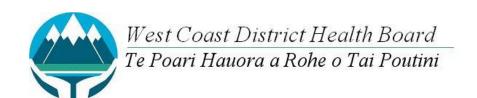


# West Coast District Health Board Public Health Plan 2017-18



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# 1. WEST COAST DISTRICT HEALTH BOARD'S PUBLIC HEALTH PLAN FOR 2017–18

- This plan describes public health services provided or funded by the West Coast DHB and its Public Health Unit (PHU), Community and Public Health (CPH).
- It accompanies the West Coast DHB Annual Plan 2017-18 and has been endorsed by the Board of the West Coast DHB.
- It describes key relationships with other agencies.
- The plan is based on a planning template agreed by the three South Island PHUs which utilises the Core Public Health Functions framework.

#### a. Our Public Health Service

- CPH (a division of the Canterbury DHB) provides public health services throughout the West Coast DHB
  region, as well as within Canterbury and South Canterbury. Public health services on the West Coast are also
  provided through the Planning and Funding (P&F) Division of the West Coast DHB and by the West Coast
  Primary Health Organisation (WCPHO) and Poutini Waiora.
- Public health activities involve working in partnership with health and non-health agencies to improve health outcomes via a determinants approach.
- The plan focuses on the work of CPH, and also includes activities of P&F, the WCPHO and Poutini Waiora, but does not cover non-DHB funded public health providers, such as non-government organisations (NGOs).
- It is estimated that the West Coast DHB will serve a population of 32,600 people in 2017-18 (up from 31,330 at the 2006 Census). This population is spread over a large area from Karamea in the north to Jackson's Bay in the south (and Otira in the east) as such, it has the most sparse population of the 20 DHBs in New Zealand. The population is spread across three Territorial Authorities (TAs): Buller, Grey and Westland Districts.
- The West Coast population is slightly older than the rest of New Zealand, with a higher proportion of people aged over 65 (16.1% in 2013, which was up from 13.8% in 2006). This differs for the Māori population (more than one in ten West Coasters are Māori), which is younger overall. At the time of the 2013 Census, the West Coast population was more socioeconomically deprived than the total New Zealand population. For example, those in the most deprived groups (NZDep2013 deciles 6 10) made up 57% of the West Coast population, compared with less than 50% of the total New Zealand population.
- The work of this plan is guided by the following public health principles:
  - a. focusing on the health of communities rather than individuals
  - b. influencing health determinants
  - c. prioritising improvements in Māori health
  - d. reducing health disparities
  - e. basing practice on the best available evidence
  - f. building effective partnerships across the health sector and other sectors
  - g. remaining responsive to new and emerging health threats.

#### b. Our Key Priorities

The West Coast DHB vision is of:

"An integrated West Coast health system that is clinically sustainable, financially viable and wraps care around the patient to help them stay well".

• In line with this vision – the future model of care for health services on the West Coast will be:

**People-centred:** Services focused on meeting people's needs and valuing their time as an important resource.

**Based on a single system:** Services and providers working in a mutually supportive way for the same purpose, to support people to stay well.

**Integrated:** The most appropriate health professional available and able to provide care where and when it is needed.

**Viable:** Achieving levels of efficiency and productivity that allow an appropriate range of services to be sustainably maintained in the long term.

## c. Alignment with National and Regional Strategic Health Priorities

- This plan aligns with national and regional priorities and includes activities that support strategic health
  initiatives, including those set out in the Ministry's Statement of Intent 2015-19, the refreshed New Zealand
  Health Strategy Future Direction (2016), He Korowai Oranga (2014), and Ala Mo'ui: Pathways to Pacific
  Health and Wellbeing 2014-18.
- The five South Island DHBs together form the South Island Alliance, which is committed to "a sustainable South Island health system focused on keeping people well and providing equitable, and timely, access to safe, effective, high-quality services as close to people's homes as possible."1
- The plan is aligned with national, regional and local outcomes and outcomes measures work, including the
  West Coast Health System, System Level Measures Framework (SLMF) 2017-18<sup>2</sup>; and the South Island
  Alliance's Outcomes Measures, the latter of which includes measures against the outcome "Improved
  environments to support health and wellbeing".
- The plan is aligned with and sits alongside the West Coast DHB Annual Plan 2017-2018. The plan contents reflect Government, Ministry of Health, and West Coast DHB priorities. CPH activities are carried out under the public health service specifications (Tiers One, Two and Three) as agreed by the Ministry of Health.
- The New Zealand Public Health and Disability Act lays out the responsibilities that DHBs have in ensuring Māori health gain as well as Māori participation in health services and decision-making. The West Coast DHB works in partnership with Māori to reduce inequalities and improve the health status of Māori.
- CPH is committed to joined-up working, including via the West Coast Health Alliance and the South Island Alliances.
- CPH is a part of the South Island Alliance's South Island Public Health Partnership (SIPHP) Workstream,
  which is a collaboration that includes the manager and clinical director of each South Island PHU, a Māori
  public health specialist, representatives from the South Island Alliance and the Ministry of Health, and an
  Alliance sponsor.
- The SIPHP has identified the following regional priorities for public health in 2017-2018:
  - Collective impact
  - Māori health
  - Environmental sustainability
  - Health in All Policies (particularly healthy weight, oral health, clean air, warm homes and alcohol harm reduction), and
  - Rheumatic Fever.
  - The regional priority of "collective impact" refers to the establishment in 2017-2018 of a cross-sector, "one team" approach (undertaken by a body termed the "South Island Public Health Alliance") to address the "wicked problems" of public health in the South Island. Once established, the South Island Public Health Alliance will operate under the auspices of the South Island Alliance to enable collective impact, with expected long term health, equity, social, environmental and economic benefits.
  - The clinical director and manager of CPH will be included in the membership of the South Island Public Health Alliance.

<sup>&</sup>lt;sup>1</sup> Te Wai Pounamu South Island Health Service Plan 2015-18.

