



# *West Coast District Health Board*

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## *Te Poari Hauora a Rohe o Tai Poutini*

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8 July 2021

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[REDACTED]

[REDACTED]

### **RE Official Information Act request WCDHB 9566**

I refer to your email received 14 June 2021 requesting the following information under the Official Information Act from West Coast DHB regarding the eating disorders service. Specifically:

- **How many people were referred to CAMHS in the last year with a suspected eating disorder**

Our Child and Adolescent Mental Health Service (CAMHS) receives referrals for 0-18-year olds. In 2020, approximately five referrals were made to the CAMHS service from General Practice or community-based services regarding eating disorders. In 2021 so far, there have been seven referrals to CAMHS regarding eating disorders services.

- **How many were accepted for treatment**

All referrals received at CAMHS are offered assistance and provided with follow up as appropriate to their respective needs.

- **How many required inpatient care**

In the current calendar year, only one person referred to the CAMHS service thus far has required inpatient brief medical management.

- **How many were accepted to an inpatient unit**

None of the above CAMHS clients were referred to the South Island Eating Disorders Service (SIEDS) inpatient unit for eating disorder management. One CAMHS-referred client was admitted to a Paediatrician's care at Christchurch Hospital for medical stabilisation but did not proceed on to the SIEDS inpatient eating disorder unit. CAMHS does utilise specialist input from SIEDS at least monthly or as required based on a client's situation. This helps in preventing inpatient admission and better recovery on community level.

Separately to CAMHS, adult mental health services see people aged over 18 years old for eating disorders services. Staff from CAMHS are not involved in managing adult clients. One patient under adult services was admitted from the West Coast to the South Island Eating Disorders Service (SIEDS) based at Princess Margaret Hospital in Christchurch over the past year.


- **How many are awaiting a place at an inpatient unit.**

There are currently no referrals waiting for a place at an inpatient unit for eating disorders services.

I trust this satisfies your interest in this matter.

Please note that this response, or an edited version of this response, may be published on the West Coast DHB website after your receipt of this response.

Yours sincerely

A handwritten signature in black ink, appearing to be 'Tracey Maisey', with a stylized, flowing script.

Tracey Maisey  
**Executive Director**  
**Planning, Funding & Decision Support**