

# CEUpdate

13 June 2016



**Last week the Government committed an extra \$9.7 million to build what is now a \$77.8 million new Grey Base Hospital and Integrated Family Health Centre (IFHC).**

What that means is our new facilities are now underway and the first evidence of this can be seen on the site of our new hospital and IFHC. There are trucks on site, a fence in the making around the building site, and the start of two years of intense construction.

With the commencement of construction, it will also mean that there will be impacts on all of us, whether through fewer car parks, staffing relocations or other changes. Throughout the disruption, we need to focus on the reason it's all happening – so we can continue to deliver quality care in ways that are best for patients and best for our health system.

Our clinicians and Board have been working hard with the Government and the Hospital Redevelopment Partnership Group, and I'd like to acknowledge the thousands of hours that so many people have committed to get us to this point.

You will notice the Fletcher Construction team, with their sub-contractors, out and about. Be aware of the construction zone and make sure you take care as there will be increased traffic in and out of the site as building proper gets underway.

Board Chair Peter Ballantyne put out a media statement thanking everyone involved, and appreciating that the facilities will proceed as planned, with no reduction in the size or finish of the facilities.

The 8,500 square metre facility will be constructed adjacent to the current Grey Base Hospital and includes 56 in-patient beds, three operating theatres, and an integrated family health centre to support the delivery of primary healthcare services. It will also house and support the delivery of other clinical services including a 24/7 emergency department, critical care unit, acute and planned

medical and surgical services, maternity services, and outpatient care.

The new facilities are expected to open in the first quarter of 2018.

The Minister of Health has also confirmed that the Hospitals Redevelopment Partnership Group will assume oversight of the Buller IFHC development, so we will keep you informed on progress regarding Buller.

We now have some panels up in the main hospital foyer area showing the plans and artist's impressions of the new buildings. We will keep our intranet and public website updated from now on as progress occurs and to let you know what's next.

Thanks again to everyone involved.

Kind regards,

**David Meates**  
CEO



**Fletcher Construction General Manager Greg Pritchard, Hospital Redevelopment Partnership Group Chair Cathy Cooney and West Coast District Health Board Chair Peter Ballantyne on the new building site.**

## Cancer Psychosocial Service

**Part of the team leading a new 'Cancer Psychosocial Service' visited the West Coast recently.**

The service, started in late March, is a nationwide Ministry of Health initiative intended to build on and support the needs of cancer patients and their family/whānau.

The focus of the clinical team is patients either under a high suspicion of having a cancer, or those recently diagnosed with a cancer (primary, or recurrence), across all tumour types. The needs of these patients will have been identified as being 'high and/or complex' in terms of psychological and/or social work early intervention required.

The service is intended to engage with patients under GP care, or under the care of any service/ward, i.e. – it is not confined to hospital care settings.

The new roles will:

- Primarily have a clinical focus;
- Have a role in educating other health professionals to further develop or utilise their skills in providing supportive care and in improving supportive care systems for cancer patients;
- Promote collaborative care;
- Sit at the front of the secondary cancer care patient pathway, with links to palliative care, community health, other allied health services and non-government service providers.

Leading this team of six clinicians (three clinical psychologists and three social workers) is Julie Zarifeh, Consultant Clinical Psychologist and now, recently appointed Regional Lead (Upper South Island) Cancer Psychosocial Service.

There are six similar teams across the country. It is the team's intention that, in the first instance, they will be visiting anticipated referrers across the Upper South Island and West Coast over the next two to three months to introduce



**The new Cancer Psychosocial service team, from left: Regional Lead/Consultant Clinical Psychologist Julie Zarifeh; social worker Rosalea Van Halewyn; social worker Lydia Bras; and social worker Veronika Gabel. Absent were Clinical Psychologists Mike Spruce and Brigitte Gorman.**

the service, explaining the clinical roles and responsibilities, and the processes involved re referrals.

Julie will be working closely with the national lead for this initiative, Clare Greensmith, and her lower South Island counterpart, Malgosia Szukiel, with the overall aim of making a service responsive to the needs of the entire South Island.

They will particularly focus on patients whose psychosocial needs, to date, may not have been as well met, whether geographically, socially or culturally.

