other health professionals are referring people that might be in need of a bit of a plan for getting out and about, for some company and fun with their peers.

"I heard about one lady who has hardly been out in the past 15 years, except very occasionally with family," Danielle says. That lady is later seen nattering for quite some time in Donaldo's Café at Carter's Beach as part of the bus trip.

"Another woman has been a bit down since she lost her husband. This has given her something to look forward to," she says of another passenger.

As well as the women on the outing, 90-year-old Senior Bus Driver Ellis Palmer is providing some useful tips to the day's driver, Carol Feast.

In the past Ellis has regularly driven the bus, picking up people for the Monday Care and Craft group, the heart group on a Wednesday, and O'Connor Home's monthly outings.

"I've just given up driving. I decided it wasn't a good look, even though I've still got my licence. I can do the coordinating though," he says.

Lynette takes a moment to record her admiration for Danielle and Activities Coordinator Christine Sanderson, who are both busy helping people on to the bus.

"They're simply the best, they treat everyone equal and we love them to bits," she says.

Former Kynnersley Activities Coordinator Bonnie Adank worked in the Buller Hospital for 40 years, including 15 at Kynnersley. She looks pretty sprightly as she steps off the bus at the military camp and sings a ditty about Australians to a bemused Nick Gurowski of the Royal Australian Air Force.

Molly Coleman (83) pops down the road from her home to Dunsford Ward every Tuesday and Thursday for lunch and to visit friends. Molly looks fit to bust when she gets to pose between two strapping Royal New Zealand Airforce lads, Josh Stone and Alister Kennedy.

Those who are less agile get their chance to experience the thrilling presence of a uniformed military man when Nick Gurowski fetches his attack dog Ninja and leads her on to the bus. Everyone gets a chance to pat the very placid Ninja, and ask Nick more questions.

At the same time, Ellis is outside bending the ear of the two New Zealand lads on guard duty at the entrance, regaling them with tales from his past.

Being involved in diversional therapy requires base nursing skills, great organisational skills, and a load of patience.

Danielle points out that there are existing activities and services available in the community, but they're not always well-utilised.

"There's a Wednesday morning shoppers' bus that goes around Westport and picks people up to take them to the shops. There's a new get-together in the Ngakawau/Granity/Hector area. And there's a bus that goes once a week to and from Waimangaroa. People aren't taking advantage of these services and there's a danger they'll lose them," she says.

It's obvious Danielle is passionate about working with her patients/clients.

"Watching them set goals for themselves and then achieve them is amazing," she says.

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## Diversional therapy



Alister, Ellis and Josh



Bonnie Adank sings to Nick Gurowski of the Royal Australian Air Force.



Molly Coleman (83) enjoys hanging out with Josh Stone and Alister Kennedy of the Royal New Zealand Airforce.



Bonnie Adank chats at afternoon tea.



Dunsford Ward resident Lynette Forbes (73) and Diversional Therapist Danielle Durrant.



Neighbours Margaret Todd (91) and Dita Soares have a natter over a cuppa.

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Dunsford Ward resident Dorothy (Dottie) Williscroft (95).



Nick Gurowski of the Royal Australian Air Force and Ninja jump on the bus to greet (clockwise from left Margaret Todd, Desley Gutschlag, Lorna Williams, Molly Coleman and Phyllis Collins).



Lorna Williams, Desley Gutschlag and Bonnie Adank wait for their tea.



Molly Coleman, Phyllis Collins, driver Carol Feast, Margaret Todd and Dita Soares at Donald's Cafe in Carter's Beach.



Senior bus driver Ellis Palmer (90) stops for a cup of tea.



Afternoon tea at Donald's Cafe in Carter's Beach.