<sup>&</sup>lt;sup>2</sup> Draft West Coast Health System, Improvement Plan, System Level Measures Framework 2017-18.

- The SIPHP will continue to meet as an entity in 2017-2018, focussing on the regional priorities outlined above, with an emphasis on regional alignment between the three South Island PHUs, where this will be of benefit.
- CPH has statutory responsibilities under the Health Act 1956 that are conducted by Medical Officers of Health, Health Protection Officers, and those acting under delegation from the Ministry of Health.
- This plan also outlines how CPH will meet the statutory responsibilities of a PHU and its designated officers in the West Coast DHB region, as specified by the Ministry of Health.
- Reporting against this plan will meet the requirements of the Ministry of Health reporting schedule and 'Vital Few' reporting as outlined in the planning and reporting package for 2017-18.
- CPH will also provide information about population-level measures (noted in section 3 and throughout the plan) alongside other reporting.

#### d. A Renewed Focus

- The five core public health functions agreed by the Public Health Clinical Network<sup>3</sup> and included in the Ministry of Health Tier Two and Three Public Health Service Specifications are:
  - 1. Health assessment and surveillance
  - 2. Public health capacity development
  - 3. Health promotion
  - 4. Health protection
  - 5. Preventive interventions.
- This plan groups public health initiatives according to their primary public health function. However, the
  core public health functions are interconnected; core functions are rarely delivered individually. Effective
  public health service delivery generally combines strategies from several core functions to achieve public
  health outcomes in one or more public health issue or setting.
- This plan presents (short-term) outcomes, outcome measures and summary activities. In addition to the summary activities presented here, CPH undertakes and will report against all activities outlined in the Environmental and Border Health exemplar and all mandatory (regulatory) activities outlined in the Alcohol exemplar from the PHU annual planning package 2017-18.

<sup>&</sup>lt;sup>3</sup> Available at http://www.cph.co.nz/Files/CorePHFunctionsNZ.pdf

# 2. KEY RELATIONSHIPS

The Public Health work of the West Coast DHB involves partnership with many health and non-health agencies. Some key partners of CPH are listed below. Formal agreements are noted in parentheses.

#### **Local authorities:**

West Coast Regional Council

**Buller District Council** 

**Grey District Council** 

Westland District Council

**District Licensing Committees** 

## **Government agencies:**

Alcohol Regulatory and Licensing Authority

Department of Conservation

**Department of Corrections** 

Department of Internal Affairs

**Environmental Protection Authority** 

**Environmental Science and Research** 

**Health Promotion Agency** 

Ministry of Business, Innovation and Employment

Ministry of Education

Ministry for the Environment

Ministry of Health

Ministry of Primary Industries

New Zealand Fire Service

**New Zealand Police** 

Worksafe

## Māori/Iwi agencies:

Te Runanga o Ngati Waewae

Te Runanga o Maakaawhio

Poutini Waiora

Te Hā o Kawatiri

## **Education institutions:**

**Education Facilities and Settings** 

Tai Poutini Polytechnic

Front-Line

#### West Coast DHB:

Community and Public Health Advisory Committee/Disability Support Advisory Committee

Falls Prevention Coalition

Immunisation Coordinator

Immunisation Advisory Group

Infection Control Nurse Specialist, Grey Hospital

Infection Prevention and Control Committee

**Public Health Nurses** 

**Rural Nurse Specialists** 

Suicide Prevention Governance Group

Suicide Prevention Action Group

Tatau Pounamu ki Te Tai o Poutini

West Coast Health Alliance

## Non-government organisations/networks:

Action on Smoking and Health

**Active West Coast** 

Alcohol Action NZ

**Buller and Westland Sports Trusts** 

**Buller REAP** 

**Buller Interagency Forum** 

**Cancer Society** 

**Education West Coast** 

**Family Planning Association** 

**Heart Foundation** 

Healthy West Coast Governance Group (Terms of Reference, joint work plan)

**Home Builders** 

Laboratories

Liaison on Alcohol and Drugs

**Medical Centres** 

Mental Health Foundation

**New Coasters** 

Plunket

Potikahua House

Smokefree South Island

**Sport Canterbury West Coast** 

Stroke Foundation of New Zealand

Te Rito network

The Hub/Nurturing the Future West Coast Tobacco Free Coalition

West Coast Primary Health Organisation

West Coast Youth Workers Collective

WestREAP

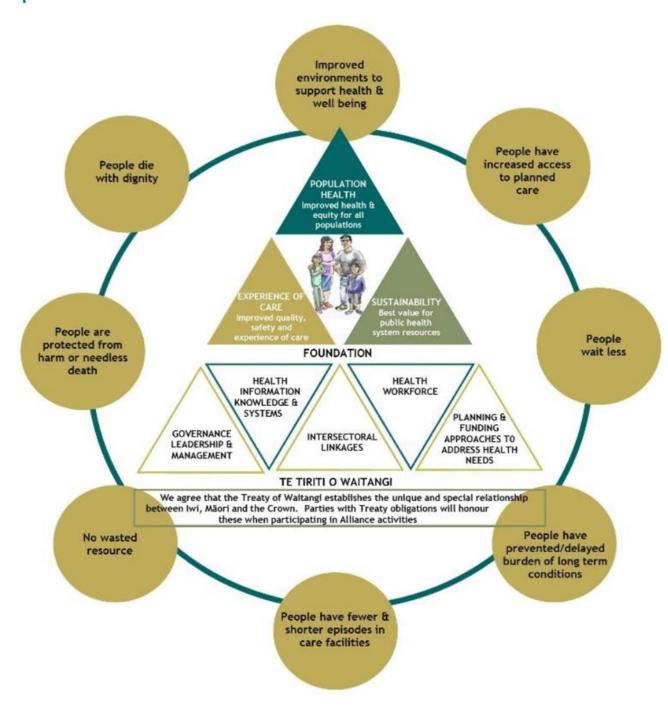
Westland Safe Communities

# 3. POPULATION-LEVEL MEASURES

The following population-level measures are impacted by a range of strategies throughout the plan. Additional population-level measures are noted in specific sections of the plan.

