

ADVISORY COMMITTEE MEETING

27 September 2019

10.30am

St John Water Walk Road, Greymouth

AGENDA AND MEETING PAPERS

ALL INFORMATION CONTAINED IN THESE COMMITTEE PAPERS IS SUBJECT TO CHANGE

COMMITTEE MEMBERS



WEST COAST DISTRICT HEALTH BOARD

ADVISORY COMMITTEE MEMBERS

Michelle Lomax (Joint Chair) Elinor Stratford (Joint Chair)

Chris Auchinvole

Jenny Black

Lynnette Beirne

Kevin Brown

Sarah Birchfield

Cheryl Brunton

Paula Cutbush

Helen Gillespie

Chris Lim

Jenny McGill

Chris Mackenzie

Joseph Mason

Edie Moke

Peter Neame

Nigel Ogilvie

Francois Tumahai

EXECUTIVE SUPPORT

David Meates (Chief Executive)

Ginny Brailsford (Team Leader, Planning & Funding)

Gary Coghlan (General Manager, Maori Health)

Mr Pradu Dayaram (Medical Director, Facilities Development)

Michael Frampton (Chief People Officer))

Carolyn Gullery (Executive Director, Planning, Funding & Decision Support)

Brittany Jenkins (Director of Nursing)

Dr Cameron Lacey (Medical Director, Medical Council, Legislative Compliance and National Representation)

Jacqui Lunday-Johnstone (Executive Director, Allied Health)

Dr Vicki Robertson (Medical Director, Patient Safety and Outcomes)

Karalyn van Deursen (Executive Director, Communications)

Stella Ward (Chief Digital Officer)

Philip Wheble (General Manager, West Coast)

Justine White (Executive Director, Finance & Corporate Services)

Kay Jenkins (Board Secretary)



WEST COAST ADVISORY COMMITTEE MEETING To be held at St John, Water Walk Road Greymouth Friday 27 September 2019 commencing at 10.30am

ADMINISTRATION 10.30am

Karakia

Apologies

1. Interest Register

Update Committee Interest Register and Declaration of Interest on items to be covered during the meeting.

- 2. Minutes of the Previous Meeting
 - 9 August 2019
- 3. **Carried Forward/Action Items** (There are no carried forward items)

DEC	CISION PAPERS	DECISION PAPERS 10.3			
4.	Environmentally Sustainable Health Care: Position Statement	Gail MacLauchlan Community & Public Health	10.35am – 10.45am		
PRE	ESENTATIONS		10.45am		
5.	Maori Health	Gary Coghlan General Manager, Maori Health	10.45am – 11.30am		
REF	PORTS		11.30am		
6.	Community and Public Health Update	Gail McLauchlan Regional Manager, Community and Public Health	11.30am – 11.40am		
7.	Disability Action Plan Update (Deferred until November Meeting)				
8.	Alliance Update	Jenni Stephenson Programme Manager, West Coast Alliance	11.40am – 11.50am		
9.	Planning & Funding Update	Carolyn Gullery Executive Director, Planning & Funding & Decision Support	11.50am– 12noon		
10.	Operational Update	Philip Wheble General Manager, West Coast	12noon – 12.20pm		

ESTIMATED FINISH TIME

INFORMATION ITEMS

- Disability Directorate e-Newsletter
- 2019 Committee Work Plan Working Document
- West Coast DHB 2019 Meeting Schedule

NEXT MEETING

Date of Next Meeting: Friday 1 November 2019

12.20pm



E Te Atua i runga rawa kia tau te rangimarie, te aroha,
ki a matou i tenei wa
Manaaki mai, awhina mai, ki te mahitahi matou, i roto,
i te wairua o kotahitanga, mo nga tangata e noho ana,
i roto i tenei rohe o Te Tai Poutini mai i Karamea tae noa atu ki Awarua.

That which is above all else let your peace and love descend on us at this time so that we may work together in the spirit of oneness on behalf of the people of the West Coast.

WEST COAST DISTRICT HEALTH BOARD ADVISORY COMMITTEE MEMBERS INTERESTS REGISTER



Name	Interests	Pecuniary (Y/N)	Type of Conflict (Actual / Perceived / Potential)
Elinor Stratford Joint Chair	 Clinical Governance Committee, West Coast Primary Health Organisation The West Coast PHO Clinical Governance Committee (CGC) act as an advisory committee to its Board. The CGC's role is to assist the Board with any clinical aspects that relate to its business. Active West Coast – Committee Member 	N	Perceived
	Active West Coast – Confinite Member Active West Coast (AWC) is a network of agencies and groups committed to improving the health of West Coasters through the promotion of healthy life styles such as physical activity, nutrition, smoke free, youth and older person's health.	N	Perceived
	West Coast Sub-branch - Canterbury Neonatal Trust – Chairperson	N	Perceived
	Canterbury Neonatal Trust – Trustee The primary focus of The Neonatal Trust (Canterbury) is to support families who are	N	Perceived
	 going through or have been through a neonatal journey. Accessible West Coast Coalition Group – Member A group that works together to improve access to all aspects of the community. 	N	Perceived
	• Kowhai Project Committee - Chair The Kowhai Project, is a community project and is raising money to provide an inner courtyard for staff, patients and visitors including plantings for the entry and the parking areas at the new Te Nikau, Grey Hospital and Health Centre	N	Perceived
	MS - Parkinsons New Zealand – West Coast Committee Member MS Parkinsons provides education, information and help people make informed decisions about living with Parkinson's.	N	Perceived
Michelle Lomax	Daughter is a recipient of WCDHB Scholarship	N	
Joint Chair	Community Law Canterbury - Part-time Advisor on Disability Issues	N	
	Daughter is part of the Rural Medicine Emerging Programme in Greymouth	N	
	People's Choice candidate for Christchurch Central Ward Community Board	N	
	Pharmacy Council – lay member	N	