## Work needed to address Māori cancer rates

**Māori health academic Dr Melissa Cragg visited the West Coast to deliver some sobering information about cancer rates for Māori.**

Nationally there are higher mortality rates for Māori; rates are not reducing as for Europeans so the gap is getting wider; there is a higher incidence of cancer; Māori have poorer survival rates, not explained by tumour type or stage of diagnosis but is more likely to be because they have co-morbidity and not be offered treatment; and Māori are less likely to receive optimal treatment

Some of the actual figures for the West Coast are as follows:

- Compared to non-Māori, cancer incidence was 47% higher for Māori females during the ten year period 2003-2011
- Cancers of the breast, lung, and digestive organs were the most commonly registered among West coast Māori women. The rate of lung cancer was 2.56 times the rate for non-Māori women
- Cervical screening coverage of Māori women aged 25-69 years was 62% over 3 years to the end of 2014 and 73% over five years (compared to 76% and 88% for non-Māori women respectively).
- Among west Coast males, overall cancer incidence was similar for Māori and non-Māori. Cancer mortality, on the other hand was twice as high for Māori as for non-Māori males



**Dr Melissa Cragg talks about Improving the Cancer Pathway for Māori**

- Cancers of the prostate, digestive organs, and lung were the most commonly registered cancers for Māori males

Dr Cragg outlined work being carried out in Te Tau Ihu (top of the South), to look at the alarming figures for Māori in that area.

The Nelson Marlborough District Health Board has started to map the pathway and identify issues contributing to delays in accessing treatment with resulting inequity in outcomes, including:

- Health literacy
- Poor ethnicity data quality

- Financial barriers to accessing care
- Services and health professionals not being culturally responsive
- Fear of cancer
- Bad experiences with health services
- Lack of a 'joined up' approach across the pathway between services and individuals
- Navigation
- Co-morbidities



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Faster cancer treatment data from the West Coast (1 July 2014) shows the following:

## Overall Ethnicity Breakdown

Asian	1
European	227
Māori	10
Other	3
<b>Grand Total</b>	<b>241</b>

## Achievement by Ethnicity (of the 31-day indicator)

Asian	100.00%
European	83.26%
Māori	60.00%
Other	100.00%
<b>Grand Total</b>	<b>82.57%</b>

## Achievement by Ethnicity (of the 62-day indicator) (total of 31 records over the period)

European	65.52%	European	19	29
Māori	0.00%	Māori		1
Other	100.00%	Other	1	1
<b>Grand Total</b>	<b>65.52%</b>	<b>Grand Total</b>	<b>20</b>	<b>31</b>

As Māori make up approximately 11% of the West Coast population, they do not seem to be represented proportionately in the ethnicity data for the Faster Cancer Treatment Register, indicating that they are not receiving treatment at the rate they should be.

Now the work carried out in Te Tau Ihu will be extended to other South Island DHB areas and include working with the Southern Cancer Network and stakeholders to improve the availability of ethnicity-specific data and look at the patient pathway, issues and opportunities for Māori.



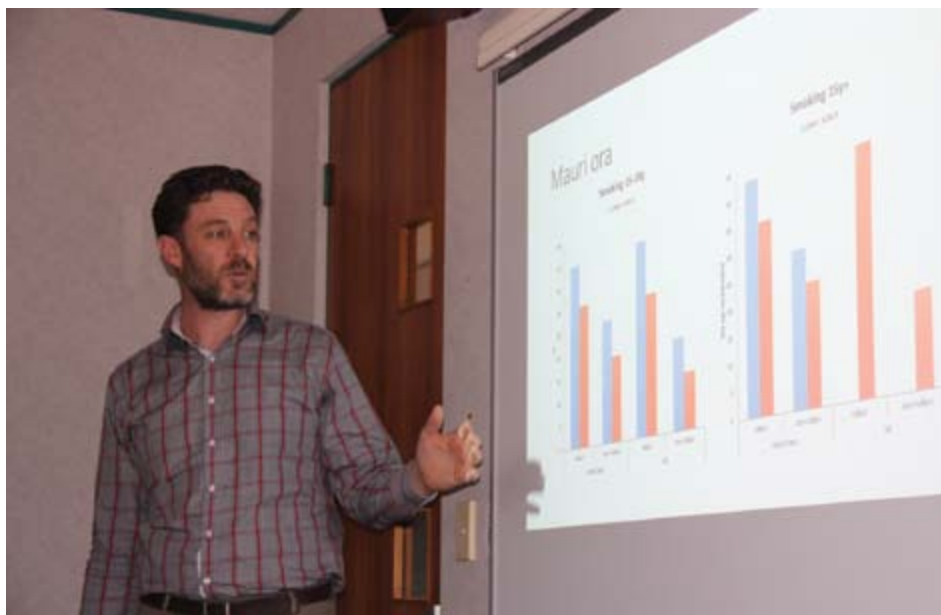
## Data provided for Coast Māori health planning