"We anticipate further updating all parties concerned shortly, including details of who we are, how we shall be practising, referral criteria, and most importantly of all – how to refer," Julie says.



**The Health Quality & Safety Commission was established under the New Zealand Public Health & Disability Amendment Act 2010 to ensure all New Zealanders receive the best health and disability care within our available resources.**

PLEASE [CLICK HERE](#) TO READ THEIR LATEST NEWSLETTER.



## Quality initiative saves space and time

**A major reshuffle, a lot of thinking, some brawn, and a few new shelves are making all the difference to district and community nursing staff in Buller.**

Registered nurse Diane Longstaff works in the community on a daily basis as a district nurse. When she's at her home base at Buller Health, space can be pretty tight. Recently Diane had a bit of reflection time at the end of a late shift, and came up with a "lean thinking" project to reorganise storage spaces.

Four Buller Health rooms have now been repurposed, the first specially designated for a flexi-office that can be used for consults and has a whiteboard booking system for all clinical nurse specialists and district nurses.

The current clinic room is being freshened up, with a new drugs safe installed in a location easier for staff to access, and enough shelf space to enable nurses to access supplies without having to leave a patient alone in the room.

The small storeroom has been repurposed by rearranging shelving and shifting a large bench out of another room, so it can be used for kit preparation and dressing supplies.

And the big storeroom has also had a reshuffle, with shelves repurposed from elsewhere so all the continence products are available, along with storage space



Diane Longstaff

for cardiac respiratory nurse specialists, diabetes nurse specialists and public health nurses. There's even some room for Home Based Support Service files.

Diane says she wanted to have the limited storage spaces functioning better, for all the different teams using them.

"It seems to be working much better, and staff have been saying how much they appreciate it. There's been a lot of hard work, and we've had great help from the maintenance team, Steve has been fantastic," she says.



## Special days ...

## Stroke Awareness FAST campaign

June - August

## Know how to recognise a stroke and act FAST

**Stroke is the third largest cause of death with 24 New Zealanders affected everyday. There are an estimated 60,000 stroke survivors in New Zealand, many of whom require significant daily support.**

In June 2016 the Stroke Foundation is starting a national campaign to raise awareness for early recognition of symptoms of stroke. The campaign focuses on the FAST acronym, to help people remember and recognise the symptoms when somebody is having a stroke.

Acting FAST and calling 111 can significantly increase the chance of recovery. Hopefully the raised awareness will improve outcomes and quality of life for many New Zealanders.

**For more information please visit**  
<http://www.stroke.org.nz/>



## Work experience for business students

**After a chance conversation between the DHB's Clinical Nurse Manager Janet Hogan and Tai Poutini student Arianna McKay about limited work place experiences for business / administration students, the DHB is giving three students the opportunity to put learned theory into practice in a real office setting.**

Mrs Hogan manages several population-based programmes, including cervical screening, sexual health & immunisation services, all of which use database programmes. A self-learning package was created using mock databases and health consumer details - all names used were based on flower or car names e.g. Poppy Seed.

Polytech tutor Paula Williams was delighted her students were receiving this practical work experience, supported by local organisations. Arianna started on Tuesday as the first student to undertake the four hour programme. She said she felt well supported working in an office environment with such a great team. Janet Hogan said "it was a privilege



**DHB's Tai Poutini student Arianna McKay and Clinical Nurse Manager Janet Hogan**

to be involved" and challenged other local businesses and organisations to do the same.



## Nurse retires after more than 50 years

**It might be fair to say Duncan Davidson's vocation to psych nursing came via rugby.**

Duncan (73) recently retired after 52 years working in health on the West Coast. His first job, though, was as a clerk for the post office. He was about to be transferred to Wellington, when his rugby coach stepped in and said he would find him a job as a psychiatric nurse, if he would stay in Hokitika.

And that was it. Duncan decided he didn't want to be transferred around the country, so he started as a junior psych nurse training and working at Seaview Hospital.

In his time, Duncan has seen many changes in nursing. He remembers working with other nurses to restrain patients (a passive restraint to prevent the patients hurting themselves from joint dislocation) during early electro convulsive therapy (ECT, or shock treatment), diving into the sea and swimming for some distance off the Hokitika beach to rescue a wayward patient, and nurses chasing patients who would run away to bury hoards of coins nearby.