Percentage of the population over 15 who smoke
Percentage of Year 10 students who have never smoked
Percentage of the population over 15 who are obese
Percentage of children caries free at 5 years
Percentage of Māori children caries free at 5 years
Percentage of adults who consume recommended daily intake of fruit and vegetables
Percentage of adults who are physically active
Percentage of adults who drink hazardously
Rate of hospitalisations wholly attributable to alcohol
Rate of reported alcohol-related motor vehicle crashes
Rate of alcohol-related motor vehicle crashes, by crash injury type

# 4. SOUTH ISLAND OUTCOMES FRAMEWORK



Source: Te Wai Pounamu South Island Health Service Plan 2015-18.

# 5. HEALTH ASSESSMENT AND SURVEILLANCE

"understanding health status, health determinants and disease distribution"

## a. Strategies

- Monitoring, analysing and reporting on population health status, health determinants, disease distribution, and threats to health, with a particular focus on health disparities and the health of Māori.
- Detecting and investigating disease clusters and outbreaks (both communicable and non-communicable).

## b. Outcomes and Activities table

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
Health assessment	Robust population health information available for planning health and community services	Availability of information for planning (narrative)	Monitor, analyse and report on key health determinants, including: -alcohol-related harm -smoking status (e.g. from ASH Year 10 data, 2013 Census, and WCPHO reports).	CPH, P&F WCDHB, WCPHO
			Develop health status reports and health needs analyses for specific populations as required.	eds analyses for specific CPH
			Develop disease-specific reports for conditions of concern, as required.	СРН
			Contribute to related work of partner organisations, e.g. WCPHO and WCDHB through the Healthy West Coast workstream of the West Coast Health Alliance.	CPH, WCPHO, Poutini Waiora, WCDHB
	Improved public understanding of health determinants	Availability of information to public (narrative)	Disseminate information in existing and dedicated reports (e.g. WCDHB Quality Accounts, WCDHB website, WCDHB Community Report, print, broadcast and social media, and in one-off reports).	CPH, WCDHB Communications Team, WCPHO

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
			Develop new health information resources as appropriate utilising principles contained within Rauemi Atawhai – 'A guide to developing health education resources in New Zealand'.	СРН
			Process (newly developed and external) resources through internal Resource Approval Panel and distribute approved resources as required.	СРН
ana dis	Prompt identification and analysis of emerging disease trends, clusters and outbreaks	Surveillance system in place (narrative) Timeliness of reports for trends and outbreaks of	Review (via EpiSurv and other sources), analyse, and report on communicable diseases data, including via web applications and written reports (e.g. PHI Quarterly, weekly reports on notifiable diseases and influenza – May to September).	СРН
		concern (narrative)	Produce disease-specific reports for communicable diseases of concern, e.g. Pertussis, other diseases causing outbreaks.	СРН
			Review, analyse and report on other disease and determinants data (e.g. alcohol-related harm, and diseases relevant to West Coast context).	CPH, P&F WCDHB
			Provide reports to P&F for MoH on SI rheumatic fever incidence.	CPH, SIPHP

# 6. PUBLIC HEALTH CAPACITY DEVELOPMENT

#### a. Strategies

- Developing and maintaining public health information systems.
- Developing partnerships with iwi, hapū, whānau and Māori to improve Māori health.
- Developing partnerships with Pacific leaders and communities to improve Pacific health
- Developing human resources to ensure public health staff with the necessary competencies are available to carry out core public health functions.
- Conducting research, evaluation and economic analysis to support public health innovation and to evaluate the effectiveness of public health policies and programmes.
- Planning, managing, and providing expert advice on public health programmes across the full range of providers, including PHOs, Planning and Funding, Councils and NGOs.
- Quality management for public health, including monitoring and performance assessment.

#### b. Outcomes and Activities table

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
Public health information systems	Public health information accessible to public health, partner organisations and the public	Availability and accessibility of public health information (narrative)	Review, implement and maintain public health information systems (CFS; databases; intranet, extranet and public websites, including Healthscape, SIPHAN, GIS systems, Health Pathways, NIR, Community Health Information, Emergency Information Systems).  Contribute to development and implementation of national, regional and local public health information systems, including providing support to other PHUs that are adopting Healthscape.	CPH, P&F WCDHB, WCPHO CPH, WCPHO, WCDHB
Partnerships with iwi, hapū, whānau and Māori	Effective partnerships with iwi, hapū, whānau and Māori	Joint approaches and initiatives (narrative)	Take a whānau ora approach to working with local iwi, hapū, whānau and Māori around: -health information and analysis -proposals and policies with health implications -health determinants and outcomes.	СРН

"enhancing our system's capacity to improve population health"

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
			Develop, implement and report on CPH Māori Health Plan.	CPH (DLT Māori Health Rōpū)
Partnerships with Pacific and other ethnic leaders and communities	er with Pacific and other ethnic communities		Work with local Pacific and other ethnic leaders and communities around: -health information and analysis -proposals and policies with health implications -health determinants and outcomes.	СРН
			Contribute to WCDHB ethnic specific plans as appropriate.	CPH, P&F WCDHB, WCPHO
Human resources	uman resources A highly skilled public health workforce		Implement the CPH Workforce Development Plan, including promoting a focus on specific competencies, progressing a Te Tiriti based approach to public health, and contributing to SI workforce development and national networks.	CPH, SIPHP
			Facilitate training for CPH staff in the Treaty, inequalities, HiAP, Te Reo, Hauora Māori, and undergraduate and postgraduate study in public health as appropriate to staff development needs.	СРН
			Carry out in-house training on the new Health Protection Amendment Act 2016 utilising the Guidance on Infectious and Communicable Disease Management under the Health Act 1956 document.	СРН
Research, evaluation,	Information available on priority public	Research / evaluation reports, publications	Support public health research and evaluation with a particular focus on improving Māori health and reducing health disparities.	СРН
economic analysis	health issues and effectiveness of public health	and presentations (narrative)	Share research (e.g. Buller Community Profile) with relevant agencies to assist in dealing with the impacts of job losses on the West Coast.	СРН
	interventions		Media releases about items of interest including Year 10 ASH data, alcohol trends, etc.	СРН
			Systematically identify opportunities for conference presentations and peer-reviewed publication where appropriate.	СРН