**People involved in Māori health on the West Coast gathered recently to consider data presented by Public Health Medicine Specialist Dr Matthew Reid.**

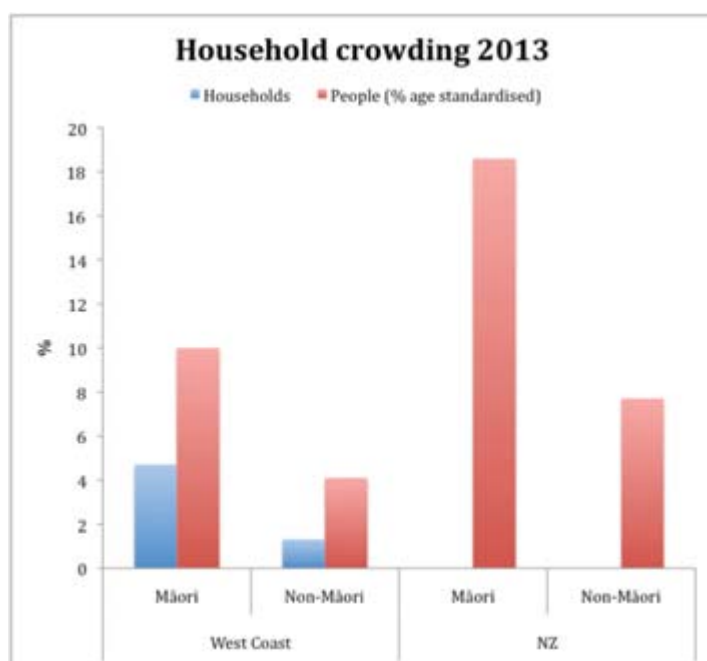
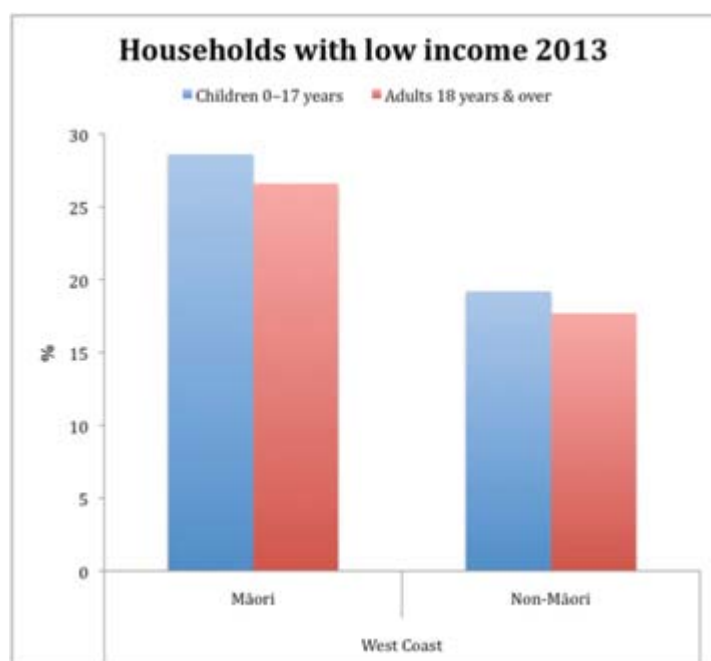
The presentation was developed using data from the newly released Māori Health Profiles developed by the Eru Pomare Māori Health Research Centre.