Chris Auchinvole Board Member	 Director Auchinvole & Associates Ltd Trustee, Westland Wilderness Trust Justice of the Peace Justices of the Peace carry out important functions in the administration of documentation and justice in New Zealand Daughter-in-law employed by Otago DHB 	N N N	
Lynnette Beirne	 Patron of the West Coast Stroke Group Incorporated Daughter employed as nurse for West Coast DHB Consumer Representative on WCDHB Stroke Coalition Committee Running a Homestay for DHB Students & Staff Member, Accessible West Coast Coalition Group Consumer Representative on West Coast DHB Health of Older Persons Committee 	N N N N N	Perceived Perceived
Sarah Birchfield	 Member, Accessible West Coast Coalition Group Member West Coast DHB Consumer Council Member, West Coast DHB Child & Youth Committee Member, Canterbury/West Coast Action Plan Committee 	N N N N	
Jenny Black Board Chair	 Chair, Nelson Marlborough District Health Board Appointed as Chair for a third term by the Minister of Health. Member of Statutory Committees and Audit Committee. Chair, South Island Alliance Board The South Island Alliance enables the regions five DHBs to work collaboratively to develop more innovative and efficient health services than could be achieved independently. 	Y N	Perceived Perceived
	Chair, National DHB Chairs Elected position from the National DHB Chairs.	N	Perceived
	• West Coast Partnership Group This is a Partnership Group set up by government to provide governance for the facilities development of the new Grey Hospital & Health Centre and a health facility at Buller.	N	Perceived
	• Health Promotion Agency (HPA) – Member The Health Promotion Agency is an evidence-based health promotion organisation, influencing all sectors that contribute to health and wellbeing. Their key role is to lead	N	

	and support health promotion initiatives to: promote health and wellbeing and encourage healthy lifestyles; prevent disease, illness and injury; enable environments that support health, wellbeing and healthy lifestyles; and reduce personal, social and economic harm.		
Kevin Brown Board Member	West Coast Electric Power Trust - Trustee The West Coast Electric Power Trust was formed in 1992 as a consequence of the passing of the Energy Companies Act 1992. The six Trustees hold the shares of Westpower Ltd and the associated companies on behalf of the electricity consumers of the West Coast.	N	
	Diabetes West Coast - Patron and Member	N	Perceived
	West Coast Juvenile Diabetes Association - Trustee Diabetes West Coast provides services for people with diabetes.	N	Perceived
	Greymouth Lions Club – Member	N	
	Justice of the Peace Justices of the Peace carry out important functions in the administration of documentation and justice in New Zealand	N	
	West Coast Rugby League - Hon Vice President West Coast Rugby League is a sporting organisation	N	Perceived
Cheryl Brunton	Medical Officer of Health for West Coast - employed by Community and Public Health, Canterbury District Health Board	N	
	Senior Lecturer in Public Health - Christchurch School of Medicine and Health	N	
	Sciences (University of Otago)	N	
	Member - Public Health Association of New Zealand Member - Association of Selected Medical Specialists	N	
	 Member - Association of Salaried Medical Specialists Member - West Coast Primary Health Organisation Clinical Governance Committee 	N	
	Member - National Influenza Specialist Group	N	
	Member, Alliance Leadership Team, West Coast Better Sooner More Convenient Implementation	N	
	Member – DISC Trust	N	
Paula Cutbush	Owner and stakeholder of Alfresco Eatery and Accommodation	N	
	Daughter involved in Green Prescriptions	N	
	Justice of the Peace	N	
Helen Gillespie Board Member	Department of Conservation – Employee - Partnerships Manager. My current role with DOC is to lead Healthy Nature Healthy People – an initiative seeking to make a	N	

	 positive difference to the lives of all New Zealanders through nature. Husband works for New Zealand Police – Based in Hokitika and currently working in the Traffic Safety Team Accessible West Coast Coalition Group - Member - I represent the Department of Conservation in the Coalition Group. The Department, like many other agencies and organisations is seeking to create greater accessibility for people Kowhai Project Committee – Member - I am a member of this committee in a voluntary capacity and am able to share examples of nature in health settings to support patients, staff and visitors. 	N N N	
Chris Lim	No interests to declare		
Chris Mackenzie Board Deputy Chair	Development West Coast – Chief Executive Development West Coast (DWC) was set up as a Charitable Trust in 2001 to manage, invest and distribute income from a fund of \$92 million received from the Government. It is governed by a "Deed of Trust" which specifies DWC's Objects - to promote sustainable employment opportunities; and generate sustainable economic benefits for the West Coast, both now and into the future.	N	
	• Horizontal Infrastructure Governance Group – Chair A Memorandum of Understanding was agreed in September 2013 between the Government and the Christchurch City Council to create this group to focus on lessons learned from one of New Zealand's most challenging civil engineering projects: rebuilding the earthquake damaged pipes, roads, bridges and retaining walls in the city of Christchurch 2011 - 2016.	N	
	Mainline Steam Trust – Trustee Mainline Steam is an organisation devoted to the restoration and operation of historic mainline steam locomotives.	N	
	Christchurch Mayors External Advisory Group – Member An External Advisory Group set up by Government and the Christchurch City Council to provide independent advice on Christchurch City Council's long-term capital works programme and related spending plans.	N	
Jenny McGill	Husband employed by West Coast DHB	Y	
	Peer Support – Mum4Mum	N	
	Member, Accessible West Coast Coalition Group	N	
Joseph Mason	 Representative of Te Runanga o Kati Wae Wae Arahura Employee Community and Public Health, Canterbury DHB 	N Y	Perceived

Edie Moke Board Member	South Canterbury DHB – Appointed Board Member; Chair: Disability Support Advisory Committee; Deputy Chair: Maori Health Advisory Committee; and Member: Audit and Assurance Committee	Y	Perceived
	 Nga Taonga Sound & Vision - Board Member (elected); Chair: Assurance and Risk Committee; and Member: Property Committee Nga Taonga is the newly merged organisation that includes the following former organisations: The New Zealand Film Archive; Sounds Archives Nga Taonga Korero; Radio NZ Archive; The TVNZ Archive; Maori Television Service Archival footage; and Iwi Radio Sound Archives. 	N	
Peter Neame Board Member	 White Wreath Action Against Suicide – Board Member and Research Officer White Wreath is a non-denominational, non-political and anti-discriminatory body supporting people who have been directly affected by suicide and those who are affected by mental illness/disorders. Author and Publisher of "Suicide, Murder, Violence Assessment and Prevention" 2017 and four other books. 	N N	Perceived
Nigel Ogilvie	Westland Medical Centre - Managing Director	Y	Actual
Board Member	Thornton Bruce Investments Ltd - Shareholder/Director	N	
	Hokitika Seaview Ltd - Shareholder	N	
	Tasman View Ltd - Shareholder,	N	
	White Ribbon Ambassador for New Zealand	N	
	Sister is employed by Waikato DHB	N Y	Perceived
	West Coast PHO - Board Member	1	Perceived
	Wife is a General Practitioner casually employed with West Coast DHB and full time General Practitioner and Clinical Director at Westland Medical Centre	Y	Actual
	Wife is Board Member West Coast PHO	Y	Perceived
François Tumahai	Te Runanga o Ngati Waewae – Chair		
Board Member	This is one of 18 Ngai Tahu regional Papatipu Rūnanga which exist to uphold the mana of their people over the land, the sea and the natural resources. Te Rūnanga o	N	
	Ngāti Waewae is based at Arahura a short distance from Hokitika on the West Coast. • Poutini Environmental - Director	N	
	Poutini Environmental is the authorised body for resource management, cultural impact assessment and resource consent certification.	N	
	Arahura Holdings Limited – Chief Executive When the state of the	11	
	West Coast Regional Council Resource Management Committee – Member		