"The basic mental illnesses haven't changed, but what has changed is the way patients are treated. And throughout, patient safety has remained the highest priority," Duncan says.

Some of the tasks nurses were required to carry out have changed too. In recent times there's been no need to ensure the fireplaces are kept stoked for the night, and that the nurse's home boiler continued to operate!

Along the way, Duncan was married and had a daughter and son, and later divorced. Another long term partner died in a tragic motor accident. He's kept busy with investment properties, including buying a hotel, developing motels, and other rental houses. Other interests included gold mining, playing



**Duncan Davidson**

representative rugby, military training and being a firefighter.

Before a recent illness that resulted in his retirement, Duncan had never had a sick day in more than 50 years of working. He applied his very ethical standards to everything he did, and his colleagues were like extended family.

West Coast DHB Clinical Director Mental Health Dr Cameron Lacey was particularly impressed by Duncan's ability to engage with patients of all ages, putting patients at the centre of care.

"It's admirable that he's been able to maintain that through such a long career, and through all the changes in health services over that time," Dr Lacey says.

Acting Manager Inpatients James Sedgwick says Duncan has already been

missed by staff, who sent these thoughts about him.

"Duncan was someone that other nurses looked up to. He was an excellent nurse who maintained high standards of care at all times. Duncan was professional and diligent, and the inpatient unit staff miss his amazing wealth of knowledge and amazing sense of humour."

In recent times, Duncan was a member of the West Coast District Health Board and the West Coast Regional Council.

Now he's retired, he has no desire to travel.

"I'm just doing the things I want to do. I really like working around home. I will miss the staff. In the mornings I still wake up early, I'm still on the work time clock."

The West Coast DHB wishes Duncan a long and happy retirement!

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## Angela Scott

### TrendCare Coordinator

#### What does your job involve?

Responsible for the day to day running of TrendCare, staff training/ adding staff and security profiles TrendCare audits / reports / keeping an eye on the variances in TrendCare to ensure that we have safe staffing levels

#### Why do you choose to work in this field?

I thought that with my knowledge of computers that this would be perfect for me.

#### What do you love about what you do?

I love being a Nurse, it's so diverse I have worked in so many different areas in the 15 years that I've been nursing there's always something to learn and you meet the most amazing people along the way. As far as this job goes I am enjoying getting to know how this hospital runs and the great plans for the future with the new hospital.

#### What are the challenging bits?

Learning the whole TrendCare system is a challenge in itself.



Angela Scott

#### Who inspires you?

Working mums! It's such a juggle managing a family and working life.

#### What was the last book you read and/or movie you saw?

The last movie I really enjoyed was "American Sniper" I'm usually not into this type of movie but because it was based on a true story it really captivated me.

#### If you could be anywhere in the world, where would you be?

Thailand just for a holiday.

#### What's your ultimate Sunday?

Out adventuring or having lunch on a beautiful day with my family.

#### Fave food?

Chocolate!! Thai / Indian and can recommend the Indian Café in Nelson.

#### Fave music?

I like Ed Sheeran, 3 Doors Down and many more songs I can just never remember who plays what.

#### Ever won an award or a medal?

Won a trophy when I played rugby years ago.

**If you would like to take part in this column or would like to nominate someone please contact [lee.harris@westcoastdhb.health.nz](mailto:lee.harris@westcoastdhb.health.nz).**

**WEST COAST**  
**HealthPathways**

**HealthPathways is continually being updated with new content localised for the West Coast. To keep up with the latest changes, make sure you subscribe to monthly updates:**

**[://wc.healthpathways.org.nz/13454.htm](http://wc.healthpathways.org.nz/13454.htm)**

**Contact the West Coast Coordinator for the username and password to access the HealthPathways West Coast site (03) 768 1305.**

If anyone would like to submit West Coast resources to be included in HealthPathways, or would like to get involved in reviewing or localising the pathways contact Marie West, West Coast HealthPathways Coordinator, Phone DDI: 03 768 1305 Fax: 03 768 6184, [wc@healthpathways.org.nz](mailto:wc@healthpathways.org.nz)