Māori on the West Coast currently comprise about 11% of the population, but this is expected to rise over the next 20 years to 14%. Both nationally and on the West Coast Māori are a very young population, with just over half (51%) under the age of 24. It is hugely important that the health system considers that when developing services.

Factors which have an influence on health outcomes include education, income and employment. Statistics show fewer Māori have greater than Level 2 NCEA; fewer are employed and more are unemployed; and more Māori rely on benefits.



**Dr Matt Reid talks about the statistics showing Māori on the West Coast are more likely to be ill and die from major health issues than their non-Māori counterparts.**



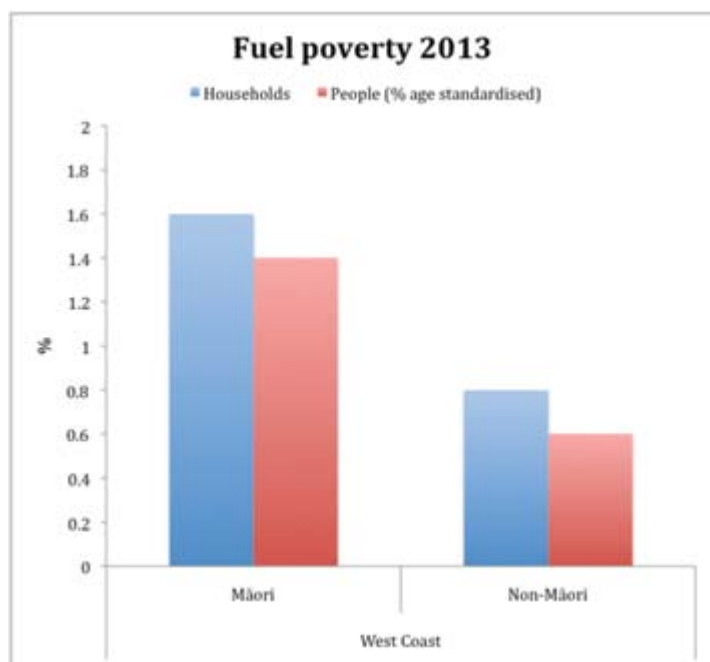


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West Coast DHB Board member Susan Wallace and Māori Health Portfolio Manager Kylie Parkin.



West Coast Primary Health Organisation Executive Director Helen Reriti and Wayne Secker, Alliance Leadership Group Māori community representative.



Māori and Pacific Portfolio Manager, Ngaire Button.



Canterbury and West Coast District Health Boards Team Leader Accountability, Planning & Funding, Melissa McFarlane.

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**Signs announcing the new Grey Base Hospital and IFHC are up on the main road and Waterwalk Rd in Greymouth!**



## The Hokitika Beat

### A big thank you

Hokitika police constable Jon Armstrong was contacted by the Australian couple involved in a serious motor vehicle crash on State highway 73 near Ruatapu in October. They asked him to thank those who came to their aid.

Here is their letter:

A heartfelt thank you to all those who assisted us after our collision on October 15, 2015.

My husband and I were on our honeymoon from Australia and driving along your beautiful West Coast from Franz Josef to Hokitika when we were involved in a crash just north of Ross at around 4pm.

We received life threatening injuries in the crash but have both survived and are now recovering slowly at home in Australia.

as well as in Greymouth Hospital) and our sincerest appreciation goes to you all.

It must have been a horrific sight for the local person who happened upon the crash scene for the first responders and we wanted to reassure you all that we did live and appreciate everything that all of you did that day.

Clearly the people attracted to community service roles, such as police officers, paramedics, fire service staff, emergency service operators, emergency medical staff, nurses etc, are selfless individuals who continually go above and beyond to offer help and assistance to the community. Neither my husband nor I remember the details of the crash but I do have flashes of moments after the crash and

We know a great many people were involved in our discovery, extraction, transport and immediate care (both on our way to

remember being comforted by a number of caring people.