	Provides a broad direction and framework for managing the West Coast's natural and		
	physical resources under the Resource Management Act 1991.	N	
•			
	Poutini Waiora is a Maori Health and Social Service provider that delivers holistic care to whanau across Te Tai O Poutini.	Y	Actual
	Development West Coast – Trustee Development West Coast (DWC) was set up as a Charitable Trust in 2001 to manage, invest and distribute income from a fund of \$92 million received from the Government. It is governed by a "Deed of Trust" which specifies DWC's Objects - to promote sustainable employment opportunities; and generate sustainable economic benefits for the West Coast, both now and into the future.	N	
•	W. C. D. I. HALL T. I. D.		
•	Putake West Coast – Director	N	
	This is a joint venture between Development West Coast and Putake Honey to develop a West Coast wholesale honey business.	N	
	Ngai Tahu Pounamu – Director Waewae Pounamu is the home of Ngāti Waewae Pounamu carving Westland Wilderness Trust – Chair	N	
•	West Coast Conservation Board – Board Member	N	
	The West Coast Tai Poutini Conservation Board serves a conservation advisory role, along with offering community perspective on conservation management issues for the West Coast region.	N	
•	New Zealand Institute for Minerals to Materials Research (NZIMMR) - Director		
•	Westland District Council – Councillor	N	
•	Tatau Pounamu – Committee Member	N Y	Perceived



DRAFT MINUTES OF THE WEST COAST ADVISORY COMMITTEE held at St John, Water Walk Road, Greymouth on Friday 9 August 2019 commencing at 10.30am

PRESENT

Elinor Stratford (Joint Chair – in the Chair); Chris Auchinvole; Lynnette Beirne; Jenny Black; Sarah Birchfield; Kevin Brown; Dr Cheryl Brunton; Paula Cutbush; Helen Gillespie; Chris Lim; Michelle Lomax; Chris Mackenzie; Jenny McGill; Joseph Mason; Edie Moke; Peter Neame; Nigel Ogilvie; and François Tumahai.

APOLOGIES

There were no apologies

EXECUTIVE SUPPORT

David Meates (Chief Executive); Philip Wheble (General Manager, West Coast); Pradu Dayaram (Medical Director, Faciities); Brittany Jenkins (Director of Nursing); Mardi Postill (Planning & Funding); Imogen Squires (Communications); Karalyn van Deursen (Executive Director, Communications); and Kay Jenkins (Minutes).

IN ATTENDANCE

Gail McLauchlan, Regional Manager, Community & Public Health - Item 6

Joe Mason opened the meeting with a Karakia.

1. INTEREST REGISTER

Additions/Alterations to the Interest Register

There were no additions or alterations to the Interest Register.

Declarations of Interest for Items on Today's Agenda

There were no interests declared for items on today's agenda.

Perceived Conflicts of Interest

There were no perceived conflicts of interest.

2. MINUTES OF THE PREVIOUS MEETING

Resolution (8/19)

(Moved: Michelle Lomax/Seconded: Jenny McGill - carried)

"That the minutes of the meeting of the West Coast Advisory Committee held on 10 May 2019 be confirmed as a true and correct record with the addition of Peter Neame as an attendee."

3. CARRIED FORWARD/ACTION ITEMS

The Carried Forward/Action Items were noted.

4 PRESENTATION - AGEING WELL ON THE WEST COAST

Mardi Postill, Planning & Funding, provided the Committee with a presentation "Are we Ageing Well on the West Coast?"

The presentation provided information regarding what the data says about this and it was noted that some really great work has been done with more people living in their own homes and this is better than the South Island average. Other data included falls statistics and acute re-admission rates.

It was noted that the Ministry, in 2016, issued the Healthy Ageing Strategy and the presentation showed the desired outcome and enablers of this strategy. An example of one of the outcomes was provided and Ms Postill explained FIRST and Community Bundles and these worked.

The Chair thanked Mardi for her presentation.

5. PRESENTATION - DRINKING WATER UPDATE

Cheryl Brunton, Medical Officer of Health, provided a presentation on Drinking Water.

The Committee noted that a number of disease causing organisms can be contracted through water. Ms Brunton provided an overview of imformation provided previously including: microbial contamination of water; exposure pathways; the burden of water borne disease in New Zealand; the Havelock North outbreak in 2016; protection using multiple barriers; monitoring; compliance and the law.

Ms Brunton provided statistics around West Coast water and recent West Coast drinking water incidents and provided information around regulatory reform of three waters.

The Chair thanked Cheryl for her presentation.

6. COMMUNITY AND PUBLIC HEALTH UPDATE

Gail McLauchlan, Regional Manager, Community & Public Health presented the Community & Public Health update. She provided an updates on activity around: Alcohol; Smokefree; Healthy Public Policy; Drinking Water and the annual drinking water survey currently underway; Nutrition; and physical activity.

The update was noted.

Jenny McGill departed the meeting at 12.10pm

7. ALLIANCE UPDATE

Dr Cheryl Brunton, Acting Chair, Alliance Leadership Team presented this update which was taken as read.

It was noted that at the June meeting the ALT:

Reviewed the whānau ora model of care that has been successfully tested with a hard to reach
group of diabetic patients at Buller Health and have therefore supported the extension of this way
of working with more patients;

- Were pleased to review the draft West Coast Maternity Strategy and have agreed to support wider distribution for further community consultation; and
- Comprehensively reviewed the work stream work plans for 2019/20 and requested further work be done on these to reflect the expected priorities.

At last night's meeting the new Chair, Kevin Hague, was welcomed and the ALT approved all the work stream plans apart from one and this will be presented at the next meeting.

The update was noted.

