



# *West Coast District Health Board*

## *Te Poari Hauora a Rohe o Tai Poutini*

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16 December 2020

9(2)(a)

### **RE Official information request WCDHB 9498**

I refer to your email dated 18 November requesting the following information under the Official Information Act from West Coast DHB. Specifically

**For Maori and, separately, non-Maori, referred to mental health and addiction services at the DHB between 1 July, 2019 and 30 June, 2020:**

#### **1. Referral numbers for each service, e.g., child/adolescence/adult/older adult.**

Referrals into the West Coast Mental Health Service for 2019/2020 are as follows:

- Child and Adolescent Mental Health Service (CAMHS). Maori = 50; Non-Maori = 163
- Alcohol and Other Drugs (AOD). Maori = 47; Non-Maori = 214
- Adult Community Mental Health (CMH). Maori = 195; Non-Maori = 783

**Note:** we don't have a specific Older Person's Mental Health service. Those older persons who require Mental Health services will be included in referrals to the Adult CMH referrals.

#### **2. What psychiatric diagnoses did these people present with? Please provide numbers of people per diagnosis, e.g., deferred diagnosis – 100; schizophrenia – 100.**

We are declining to provide a response to this question pursuant to section 18(f) of the Official Information Act i.e. we do not hold this information in an easily retrievable electronic data system and to provide accurate information would require us manually reviewing patient files.

#### **3. How many of those in point 1 and 2 were engaged with a psychologist for psychological assessment/treatment or both?**

While the West Coast DHB does not have a psychology service as such, we do have one clinical psychologist in our CAMHS team who had direct face-to-face contact with 61 clients in the time period requested. We would not be able to determine the specific nature of that contact or the ethnicity of those clients without a manual review of patient files. (Partially declined under section 18(f) of the Act.)

**4. How many were prescribed medication?**

**i. Of this number, how many were prescribed anti-psychotic medication?**

We are declining to provide a response to this question pursuant to section 18(f) of the Official Information Act i.e. we do not hold this information in an easily retrievable electronic data system and to provide accurate information would require us manually reviewing patient files.

You may, under section 28(3) of the Official Information Act, seek a review of our decision to withhold information by the Ombudsman. Information about how to make a complaint is available at [www.ombudsman.parliament.nz](http://www.ombudsman.parliament.nz); or Freephone 0800 802 602.

Please note that this response, or an edited version of this response, may be published on the West Coast DHB website after your receipt of this response.

Yours sincerely



Ralph La Salle  
**Acting Executive Director**  
**Planning, Funding & Decision Support**