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
Planning and advising on public health	Population health interventions are based on best	Planning advice / reports (narrative)	Develop reports and advice for health and non-health organisations to support robust public health interventions, with a focus on improving Māori health and reducing health disparities, including evidence reviews, needs assessments, GIS analysis.	CPH, P&F WCDHB, WCPHO, SIPHP
programmes	ammes available evidence and advice		Contribute to national, regional and local public health infrastructure and supports, including Public Health Association, Health Promotion Forum, SIPHP, National Public Health Clinical Network, National HPS Group, New Zealand College of Public Health Medicine, Healthy West Coast Workstream, Promoters Advocating Sexual Health in Aotearoa NZ, West Coast Tobacco Free Coalition, Active West Coast, WCDHB Child & Youth Health Workstream, West Coast Immunisation Advisory Group, WCDHB Suicide Prevention Governance and Action Groups.	СРН
Quality management	A continuous improvement culture and robust quality systems for all public	Quality improvement plan reports (narrative) Accreditation results (narrative +/-	Review and deliver the quality improvement plan including: policy and procedure maintenance, on-call documents available and accessible electronically and off-site, internal audit plan and schedule progressed, and provision of information, training and support to staff.	СРН
h	health work	quantitative)	Maintain CFS work plan. Complete all remaining CFS team and folder migrations.	CPH CPH CPH
			Complete CFS team audits.	СРН
			Present annual quality report to CPH DLT.	СРН
			Applications of Health Excellence for CPH.	СРН
		Maintain IANZ accreditation of drinking water unit and plan to ensure sufficient accreditation Drinking Water Assessors (DWAs) at all times.	Contribute to the WCDHB organisation-wide quality programme and Quality Accounts.	СРН
			Maintain IANZ accreditation of drinking water unit and plan to ensure sufficient accredited Drinking Water Assessors (DWAs) at all times.	CPH/SIDWAU
			Address IANZ issued Corrective Action Requests responded to within allocated timeframes.	CPH/SIDWAU
	Effective regional delivery of public health core functions	Reports of SI Public Health Partnership (narrative)	Contribute to management and regional work groups as needed, such as the: -SIPHP Workstream -SI Public Health Alliance -SIPHP Alignment Group	СРН

Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
		-SI Public Health Analysts' Network -SIPHP Alcohol Workgroup -SIPHP Sustainability Workgroup -SIPHP Workforce Development Network.	

# 7. HEALTH PROMOTION

#### a. Strategies

- Developing public and private sector policies beyond the health sector that will improve health, improve Māori health and reduce disparities.
- Creating physical, social and cultural **environments** supportive of health.
- Strengthening communities' capacity to address health issues of importance to them, and to mutually support their members in improving their health.
- Supporting people to develop skills that enable them to make healthy life choices and manage minor and chronic conditions for themselves and their families.
- Working in partnership with other parts of the health sector to support health promotion, prevention of disease, disability, injury, and rational use of health resources

#### b. Outcomes and Activities table

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
Building Healthy	Increased numbers of sustainable policies	New and reviewed strategies, plans and	Develop and make available resources to support health impact assessment (HIA) and a "health in all policies" (HiAP) approach.	CPH (Policy)
Policy	and practices that support health and wellbeing, improve Māori health, and reduce disparities	health and priorities (narrative) g, improve ealth, and	Support health and non-health sector staff with appropriate tools and customised advice to support a HiAP approach, e.g. Te Pae Mahutonga, Health Promotion and Sustainability Through Environmental Design, Broadly Speaking training etc. Ensure these tools are available to all partner agencies and support their implementation.	CPH (Policy)
			Support settings (workplaces, sports clubs, schools) to develop policies which support health.	ort CPH
			Engage with and co-ordinate efforts of key external agencies, including local iwi, to identify and support HiAP opportunities, including relevant MoE initiatives, housing, community resilience and wellbeing in response to job losses.	СРН
			Develop joint work plans with a range of stakeholders including: -Healthy West Coast work plan	CPH, WCDHB, WCPHO, Poutini Waiora

"enabling people to increase control over and improve their health"

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
			-West Coast Tobacco Free Coalition work plan -WCDHB Māori Smoking Cessation work plan -WCDHB Youth Health Plan -WCDHB Suicide Prevention Plan.	
			Support and coordinate development of WCDHB and regional position statements and submissions on public health issues.	CPH, SIPHP
Built Environments	Built environments promote health, and	Evidence of Public Health contribution in key	Encourage the development of well-designed built environments (including transport networks and public spaces) that are universally accessible and promote health.	СРН
	support healthy choices and behaviours	decisions (narrative)	Make submissions on the four Councils' Annual Plans.	СРН
Creating supportive	Settings that support healthy choices and	Number and type of settings that embed a systems approach to improving health (quantitative, narrative)	Assist organisations and communities interested in gardening and growing food to achieve their goals.	СРН
environments	nments behaviours		Advocate for environments that support active transport, play and community connectedness.	СРН
Education settings	ECECs, schools and tertiary settings that	Education settings' evaluation reports,	Develop and support HPS initiatives reflecting national strategic direction and guided by the service specification.	CPH, WCDHB PHNs
support hea choices and behaviours		changes achieved	Support school initiatives that meet health and wellbeing needs identified by the school such as promoting student voice, healthy lifestyles and environments, emotional and mental wellbeing (alongside organisations such as the Mental Health Foundation, Skylight Trust or Ministry of Education), improved attendance, hygiene, and whānau engagement.	СРН
			Work with young people to encourage healthy choices e.g. Smokefree, alternatives to alcohol.	СРН
			Continue to utilise the Good Memories No Regrets campaign, raising awareness of safe sex and safe drinking.	СРН