8. OPERATIONAL UPDATE

Philip Wheble, General Manager, West Coast, presented the Operational update.

Mr Wheble's report highlighted the following notable features:

- The format of the report has been slightly changed based on feedback from the Committee. This will continue to be developed, particularly as we progress in our organisational change to show reporting across the three localities.
- The recruitment of Rural Generalist consultants is advancing well. The recruitment team will be promoting the West Coast by attending medical conferences in the coming months and are looking at developing a promotional video.
- A daily briefing at 8:30am has been initiated and includes services across the Coast, ensuring that we remove barriers to patients getting treated promptly and that care is provided in the best location.

Discussion took place regarding the 100% achievement in B4School Checks and it was noted that an number of changes were made that influenced this result.

Discussion also took place regarding outpatient DNAs and there is a continued focus on this.

Mr Wheble spoke regarding ESPI results detailed in the report as follows:

ESPI 2 FSA (First Specialist Assessment)

There were 72 patients waiting over 120 days for their outpatient First Specialist Assessment as at the end of May 2019. Of these, 32 were orthopaedic cases and 28 were plastic surgery cases. The remaining cases were spread among a number of specialties, including general surgery (3), general medicine (2), haematology (2), and neurology (5). Both the West Coast and Canterbury DHB orthopaedic services have faced similar non-compliance issues due to service constraints; however additional sessions have been engaged to progressively provide those current patients with prolonged waiting times with an appointment booking. Patients who were waiting over 120 days on the general medical and general surgical outpatient lists at the end of May have been delayed due to other clinical complications in two instances; while three among them have respectively been given previous appointments within 120 days of initial referral, but then failed to attend. Those with prolonged waits for haematology and neurology were influenced by a quirk of the timing between the visiting specialist clinics rather than any capacity issue; with all having booked to a firm appointment at the next available clinic.

Some patients who are indicated as being over the 120-day target have previously been offered appointments, but not turned up at their clinic appointments; the reasons for which may be quite variable depending on the individual patient and their particular circumstances. They have been left on our waiting lists for re-booking, so as to offer them additional appointment dates to see a Specialist, rather than being simply removed and their referral returned to their primary care referrer.

ESPI 5 (Treatment)

Nineteen patients were waiting over 120 days from FSA to surgical treatment as at the end of May 2019. Additional plastic surgery theatre and outpatient sessions have been delivered to help address the back-log to the service, but the risk remains that this will only help to keep pace with the increased demand rather than reduce or remove it. Outpatient clinic and theatre list mix of the visiting specialists are being reviewed as a possible option to help smooth this out. Wait times on the orthopaedic surgical waiting list continue to reduce with additional visits from Canterbury specialists being undertaken. Patients who were waiting over 120 days for dental surgery at the end of May have since been treated or provided with a firm appointment date for surgery. The dental waiting list still has a new set of patients who are moving into the 120 day wait period for surgery which is likely to see a maximum wait time target breach in this service continue into June and July.

The update was noted.

INFORMATION ITEMS

- Disability Directorate e-Newsletter
- West Coast DHB 2019 Meeting Schedule
- 2019 Committee Work Plan working Document

There being no further business the meeting concluded at 12.25pm.

Confirmed as a true and correct record:

Elinor Stratford, Joint Chair

Date

ENVIRONMENTALLY SUSTAINABLE HEALTH CARE: POSITION STATEMENT



TO: Chair and Members

West Coast Advisory Committee

SOURCE: Community & Public Health

DATE: 27 September 2019

Report Status – For:	Decision <a>V	Noting	Information	
----------------------	-------------------	--------	-------------	--

1. ORIGIN OF THE REPORT

The South Island Public Health Partnership has created a Sustainability Position Statement. This Position Statement is being presented to each South Island Board for approval.

2. RECOMMENDATION

That the Committee recommends to the West Coast DHB Board that it:

- i. supports the direction of travel of the attached Sustainability Position Statement, noting that the DHB will work towards achieving an environmentally sustainable health system; and
- ii. notes that before fully committing to the programme some clarity is required around costs, funding and resourcing.

3. **SUMMARY**

The purpose of this position statement is to describe the commitment of the West Coast District Health Board to achieving an environmentally sustainable health system and the actions needed to accomplish this. This position statement builds on the South Island District Health Boards' current environmental sustainability commitments and actions and sets out our approach to managing environmental impacts, reporting on our sustainability performance, and delivering environmentally sustainable patient-centred health care services – to 2050.

4. <u>DISCUSSION</u>

The position statement and accompanying actions enable South Island District Health Boards to work both collaboratively and independently to ensure an appropriate focus and response to sustainability.

5. APPENDICES

Appendix 1: Environmentally Sustainable Health Care Position Statement

Report prepared by: South Island Public Health Partnership

Report approved for release by: Evon Currie, General Manager, Community & Public Health

Environmentally Sustainable Health Care: Position Statement

2019









Contents

POSITION STATEMENT	5
Purpose	5
Definition	5
Scope	5
Position	5
Actions	6
BACKGROUND PAPER	7
Abstract	8
Key definitions relevant to this position statement	8
Introduction	10
Background	
Climate change in New Zealand	11
Towards environmentally sustainable health care	12
Māori health and equity	12
Advocacy	13
Mitigation	
Carbon accounting	14
Applying carbon accounting to prioritisation and decision-making processes	15
Procurement emissions: hot-spots, and possible solutions	17
Future opportunities within the New Zealand health sector	18
Co-benefits	20
Adaptation	22
Conclusion	24
References	25
Appendix	30
International example: the National Health Service (England)	30
The SDU	30
The footprint	30
The Cost Curve	32



POSITION STATEMENT

Purpose

The purpose of this position statement is to describe the commitment of the XXXX District Health Board to achieving an environmentally sustainable health system and the actions needed to accomplish this. This position statement builds on the South Island District Health Boards' current environmental sustainability commitments and actions and sets out our approach to managing environmental impacts, reporting on our sustainability performance, and delivering environmentally sustainable patient-centred health care services – to 2050.

Definition

The World Health Organization (WHO) defines an environmentally sustainable health system as:

'A health system that improves, maintains or restores health, while minimizing negative impacts on the environment and leveraging opportunities to restore and improve it, to the benefit of the health and well-being of current and future generations' (WHO, 2017, p. IV).

Scope

The focus of this position statement and background paper is on human-caused global warming¹ and the resultant global climate change, because human-caused global warming has been identified as *the* most pressing environmental change currently occurring [1-3].