I would specifically like to thank the emergency room staff member who ensured I opened my eyes to see my husband before he was airlifted to Christchurch, and the nurse who gently rubbed my back in the hospital to comfort me, the hospital staff member who ensured I was airlifted as soon as possible to be with my husband, and the police officer who took the time to drive all our belongings to the hospital to be airlifted with me.

I think it is impossible to convey my appreciation for these acts of kindness.

The words 'thank you' seem such insufficient words to offer in this situation but all we can say is thank you all for assisting us both in our survival and making a horrific situation more bearable.

Vicky Drage and Steven Williams.

This crash has highlighted how effective crumple zones and airbags in modern cars are, and the use of seatbelts, as this crash could have been a lot worse. Please take care on the roads over the holiday period and on behalf of the Hokitika Police, have a safe and merry Christmas.



## Canterbury West Coast Standing Orders Launch

### Phase One

A project has been underway to develop a single electronic standing orders package for Canterbury and West Coast rural and urban primary care. The Canterbury West Coast Standing Orders Development Group in association with HealthPathways and HealthLearn are pleased to begin the launch of the standing orders package **firstly in Canterbury**. The **West Coast version of the standing orders will be released on the West Coast early in 2016**. Standing orders will be released in phases as they are made available on HealthPathways.

### Standing orders now available

Search **Standing Orders** on Canterbury HealthPathways to access:

1. [Standing Orders Introductory Page](#)
2. [Emergency Contraception Pill \(ECP\)](#)
3. [Uncomplicated Urinary Track Infection \(UTI\) in Women](#)

A writing programme is currently underway which will see a further 20 standing orders come on stream as they are developed. Cellulitis, Acute Otitis Media and Adrenaline for Anaphylaxis are the next planned for released.

#### SUPPORT AND RESOURCES

**Practices will need to set up their own processes** to support the use of the electronic standing orders on HealthPathways.

The following supporting resources to practices are available by searching **Standing Orders** on HealthPathways:

1. Framework document.
2. Practice Policy document for practices to adapt for their own purposes.
3. Template Authorisation Register.
4. Guidance regarding:
  - countersigning and audit including an audit tool;
  - how to create an audit sample in your PMS;
  - how to create key words in your PMS (if using Medtech) for documenting standing orders.
5. Responsibilities of the Registered Nurse, Doctor, Pharmacy and Practice when working under standing orders.

#### TRAINING AND EDUCATION

Education and orientation sessions will be available in 2016.

Learning packages and assessments are available on HealthLearn at [www.healthlearn.ac.nz](http://www.healthlearn.ac.nz) to support a standardised approach to standing order nurse training and competency.

**Registered Nurses need to self-register on HealthLearn.**

Support is available through your PHO.

#### FOR MORE INFORMATION

Contact your PHO for assistance.

or visit:

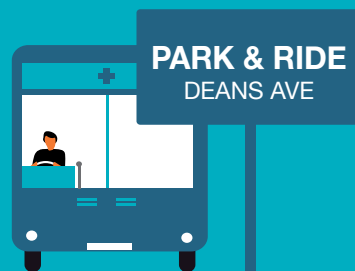
[www.ccn.health.nz/StandingOrdersDevelopment](http://www.ccn.health.nz/StandingOrdersDevelopment)

Contact Ruth Robson, SODG Project Manager:

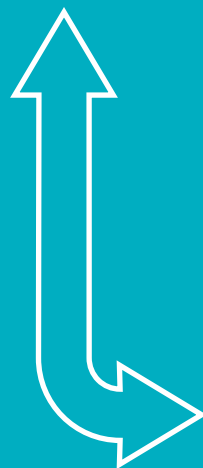
[ruth.robson@ccn.health.nz](mailto:ruth.robson@ccn.health.nz)

## Heading to Christchurch Hospital?

Plan your trip and allow extra time  
to get to your appointment.



**FREE  
SHUTTLE**  
EVERY 15 MINS



[cdhb.health.nz/parking](http://cdhb.health.nz/parking)

**NEW  
PARKING  
LOCATION**  
from December 1 at Deans Ave