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
Workplaces	Workplaces that	Workplace initiatives	Work with priority workplaces to develop health promoting workplaces.	СРН
	support healthy choices and behaviours	evaluation reports, including environment changes achieved (quantitative, narrative)	Work with workplaces to encourage smoking cessation among staff.	CPH, WCPHO, Poutini Waiora
Marae and Other Māori Settings	Marae and other Māori settings that support healthy choices and behaviours	Marae and other settings initiatives evaluation reports, including environment changes achieved (quantitative, narrative)	Work in a whānau ora approach with Māori in settings to support healthy choices and make healthy lifestyle changes.  Settings include: Kohanga Reo, Marae and Poutini Waiora.	CPH, WCPHO, Poutini Waiora
Other community settings	Other community settings that support healthy choices and	Evaluation reports, including environment changes achieved (quantitative, narrative)	Work with event organisers and other community groups to develop health promoting settings e.g. Waitangi Day, Relay for Life, Waka Ama Festival, Kapa Haka festival.	CPH, WCDHB, WCPHO, Poutini Waiora
	behaviours		Support active transport through advocacy and membership on West Coast Road Safety Committee.	CPH, WCDHB
			Work with ECECs to promote health and wellbeing, with a particular focus on nutrition and oral health.	CPH, WCDHB, WCPHO
Community action	Effective community action initiatives	Changes achieved by community partnerships (narrative)	Support communities to address priority issues, including community engagement initiatives and development of sound health promotion projects, e.g. community resilience and wellbeing in response to job losses, supporting delivery of the Prime Minister's Youth Mental Health initiative, WCDHB Suicide Prevention Plan.	СРН, WCDHB, WCPHO
			Encourage community members to participate in submission-making process including submissions on Alcohol Licence applications.	СРН
			Support the Te Pūtahitanga – funded Te Hā o Kawatiri project in the Buller District.	СРН
	People with skills to enable healthy	Lifestyle change support delivered (with success	Enable the delivery of integrated smoking cessation services on the West Coast.	CPH, WCDHB, WCPHO, Poutini Waiora

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
Develop personal skills	choices and behaviours	rates if available) (narrative +/- quantitative) Evaluation of other	Develop and deliver other lifestyle intervention support (e.g. Appetite for Life, Green Prescription, fall prevention programmes, breastfeeding support, cooking programmes).	CPH, WCDHB, WCPHO, Poutini Waiora
		initiatives (narrative +/- quantitative)	Support mental wellbeing initiatives. Support delivery of the Prime Minister's Youth Mental Health initiative and WCDHB Suicide Prevention Plan.	CPH, WCPHO (Primary Mental Health Team) and other WCDHB Teams/Services (e.g. Mental Health)
			Deliver sexual health resources to priority groups and identify and facilitate training where appropriate.	(who will do it and when)  CPH, WCDHB, WCPHO, Poutini Waiora  CPH, WCPHO (Primary Mental Health Team) and other WCDHB Teams/Services (e.g. Mental Health)  CPH, WCDHB  CPH, WCDHB, WCPHO, Poutini Waiora  WCDHB, WCPHO, WCDHB, Poutini Waiora  CPH, WCPHO, WCDHB, Poutini Waiora
	Communities aware	Impact of communications, including number of hits, community feedback etc (narrative, quantitative)	Develop and implement CPH public health communications strategies.	СРН
	of health issues and healthy choices and behaviours		Deliver/support relevant and timely public health information and campaigns (including World Smokefree Day, Mental Health Awareness Week, National Heart Week, White Ribbon Day, 'It's Not OK' campaign, Matariki, Waitangi Day and Ask a Professional columns in the Messenger).	
Reorient health service	Preventative and population	ABC coverage in primary and secondary care (quantitative) Healthcare initiatives and evaluation reports	Maintain ABC coverage in primary and secondary care including quit card, hospital cessation service, Coast Quit and Oranga Hā – Tai Poutini.	WCDHB, WCPHO, CPH
	approaches support healthy choices and behaviours in healthcare settings		Work with hospital and community healthcare providers to develop health promoting settings (e.g. promoting active transport, Smokefree, and West Coast Health System Healthy Food and Beverage Policy).	
	g.	(narrative)	SI: Promote a population health approach to tackling obesity with other parts of our DHB and via SI Service Level Alliances and workstreams.	
			Work with WCDHB to support the development of a WCDHB Alcohol Harm Reduction Strategy.	WCDHB, WCPHO, CPH
			Top three physical activity and nutrition priorities:	СРН
			-Work in partnership with stakeholders to improve and support opportunities for physical activity	

Short Term Outcomes	Short Term Outcome Measures	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
(the results that we're working towards)	(how we'll monitor progress towards the results)		
		-Create supportive environments in ECECs and school communities	
		-Deliver community nutrition $\&$ cooking programmes with vulnerable/high needs groups.	

# 8. HEALTH PROTECTION

#### a. Strategies

- Developing and reviewing public health laws and regulations<sup>4</sup>.
- Supporting, monitoring and enforcing compliance with legislation.
- Identifying, assessing, and reducing communicable disease risks, including management of people with communicable diseases and their contacts.
- Identifying, assessing and reducing environmental health risks, including biosecurity, air, food and water quality, sewage and waste disposal, and hazardous substances.
- Preparing for and responding to public health emergencies, including natural disasters, hazardous substances emergencies, bioterrorism, disease outbreaks and pandemics.