Position

Note: (page numbers) refer to the corresponding sections of the Background Paper

t the 2015 Paris Climate Conference (COP 21), the New Zealand Government affirmed New Zealand's commitment to limiting the increase in global average temperature to well below 2°C above pre-industrial levels (page 10) [4,5]. XXX District Health Board acknowledges New Zealand's commitment to the 2015 Paris agreement and:

- 1.1. recognises the impending impacts of global climate change on human health as *the* most pressing environmental issue in the immediate future (alongside other aspects of environmental protection such as resource use, waste, and water) (page $\underline{10} \& \underline{11}$)
- 1.2. recognises that significant ill-health effects will result from ongoing unchecked climate change, and other environmental impacts, and as the burden of this harm will likely be carried disproportionately by some population groups, special attention to equity and Treaty of Waitangi issues is required (pages 11–12)
- 1.3. acknowledges that the health sector has the ability and the responsibility to advocate for public health by communicating the threats and opportunities to the public and policy makers and ensuring that climate change is understood as a central issue for human wellbeing (page 13)

... continued

¹ In this Position Statement, the term *global warming* refers to a gradual increase in average global surface temperature (as one of the consequences of anthropogenic emissions) and the term *climate change* describes the resultant amplification of natural climate variability (i.e., the portion of climatic variability that is attributable to human activities).

- 1.4. acknowledges that health care systems' contributions to New Zealand's total greenhouse gas emissions are significant, and environmental sustainability within health care involves ensuring the efficient management of all physical, financial, and human resources within the sector, including upstream inputs of goods and services and downstream clinical and non-clinical waste, (pages 14–17) and
- 1.5. recognises that health systems can benefit directly (e.g., improved efficiency) and indirectly (e.g., via a healthier population) from implementing environmentally sustainable actions as business-as-usual (pages 18–21, & Appendix).

Actions

XXX District Health Board will:

- 2.1. advocate for health by demonstrating sustainability leadership in the community, and by communicating the threats and opportunities to the public and policy makers to ensure that climate change is understood as a central issue for human wellbeing (page 13)
- 2.2. develop the system-wide resource capacity and capability to effect change; including the establishment of a South Island network, group, or entity with the means to work collaboratively to develop, embed and promote environmentally sustainable health systems (page <u>13</u> & Appendix)
- 2.3. participate in a regional project to measure the total carbon footprint of the South Island District Health Boards, and identify the main areas that could be improved (emission hot-spots). In order to achieve this, the South Island District Health Boards commit to expanding the scope of measurement previously applied under the Carbon Emission Measurement and Reduction Scheme (CEMARS) to include the embedded carbon inherent in procurement, travel, food and catering, and other indirect emissions sources (pages 14–19 & Appendix), and
- 2.4. develop and implement a local and/or South Island-wide environmental sustainability plan to guide the reduction of the District Health Board's environmental burdens, across the full range of activities, in order to be environmentally sensitive and carbon-neutral by 2050. The plan will include mitigation measures and an adaptation strategy that anticipates service change (pages 19–24).

About this Position Statement

This Statement was developed for the South Island District Health Boards by the Information Team, Community and Public Health, a division of the Canterbury District Health Board, with the guidance of the South Island Public Health Partnership Management Group.

BACKGROUND PAPER



Abstract

he purpose of this Background Paper is to inform the commitment, statements, and actions of the South Island District Health Boards in their efforts to achieve an environmentally sustainable health system. The most rapid environmental change currently occurring, on a global scale, is human-induced global warming and the resultant global climate change [1-3]. Increased emissions of fossil CO₂ since the mid-18th century have amplified the natural greenhouse effect causing the Earth's average surface temperature to rise [1,6,7]. The effects of ongoing global warming and global climate change now threaten to undermine many of the social, economic, and environmental drivers of health and wellbeing that have contributed greatly to human progress [1,3]. Trends in climate change impacts, exposures, and vulnerabilities indicate high levels of risk for the current and future health and wellbeing of all populations in New Zealand [8]. Our failure to reduce emissions and to build adaptive capacity threatens human health and wellbeing and the viability of health infrastructure and services.

Most organisations and businesses still apply a fragmented, reactive approach to climate change mitigation, rather than embedding sustainability as a core principle. However, in the health sector, there are a number of exemplar organisations around the world that have made substantial progress towards sustainable health systems. Many health systems have achieved substantial improvements in resource efficiency in areas such as energy, waste, water, and use of raw materials, along with financial savings, positive environmental impacts, and direct benefits to health.

While some progress has been made, the most recent Intergovernmental Panel on Climate Change report (IPCC, 2018) clearly demonstrates that the increasing rate of global warming is greatly outweighing the scale and urgency of the response, not only in health but across all sectors. The Intergovernmental Panel on Climate Change concludes that *unprecedented* rapid and far-reaching transitions in energy, land use, infrastructure, and industrial systems are required to limit the worst effects of global warming [6]. Within the health sector, substantial investment in sustainable infrastructure and systems will be required to ensure the sustainable, equitable delivery of health services, in the face of increased demand. Future climate-resilient development within health care will require a mix of mitigation and adaptation measures consistent with profound societal and systems transformations [6]. Ambitious mitigation actions are crucial to limiting future warming. Significant adaptation actions will also be needed to manage already inevitable impacts of climate change – by reducing vulnerability and exposure to its harmful effects [6].

This Background Paper provides a brief, practical overview of relevant issues and challenges, and the resultant risks to human health and wellbeing. The Background Paper also outlines current and potential health-sector actions (New Zealand and international) that aim to prevent and/or manage these risks to human health, as well as describing the potential health co-benefits that can accrue from well-designed policies that support climate-resilient development.

Key definitions relevant to this position statement

SUSTAINABILITY

"a dynamic process that quarantees the persistence of natural and human systems in an equitable manner"

Source: The Intergovernmental Panel on Climate Change (IPCC) Working Group II: Impacts, Adaptation and Vulnerability, Annex II, 2014

HEALTH

"A state of complete physical, mental and social wellbeing and not merely the absence of disease or infirmity"

Source: World Health Organization (1946): Preamble to the Constitution of the World Health Organization as adopted by the International Health Conference; New York, 19 June - 22 July 1946; signed on 22 July 1946 by the representatives of 61 States (Official Records of the World Health Organization, no. 2, p. 100) and entered into force on 7 April 1948.

