

RATA TE AWHINA TRUST

INFORMATION SHEET

Rata Te Awhina Trust has a head office in Hokitika at 17 Sewell Street and satellite offices in Greymouth in the PHO Building and in Westport at 1 Lyndhurst Street. We also have two Disability Day Centres, one based in Dobson and another in Hokitika. Phone numbers are at the end of this information sheet.

Rata Te Awhina Trust is a Kaupapa Maori Health and Social Service provider who delivers services across Te Tai O Poutini. Established in 1989 the organisation has expanded and undergone many changes over the years to enhance service provision for the communities we serve.

Rata Te Awhina Trust uses Kaupapa Maori practice frameworks to work intensively with individuals and whanau to promote change and growth using traditional Maori values and concepts. All staff instinctively use this methodology. Te Ao maori is the lever of engagement for our Maori Whanau and for some this may be the first time they have had their culture used as a medium for self identity and growth. Our values and principles are instrumental in our whole philosophy.

Our service is holistic and incremental, given over a period of time determined by the needs of Whanau / family. All services include Assessment, Plan Development, plan implementation, self management, re-evaluation and celebrating success.

We work in the home or office based whichever is more suitable for the whanau. It is through home visiting that we promote confident family functioning relationships. The service is planned to assist clients either individual or whanau to achieve their optimum level of functioning.

Services Provided

Health Services

- Well Child Registered Nurse: 20 hrs per week covering all districts. Well Child core contacts and follow ups - Ramari Stewart.
- Disease State Management Nurse: Registered Nurse - Greymouth (assisting with Management of Chronic Diseases, Health Checks, BP, BS, and Cholesterol Testing): 40 hours per week - Contessa Popata (until 1 October) after which she will take over the role of Greymouth IFHC RN.
- Integrated Family Health Centre (IFHC) Registered Nurse. These are new roles working with medical practices and Kaiarataki towards health gains for Maori with long term conditions (LTC) or in the prevention of LTC.

Buller: Diana Mclean (Start date Mid September)

Greymouth: Contessa Popata (Start date 1 October)

Westland: Fergus Bryant (Current)

- Kaiarataki 40 hrs per week each. Working in conjunction with Registered Nurse in each area for the health and wellbeing of whanau with long term conditions.

Buller: Yvonne Stephens
 Westland: Ursula Tainui
 Greymouth: yet to be advertised

- Whanau Ora Kaimahi. Working with whanau, Tamariki, Rangatahi, Pakeke, and Kaumatua to support them with their health and well being.

Buller: Sharon Marsh - 40 hrs
 Greymouth: Tracey Page – 8 hrs, Miriama Blacktopp - 8 hrs, Judy Anne Thompson – 24 hrs
 Westland: Waikohatu Scott - 40 hrs

- Mother and Pepi Kaiawhina. Greymouth and Westland (District wide from November 1st) - Tracey Page
 This role includes Ante and Post Natal support for Mama and Pepi up to 2 years, Infant Massage, Ages and Stages, and Incredible Years are some of the qualifications held by the current kaimahi, along with having close links with LMCs.

Current contract expires 31st October, the new district wide position for 32 hours will be advertised in the near future.

Social Services

- Whanau Support - Greymouth and Westland: Intensive support services for families at risk. Miriama Blacktopp and Shelley Mills
- Youth Services - Greymouth and Westland: This includes self esteem, leadership, conflict resolution, and anger management. Shelley Mills
- Interactive Drawing Therapy: This is a modality of counselling using drawing therapy for disclosure without verbalization.
- Parent Information Programmes - (separated parents)
- Parenting Programmes - (Gain, Triple P, Incredible Years, Bag of Tricks)
- Budgeting
- Other programmes including: Self referred Adult and Youth perpetrators and Children Witnessing Violence
- Attendance Service (New Service – replaces Truancy service): Ned Tauwhare 20 hrs per week
- Counselling: Jan Howells 30 hours per week

We receive referrals from many sources including self referrals. The duration of intervention/support is determined by the whanau. We are committed to providing a quality service to enable whanau to be self determining and independent. Our staff are multi-skilled and qualified across a range of disciplines.

Staff Qualifications Include

- Level 4 Certificate in Hauora
- Level 4 Certificate in Social Services
- Diploma in Social Services x1 (working towards)
- Registered Nurse x3
- Well Child Nurse x1
- Qualified Registered Counsellor x1
- Te Pa Harakeke Level 4

Trained facilitators

- Infant Massage x2
- Positive Parenting x3
- Conflict resolution x1
- Incredible Years x2
- Gain x1
- Bag of Tricks x1
- Diversional Therapist x1

Rata Te Awhina Trust delivers a culturally responsive approach to whanau, hapu, iwi and communities. We know our communities well and continue to build good relationships with community groups, organisations and local schools.

Our delivery style is to generate a warm therapeutic non judgmental and culturally appropriate service which may include a whanau wide approach. Our aim is for our whanau to be self determining.

If you require further information please contact Operations Manager: Val Henry

Rata Te Awhina Trust Phone Numbers

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