#### b. Outcomes and Activities table

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
Communicable disease control	Reduced incidence of notifiable diseases Reduced incidence of influenza	Notifiable diseases and influenza rates, outbreak rates and trends (quantitative) Reach and impact of prevention information and initiatives (quantitative, narrative) Outbreaks controlled (quantitative, narrative)	Investigate cases and contacts as per protocols and Communicable Disease Control Manual 2012, including timely identification and investigation of notifiable diseases and outbreaks.	CPH, WCDHB (PHNs, RNSs and Infection Control Service)
			Quality data entry in EpiSurv in a timely manner.  Carry out internal audits of selected cases for adherence to protocols.	СРН
			Investigate outbreaks as outlined in the Outbreak Response Procedure and ESR guidelines.	CPH, WCDHB (PHNs, RNSs and Infection Control Service)

"protecting communities against public health hazards"

<sup>&</sup>lt;sup>4</sup> Public health legislation covers a wide variety of issues, including communicable disease control, border health protection, food quality and safety, occupational health, air and drinking water quality, sewerage, drainage, waste disposal, hazardous substances control, control of alcohol, tobacco and other drugs, injury prevention, health information, screening programmes, and control of medicines, vaccines and health practitioners.

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
			Provide public information and advice, aimed at reducing incidence of communicable disease, including promoting immunisation, hand hygiene and condom distribution.	CPH, WCDHB Infection Control Committee, West Coast Immunisation Advisory Group
			Work with priority settings and communities to increase immunisation and improve infection control.	СРН
			Provide vaccinator and programme authorisations as per Medicines Regulations.	СРН
			Progress to an electronic processing platform enabling accurate processing data reporting for authorised vaccinators as well as programme authorisations.	CPH (Protection, Information)
			Continue to implement SI Rheumatic Fever Prevention Plan (reported through SIPHP).	SIPHP
			Maintain the rheumatic fever register.  Undertake 6-monthly reviews of prophylaxis compliance in primary care.	СРН
quality	Optimised adequacy, safety and quality of drinking water on West Coast	Prioritised plan agreed with TAs (narrative) Improvements achieved in water quality, water infrastructure, quality assurance systems (narrative) Number of supplies with approved and implemented Water Safety Plans (quantitative)	Implement the requirements of the Drinking Water Standards for New Zealand as required (e.g. P2 assignments, catchment risk assessments, secure ground water assessments).	CPH/SIDWAU
	Prevention of spread of disease to the public	Number/size waterborne disease outbreaks (quantitative, narrative)	Review and prioritise all community supplies and work with prioritised communities and TAs and regional bodies to improve water quality.	СРН

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
	through reticulated water supplies		Carry out functions and duties of a DWA as defined under the Health Act.	СРН
			Identify and investigate incidents, complaints and notification of adverse drinking water quality (or adequacy) of tankers and networked and temporary drinking water supplies.	СРН
			Carry out public health grading of drinking water supplies on request.	СРН
			Undertake water carrier registration where required.	СРН
			Respond promptly to notified drinking water transgressions.	СРН
			Provide advice on the benefits of water fluoridation as necessary.	СРН
			Respond promptly to suspected cases and potential outbreaks of water-borne disease.	СРН
Sewage	Reduced incidence and impact of environmental hazards from the treatment and disposal of sewage	pact of narrative) vironmental hazards Environmental contamination events (quantitative, narrative)	Work with councils to promote and ensure safe sewage disposal, including making submissions on regional plans and policies, district plans and policies, resource consents.	СРН
			Liaise with councils to provide public advice on safe sewage disposal, sewage overflows, and waterways contamination.	СРН
			Liaise with councils to ensure that sewage overflows that pose a significant public risk are managed appropriately.	СРН
Recreational water	Reduced incidence and impact of environmental hazards associated with recreational water	Beach and river water monitoring results, including improvements achieved (quantitative, narrative)  Waterborne disease outbreaks (see above)	Encourage local authorities to clearly identify and notify publically recreational waters which do not meet minimum microbiological water quality guidelines. Completed through agreed recreational water protocols with councils annually.	СРН
			Provide input into regional and local activities associated with recreational water quality. Provide public and stakeholders with appropriate public health advice relating to recreational water.	СРН

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
			Investigate cases of suspected or confirmed illness including any toxic shellfish poisoning.	СРН
			Respond to recreational water (including swimming pool) incidents and enquiries as required.	СРН
			Promote NZS5862 to Councils and pool managers to maintain or improve pool water quality during any investigations.	СРН
Housing	Less disease caused by inadequate housing	Housing quality improvements (narrative) Improvements achieved in protection and support for householders, especially tenants (quantitative, narrative)	Work with national, local and community organisations to ensure warm and dry housing, especially for vulnerable groups (including identification and referral of vulnerable households).  (Also see Air Quality, under Resource Management.)	CPH, WCDHB P&F, WCPHO, Te Hā o Kawatiri, CEA
Resource management	Public health issues are identified and addressed in decisions made on the	Evaluation of council decisions, implementation and enforcement (narrative)  Air quality monitoring results (quantitative)	Encourage and assist Councils to develop and implement policies through processes, such as the review of district plans, including variations or plan changes or Council Long Term Plans that address the wider determinants of health.	СРН
	sustainable management of natural and physical resources		Provide other agencies and the public with information about the public health aspects of sustainable resource management.	СРН
and so	and social environments		Liaise and, where appropriate, undertake joint projects with consent authorities and affected communities to ensure that public health aspects of planning and resource management are considered.	СРН
			Provide technical advice and information to regional councils and territorial authorities as required.	СРН
			Work with stakeholders to identify and address potential health issues.	СРН
Hazardous substances	Public protected from exposure to hazardous substances	Reports of public exposure (narrative)	Use the priority criteria in the Hazardous Substances Action Plan, and injury surveillance data, to guide work to reduce public exposure to hazardous substances.	СРН