HEALTH SYSTEM

"all the activities whose primary purpose is to promote, restore or maintain health"

Source: The world health report (2000). Health systems: improving performance. Geneva, World Health Organization, 2000, p.5

ENVIRONMENTALLY SUSTAINABLE HEALTH SYSTEM

'A health system that improves, maintains or restores health, while minimizing negative impacts on the environment and leveraging opportunities to restore and improve it, to the benefit of the health and wellbeing of current and future generations'

The World Health Organization (2017). Environmentally sustainable health systems: a strategic document WHO Regional Office for Europe (p. IV)

Introduction

Background

Global warming² and subsequent global climate change are consequences of anthropogenic emissions, mainly from fossil fuel–based power generation and transport, agriculture, and industry, which increase the heat-retaining capacity of the lower atmosphere³ [9,10]. Global warming is part of a larger set of human-induced global environmental changes which include land degradation, ocean acidification, depletions of the ozone layer, reduced soil fertility and fresh-water resources, and disruptions to biodiversity stocks and ecosystem functioning [9].

The global scale and economic intensity of contemporary human activity are unprecedented [11,12]. Increasingly, interrelated and widespread environmental impacts are resulting from population growth, intensive economic activities, urbanisation, and consumerism [12-14]. These global changes fundamentally influence patterns of human health and health care activities [7,9,12,15-21]. Human-induced global warming has already caused multiple observed changes in climate systems [2,10,22].

Human activities are estimated to have already caused approximately 1.0°C of global warming above pre-industrial levels (likely range of 0.8°C to 1.2°C) [3,6]. Global warming is likely to reach 1.5°C between 2030 and 2050 if emissions continue to increase at the current rate (BOX 1) [6]. Pathways limiting global warming to 1.5°C will require rapid and far-reaching transitions in energy, land use, urban infrastructure, and industrial systems (including transport and buildings) [6]. Limiting global warming to 1.5°C will also require future large-scale deployment of carbon dioxide removal technologies (CDR) [23] and can only be achieved if global CO₂ emissions start to decline well before 2030 [6]. Without these global actions, the world will exceed its carbon budget and may experience high levels of warming (4-6°C) by 2100 [6]. Warming in the range of 4–6°C will result in many populated areas of the world being unable to support human health and wellbeing.

BOX 1

Why the 1.5°C threshold?

At the 2015 Paris Climate Conference, 195 nations agreed to curb greenhouse gas emissions sufficiently to limit global warming to "well below" 2 degrees Celsius above preindustrial levels. However, many nations called for the goal of 'pursuing efforts to limit' global temperature rise to 1.5°C above pre-industrial levels (the 1.5 degrees target having first been proposed within UN Climate Change documents in 2010, or earlier). Subsequently, the 1.5 degrees target has been adopted as the lower temperature value in climate modelling scenarios. Current modelling highlights stark environmental differences between the two warming targets (i.e., 1.5°C vs. 2°C) [22].

However, the 2018 IPCC's analysis now predicts that the 1.5° C temperature threshold will be exceeded around 2050. The IPCC state that "negative emissions" will be required to bring the temperatures back down after overshooting 1.5° C mid-century. However, the technologies required, such as carbon capture and storage, are not yet commercially viable [6,22].

The scale of future risks to human health and wellbeing generally depend on numerous interactions between specific hazards, exposures, and vulnerability. Climate-related risks for natural and human

Page | 10

² In this Background Paper, the term *global warming* refers to a gradual increase in average global surface temperature (as one of the consequences of anthropogenic emissions) and the term *climate change* describes the resultant amplification of natural climate variability.

 $^{^3}$ This list only includes emissions, however, deforestation also increases the net carbon dioxide (CO₂) in the atmosphere by reducing the amount of natural carbon dioxide removal.

systems depend largely on the future magnitude and rate of warming, geographic location, levels of development, and ultimately on the choices and implementation of mitigation and adaptation options [10,22]. The effects of climate change are being felt today, and have been described as representing an 'unacceptably high and potentially catastrophic risk to human health' [2, p.1861] which 'threaten[s] to undermine the past 50 years of gains in public health' [1, p.581].

Climate change in New Zealand

The IPCC [Australasia] report concludes that increased atmospheric warming is 'almost certain' for New Zealand as the 21st century progresses [24]. Projected overall changes for New Zealand have been calculated using a regional climate model developed by the National Institute of Water and Atmospheric Research (NIWA) and the New Zealand Ministry for the Environment [8]. The model estimated that mean temperature will increase for New Zealand (relative to the 1986-2005 period) by 1.6°C by 2110. In New Zealand, annual average temperatures have already risen 0.92°C, over the period 1909 to 2015, and coastal sea levels show an average increase of 1.7 mm per year between 1900 and 2013 [25]. Both temperature and sea level are expected to continue to rise.

These changes in average temperature will have large effects on the likelihood and frequency of future extreme weather events [24] and local and regional differences in the type and extent of the consequences are expected [20]. In New Zealand, populations living in different social, economic, and physical conditions will be affected differently by climate changes. Low-income and remote populations are more vulnerable to physical hazards, undernutrition, infectious diseases, and the health consequences of displacement [18]. The list below summarises the health risks that are related to climate change, by category, sourced from both New Zealand specific and global analyses [1,2,6,8,17,18,20,26,27].

Primary health effects/risks include death, injury, and/or loss of public welfare that may result directly from:

- drought
- heat waves
- wildfire
- wind and storms
- heavy rainfall
- flooding
- landslides
- sea level rise
- coastal inundation
- increased ultraviolet radiation
- decreased air quality.

Secondary health effects/risks that are related to changes in biophysically and ecologically based processes and systems include:

- emerging/re-emerging infectious disease
- changes to infectious-disease vectors
- changes to intermediate-host ecology increases in toxin-producing organisms
- increases in antimicrobial resistant bacteria
- health effects related to cancer, cardiovascular disease, stroke and nutritional risk factors
- undernutrition related to disruption of food production and water supply (including access to drinking and irrigation water).

Tertiary health effects/risks include:

- social change and population displacement/migration to New Zealand
- social and economic disruptions (diverse health consequences of livelihood loss)
- child development and life-course/adult health
- mental health and stress-related disorders, and neurological diseases and disorders
- health effects related to food security and safety
- effects on occupational health

- consequences of tension and conflict (domestic and international) owing to climate changerelated declines in basic resources
- poverty and disadvantage increased effects of aesthetic and cultural impoverishment.