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
		Management of emergency events (narrative) Safeguards in place, including interagency work, agreed protocols, and exercises	Maintain effective risk management strategies and response plans for hazmat incidents and emergencies.	СРН
			Represent public health interests at meetings of the Area Hazmat Coordination Committee when this is established.	СРН
		(narrative) Promotion of the HSDIRT reporting process	Promote hazardous substances injury notification by GPs.	СРН
		to GPs, hospitals and others (narrative) Reach and impact of public information (narrative) Number & nature of VTA permits issued and results of audits (quantitative, narrative)	Report all notifications of hazardous substances injuries to the science provider in the format required (HSDIRT), including GP notifications. Investigate notifications as required.	СРН
	a		Provide public information and advice on the risks of environmental and non-occupational exposures to hazardous substances and products, including asbestos in the non-occupational environment.  Give advice to and encourage and/or assist territorial authorities	СРН
			and Regional Councils to address public health issues related to contaminated land.	
			Process applications for permission for use of VTAs.	СРН
			Undertake field or desktop audits of all VTA permissions.	СРН
Early childhood education centres	impact of health issues including infect exposure (mair	impact of health issues including infection control and lead exposure (mainly narrative, including changes achieved)	Conduct and report on pre-licensing inspections of ECECs, including compliance by the licensee of the premises with the Education (Early Childhood Centres) Regulations 1998	СРН
			Work with councils to ensure appropriate placement of new ECECs.	СРН
			Investigate/inspect and report on ECECs in response to complaints.	СРН
Emergency	WC districts prepared		Review and maintain emergency plans.	CPH, WCDHB, WCPHO
prepareaness	preparedness for emergencies (		Participate in emergency responses on an as-needed basis.	СРН

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
	impacting on public health	Safeguards in place, including interagency work, agreed protocols, and exercises (narrative)	Deliver MoH Emergency Management training to new staff and refresher training to established personnel (e.g. CIMS in Health, Health EMIS).	СРН
		Reach and impact of public information (narrative)	Complete CPH West Coast Business Continuity Plan and share with other PHUs.	СРН
Sustainability	Greater understanding of and action on sustainability	Evidence of increased awareness and development of sustainable approaches within our DHBs and partner organisations (narrative)	Raise awareness regarding sustainability and climate disruption, including both adaptation and mitigation strategies.	CPH, SIPHP Sustainability Workgroup
			Submissions to Councils where appropriate.	СРН
Tobacco	<b>Tobacco</b> Reduced tobacco sales, especially to minors  Reduced exposure to second-hand smoke	minors (quantitative) cosure to Retailer compliance during CPOs	Respond to public complaints.	СРН
			Complete education visit/compliance check prior to CPO/complaint.	СРН
			Conduct CPOs.	СРН
			Provide public and retailer information and advice.	СРН
Alcohol	harm incluents (nar Read (nar Naturedu Num repo	Improvements in licensing environment, including LAPs, accords, monitoring, enforcement, and other interagency work (narrative) Reach and impact of public information (narrative) Nature and impact of DHB alcohol harm reduction strategies (narrative) Number and impact of licence application reports and hearings (quantitative, narrative)	Support and continuously improve ED alcohol data collection system.	WCDHB, CPH
			Undertake or work with other agencies to undertake monitoring visits of high risk premises as per PHU risk rating tool and/or based on local data, complaints or other intelligence, including requests from police or licensing inspectors.	СРН
			Inquire into all on-, off-, club, and special licence applications and provide Medical Officer of Health reports to DLCs, either where there are matters in opposition or recommendations (on the basis of application of the relevant risk assessment tool in the Public Health Alcohol Regulatory Officer Toolkit, May 2013).	СРН
			Collaborate in police-led CPOs to reduce sale of alcohol to minors.	СРН

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
		Retailer compliance during CPOs (quantitative)	Work with special licence event organisers and support them to adopt and implement appropriate alcohol management plans or alcohol harm reduction practices.	СРН
			Provide education as part of re-licensing and new licensing processes, including: -educating retailers, employers and their staff and volunteers (club licences) about their Sale and Supply of Alcohol Act 2012 responsibilities -contributing to formal training of Duty Managers.	СРН
			Liaise with and, where appropriate, undertake joint projects to influence other local authority alcohol related policies and bylaws prior to the formal consultation process.	СРН
			Support West Coast councils to develop, implement and monitor their LAPs.	СРН
			Work with SIPHP to facilitate the development of DHB Alcohol Harm Reduction Strategies.	CPH, SIPHP (Alcohol Workstream)
Other psychoactive substances	Improved compliance with Psychoactive Substances Act 2013	Retailer compliance during CPOs (quantitative)	Work with Police and other agencies including CPH Canterbury staff to undertake regulatory activities in line with the Psychoactive Substances Act 2013 and Regulations.	СРН
Other	Public protected from other health hazards	Impact of work (narrative)	Undertake other regulatory health protection work using a risk-based approach and in accordance with the Environmental Health Protection Manual.	СРН
			Conduct six monthly visits to commercial solaria to encourage compliance with best practice guidelines.	СРН

# 9. PREVENTIVE INTERVENTIONS

## a. Strategies

- Developing, implementing and managing **primary prevention programmes** (targeting whole populations or groups of well people at risk of disease: e.g. immunisation programmes).
- Developing, implementing and managing population-based **secondary prevention programmes** (screening and early detection of disease: e.g. cancer screening).

"population programmes delivered to individuals"

## b. Outcomes and Activities table

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
	coverage, especially for priority groups  Percentage 5 y  Percentage of vaccinated  Percentage 65	age, especially for ty groups  Population-level measures:  Percentage 5 year olds fully vaccinated  Percentage of Māori 5 year olds fully	Immunisation coordination - work strategically to improve immunisation coverage especially for tamariki and rangatahi.	CPH, WCDHB (P&F, PHNs, RNSs, West Coast Immunisation Advisory Group), WCPHO
			Immunisation promotion e.g. Pertussis vaccination among frontline healthcare workers, immunisation within ECECs and schools.	CPH, WCDHB (Communications Team, PHNs and Outreach Co- ordinator), WCDHB Immunisation Advisory Group, WCPHO
			Immunisation delivery.	WCPHO, WCDHB (Outreach Coordinator, PHNs, RNSs)
Lifestyle interventions	Systematic identification of and response to risk factors	Completeness of practice and hospital information on smoking, alcohol intake, and physical activity (quantitative)	Work with the Maternity Quality and Safety Programme to enhance coverage and effectiveness of Smokefree ABC interventions with pregnant women who smoke.	WCDHB, WCPHO, CPH

	Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
		SLMF contributory measure: % of enrolled patients who identify as smokers offered advice and support to quit within last 15 months (proposed 30 June 2018 target 91% of Māori enrolled patients) % eligible adult population who have had a	Continue to implement West Coast Smoking Cessation Strategy in primary care and the community.	WCDHB, WCPHO, CPH
			Meet West Coast Health System Improvement Plan smoking targets, including delivery of brief advice and cessation support to smokers.	WCPHO, WCDHB
		CVD risk assessment in the last 5 years (proposed 30 June 2018 target 90% of eligible adult Māori population)	Deliver Coast Quit smoking cessation initiatives.  Deliver Oranga Hā-Tai Poutini smoking cessation services.	WСРНО, СРН
Screening and early detection	cancer  Popula  Percen had a b  Percen who ha years  Percen cervica  Percen a cervic  SLMF c  % eligit womer taken i	Coverage rates for cervical and breast cancer screening  Population-level measures:  Percentage of women aged 50-69 who have had a breast screen in the last 2 years  Percentage of Māori women aged 50-69 who have had a breast screen in the last 2 years  Percentage of women who have had a cervical smear once in the last 3 years  Percentage of Māori women who have had a cervical smear once in the last 3 years	Work to meet West Coast Health System target including by participating in Cervical Screening Strategic and Working Groups to develop regional strategies to increase uptake.	WCPHO, WCDHB, Poutini Waiora, CPH
			Maintain current levels of uptake of breast screening through a planned approach.	WCPHO, WCDHB, Poutini Waiora, CPH
		SLMF contributory measure: % eligible unscreened or under-screened women who have had a cervical sample		
		taken in the last 3 years (proposed 30 June 2018 target 70%)		
	Early detection of health, behavioural, social, or developmental concerns.	Coverage rates for Before School Checks (quantitative)	Implement, and/or undertake activities to increase uptake of, Before School Checks.	

Short Term Outcomes (the results that we're working towards)	Short Term Outcome Measures (how we'll monitor progress towards the results)	Activities (what we'll do to get the result)	Responsibilities (who will do it and when)
Early detection of diabetes and cardiovascular disease	Coverage of diabetes and CVD screening programmes:  Population-level measures:  Percentage of people aged 45-74 who have had their cardiovascular risk assessed in the last 5 years  SLMF contributory measure:	Work to meet West Coast Health System CVD risk assessment target, including by promoting CVD risk assessments and diabetes screening in primary care settings and the community to increase uptake.	WCPHO, WCDHB
	% eligible adult population who have had a CVD risk assessment in the last 5 years (proposed 30 June 2018 target 90% of eligible Māori population)		

# 10. GLOSSARY/DEFINITIONS

ABC – Ask; Brief Advice; Cessation support. A memory aid approach to smoking cessation for health practitioners.

ASH – Action on Smoking and Health – A charity working to eliminate death and disease caused by tobacco.

CEA - Community Energy Action

CFS - Common File Structure

CIMS – Coordinated Incident Management System – The managed response to incidents within New Zealand amongst multiple agencies.

CPH - Community and Public Health

CPO – Controlled Purchase Operation. One CPO equals one total organised operation that targets a number of premises.

CVD - Cardiovascular Disease

DHB - District Health Board

DLC - District Licensing Committee

DLT - Divisional Leadership Team

DWA - Drinking Water Assessor

ECEC - Early Childhood Education Centre

ED - Emergency Department

EpiSurv - National notifiable disease surveillance database

ESR - Institute of Environmental Science and Research

GIS - Geographical Information Systems

GM - General Manager

GP - General Practitioner

Health EMIS – Emergency Management Information System

Healthscape – The CPH database which records information about CPH activities, and relationships with other organisations.

Healthy West Coast Governance Group – a tripartite alliance of CPH, the WCDHB and WCPHO for joint planning and delivery of health promotion.

HIA – Health Impact Assessment – A systematic procedure to judge what potential (and sometimes unintended) effects a policy, plan, programme or project will have on a population and how those effects will be spread across that population. The HIA identifies how to act to manage those effects.

HiAP - Health in All Policies

HIIRC – Health Improvement and Innovation Resource Centre. An online resource providing health information.

HPS - Health Promoting Schools

HSDIRT – Hazardous Substances Disease and Injury Reporting Tool

IANZ - International Accreditation New Zealand

LAP - Local Alcohol Policy

MoE - Ministry of Education

MoH – Ministry of Health

NGO - Non-Government Organisation

NIR - National Immunisation Register

NZDep2013 – New Zealand Deprivation Index (2013)

P&F – Planning and Funding

PHI - Public Health Information

PHN - Public Health Nurse

PHO – Primary Health Organisation

PHU - Public Health Unit

Quality Accounts – Reports provided by health providers on the quality of their services, presented in a similar way to financial accounts showing how an organisation used its money.

RNS - Rural Nurse Specialist

SI - South Island

SIDWAU – South Island Drinking Water Assessment Unit

SIPHAN – South Island Public Health Analysis Network (online communication and document storage tool)

SIPHP - South Island Public Health Partnership

SLMF –System Level Measures Framework

TA – Territorial Authority

Te Pae Mahutonga – A model for Māori Health Promotion. Te Pae Mahutonga is the Māori name given to the constellation of the Southern Cross: four stars with two stars as pointers.

VTA – Vertebrate Toxic Agent

WC – West Coast

WCDHB – West Coast District Health Board

WCPHO – West Coast Public Health Organisation