Towards environmentally sustainable health care

Approaches to environmental sustainability within private and public organisations have evolved significantly over the past 50 years, from a basic compliance approach to an environmental stewardship approach [18,28,29]. During the era of compliance (1970s-2000s), most organisations applied a fragmented, often minimal, reactive approach in order to comply with regulations or to deal with emergencies [30]. For the health sector, the stewardship approach involves the efficient management of all physical, financial, and human resources, including upstream inputs of goods and services and downstream clinical and non-clinical waste. Current approaches to stewardship (or sustainable development) in health care anticipate change and are based on the relationships between human health, wellbeing, and the environment. The World Health Organization defines an environmentally sustainable health system as a health system that:

'improves, maintains or restores health, while minimizing negative impacts on the environment and leveraging opportunities to restore and improve it, to the benefit of the health and well-being of current and future generations' [29, p. IV].

Through stewardship, innovation can arise from a recognition of the synergies that exist between health and the environment, and of the need to address modifiable upstream determinants of health. This means a strong focus on actively identifying win—win solutions (co-benefits) whereby environmental sustainability actions reinforce core service delivery. Co-benefits provide an important framework for public health action on climate change [18,28,29,31]. The WHO definition of an environmentally sustainable health system also highlights the focus on social equity (BOX 2), the fair access to resources, and the fair distribution of costs and benefits across and between generations. Financial sustainability, environmental sustainability, and improving the quality of care (including equity) can be framed and

BOX 2

Equity

The principle of equity is central to issues of environmental sustainability – recognising that many of the impacts of global warming, and some potential impacts of the mitigation actions required, fall disproportionately on the poor and vulnerable [6,38].

Māori health and equity

operationalised as complementary goals.

Climate change will result in different exposures and degrees of impact for different population groups; depending on geographic location, age, ethnicity, health status, socioeconomic circumstances, and other pre-existing vulnerabilities [32,33]. Māori, Pacific people, the elderly, and low-income groups in New Zealand are at greater risk of many of the adverse health impacts of climate change, compared with the general population [34,35].⁴ A disproportionately high number of Māori and Pacific people in New Zealand live in deprived circumstances, and deprivation is a significant driver of poor health outcomes [36-38]. Māori may also experience unique impacts related to indigenous relationships with the environment and/or cultural impoverishment [38].

Exposures related to climate change can be expected to exacerbate pre-established and disproportionate burdens and susceptibilities to disease for Māori, across many health conditions

Page | 12

⁴ Many equity issues for Māori may also be experienced by Pacific Peoples living in New Zealand and by low income New Zealanders.

[38]. These effects will act most strongly on the more climate-sensitive conditions, such as water/food/vector-borne diseases, direct injuries due to extreme weather events, respiratory diseases, heat stress, and mental health conditions [1,2,20,39]. Further, reduced agricultural production could lead to higher unemployment, and wide-ranging economic and social impacts, including impacts on income distribution, attitudes and health behaviours, and these impacts may be disproportionately severe for Māori [40]. Overall, climate change will increasingly exert an influence on and through the broader social determinants of health in New Zealand and globally, and progress on adaptation will require the health sector to increasingly engage with the multiple sectors outside health, in areas such as trade, agriculture, employment, and education [41,42].

Advocacy

Attention to the related health effects of climate change, and the necessary responses, is growing both in the media and in academic publications [1]. Contributions from within the health professions are increasingly seen as essential in driving sustained progress on reducing emissions, and realising the local and global health benefits of climate action [1]. The need for advocacy in public health is not new. The 1986 Ottawa Charter [43] has long highlighted advocacy as a fundamental strategy for advancing health as a major resource for social, economic and personal development, and an important dimension of quality of life. Most definitions of public health reinforce that public health is future—orientated and depends on 'the organised efforts of society'⁵ [44,45]. The World Health Organization continues to highlight the need for the health sector to 'advocate social change as a means for sustainable improvement of population health' [37, p.175]. Moreover, the principle of moral equality⁶ provides strong ethical grounds for the health community in particular, to advocate for climate change action on behalf of current and future generations [45]. Advocacy is required to raise attention and sustain support for climate change actions and this requires the development and implementation of a health sector strategy for high-level strategic communication [1,2,37].

⁵ Adapted from the 'Acheson Report', the *Report of the Committee of Inquiry into the Future Development of the Public Health Function*. London, 1988.

_

⁶ The principle that no one individual is intrinsically superior to, or worth more than, another.

Mitigation

Carbon accounting

The first step towards system-wide emission reductions for an organisation is to measure its carbon footprint; or the *total* (direct and indirect) greenhouse gas emissions⁷ of the organisation occurring over a given time frame or event. Carbon accounting can produce a detailed breakdown or profile of the relative contributions across the different sources of emissions (called scopes) [46-50]. The emission profile can then be used to inform planning and mitigation actions. There are three defined groupings or Scopes of emissions as set out in the *Greenhouse Gas Protocol*, the internationally adopted guidebook on carbon accounting methods [50]. Table 1 provides an example overview of the greenhouse gas Scopes 1, 2 and 3 as applied to a health system in a developed country (in this example, the NHS England, 2015) [51].

Table 1: Summary of Greenhouse Gas Protocol Scopes 1, 2 and 3, applied to a health care system

Scope	Description	Summary	Contribution ^A
1	Scope 1 emissions are the <i>direct</i> emissions emitted from the burning of fossil fuels to generate heat and electricity, onsite. Plus the direct emissions from health-organisation owned vehicles such as fleet and patient transport services, other incinerators or combustion processes, and emissions from chemical production where the equipment is owned and operated by the health-organisation/entity. Scope 1 emissions account for approximately 20% of the total CO ₂ e emissions in this example.	Direct, by- products of combustion (for heat, power, and transport: on- site.	≈20%
2	Scope 2 emissions are those indirect CO_2 e emissions attributable to the generation of electricity off-site ^C that is purchased and consumed on-site. Scope 2 emissions account for approximately 20% of the total CO_2 e emissions in this example.	Indirect by- products of electricity generation: off-site.	≈20%
3	Scope 3 emissions are those <i>indirect</i> CO ₂ e emissions attributable to the production of materials used for buildings and health care infrastructure, the procurement of goods and services used in the delivery of health services, and patient, visitor and staff travel. ^D Scope 3 emissions account for approximately 60% of the total CO ₂ e emissions in this example.	Indirect, everything else: off-site.	≈60%

^AThe relative contributions from each scope are likely to be country/organisation/time-specific. A country's electricity generation profile will influence the relative contributions (the table should be considered as an example only).

^B Direct CO₂ emissions from the combustion of biomass (e.g., in a wood-fired boiler) are reported separately.

^c Scope 2 emissions physically occur at the power station where electricity is generated.

^D These emissions occur as a consequence of the activities of a health-organisation, but occur from sources not owned or controlled by the health-organisation (e.g., pharmaceuticals and medical devices; transportation of purchased fuels and other goods; employee business travel, employees commuting, transportation of waste, and emissions generated during the production of electricity that is consumed/lost in a transmission and distribution system).

⁷ Climate change is largely attributable to emissions of carbon dioxide (CO_2) , hence other greenhouse gasses are equivalised to CO_2 's warming potential.

The Scopes 1, 2, and 3 cover three fundamental categories of emissions: emissions generated by the production of heat and electricity (on-site), emissions attributable to the generation of grid electricity (off-site), and 'everything else'. These broad categories can be further broken down into numerous sub-categories, such as heating, lighting, travel to-and-from health care sites by patients and visitors, staff commuting and business travel, and notably, embedded carbon emissions associated with the procurement of goods and services used in health care delivery.

Scope 1 and Scope 2 emissions are relatively easy to identify and quantify as they relate to energy consumption activities that occur within an organisation's operational boundary. These energy-related emissions may account for approximately 40% of a health system's total carbon footprint (depending on a country's electricity generation profile or 'percent renewable' and the influence this has on Scope 1 and Scope 2 emissions). Scope 3 emissions have been shown to account for approximately 60% of a developed country's health system's total CO₂e emissions, based on a number of carbon footprinting studies [46,51-54]. In particular, procured pharmaceuticals, single-use medical devices, and medical equipment typically contribute the most within the Scope 3 category [55], as well as non-medical goods (e.g., food) and building/construction [52]. Health systems also procure substantial volumes of services from external contractors, and these procured services also contribute to Scope 3 emissions. The Appendix extends Table 1 and provides a detailed example of the application of carbon accounting principles to an entire health system. International research in the US, Australia and the UK⁸ [46,51,56-59] has shown that it is necessary to pursue carbon reductions across all categories, because no one category has the potential for the scale of savings necessary to meet current global emission targets [47,56].

Applying carbon accounting to prioritisation and decision-making processes As already outlined, the primary purpose of carbon accounting is to produce an emissions profile that is sufficiently detailed to inform planning and decision-making about future mitigation initiatives. The challenge for decision-makers, in this regard, is to effectively prioritise and implement a complementary selection of mitigation initiatives that together result in the most economically-efficient carbon reductions, taking into account the cradle-to-grave [60] environmental costs of service delivery and other practicalities (BOX 3) [12,31,61,62]. In selecting mitigation initiatives (particularly for energy-emissions), it is necessary to take account of interactions and overlaps between initiatives. Interactions concern situations where the potential carbon savings from one initiative are reduced because another technology or approach has already been implemented.

⁸ Sustainable Development Unit NHS carbon footprint publications relating to 2004, 2007, 2010, 2012, and 2015, are available at: http://www.sdu.nhs.uk/corporate-requirements/measuring-carbon-footprint/nhs-carbon-footprint.aspx

In practice, prioritising abatement measures involves simultaneously considering different initiatives that broadly fit within two main approaches: (1) energy generation/efficiency and (2) non-energy emissions. The energy-generation approach typically involves energy infrastructure projects such as converting coal-fuelled boilers to biomass-fuelled boilers (e.g., wood chip) or installing combined-heat-and-power plants in hospital settings (i.e., targeting Scope 1 emissions). The energy efficiency approach focuses on Scope 2 emission reduction projects such as lighting upgrades, insulation, and/or other energy saving initiatives within hospitals and other facilities [48,50]. While fundamentally important, the abatement potential of energy projects is to some extent limited, because their total contribution to a health system's carbon footprint is likely to be less than 30% (see Appendix).

The non-energy initiatives focus on Scope 3 emissions. This broad category of emissions includes all emissions that occur as a consequence of the activities of a health-organisation, but occur from sources not owned or controlled by the health-organisation.

Most health systems in developed countries have yet to start the transition to upstream carbon accounting that

substantively includes Scope 3 emissions. To date, most measurement and mitigation projects have been focused on energy-related emissions. However, informative work has been undertaken by the UK National Health Service over the last ten years [47,51,56,57] and by other health systems including the US [58] and more recently Australia [46].

One consistent rule-of-thumb that *has* been demonstrated [12,31,63] is that it is ideal to pursue the most economically-efficient carbon reductions first, to their maximum potential. This principle applies even when upfront capital costs may be relatively high, or when implementation is perceived as difficult, because failing to do so may lead to the overall cost of mitigation and adaptation measures being considerably higher over the longer term [12,31,63]. By applying knowledge of the emission scopes and the best available carbon abatement initiatives, planners and decision-makers can weigh the relevant practical, operational, clinical, and economic factors, alongside current and future projected health burdens, and the cost of any essential social safeguards [64].

BOX 3

Cradle-to-grave analysis of the environmental costs of goods and services

Life Cycle Assessment (LCA) is the 'cradle-to-grave' analysis of the environmental costs associated with a given product or service (covering manufacture, use and disposal) and LCA can be applied to examine the environmental effects of an entire supply chain in health care [60,61]. Impacts are all-inclusive, covering resource consumption, release of greenhouse gases, and generation of solid waste. LCAs use economic input-output carbon accounting methods to provide a comprehensive picture by ensuring that both the direct and indirect effects are captured [67].

-

⁹ Note: Scope 3 is not entirely non-energy because it also includes fuel consumed for staff, patient, and visitor travel, and lifetime emissions from all medical products used by patients in home-care settings.

Procurement emissions: hot-spots, and possible solutions

The hot-spots approach to reducing procurement emissions initially involves identifying those high-carbon aspects of service delivery that are also the most amenable to optimisation. Then, low carbon procurement seeks to work with suppliers, and to procure goods, services, works, and utilities with a reduced carbon footprint, throughout their life cycle. Identifying goods and services that produce high levels of greenhouse gas emissions may also highlight areas where potential cost savings can be made. Low carbon procurement can lead to substantial reductions to the organisation's overall carbon footprint [65] and this is particularly relevant to clinical settings because many of the consumables used, such as pharmaceuticals and anaesthetic gasses, contain particularly high levels of embedded carbon. Low carbon procurement strategies can be applied across all settings, including primary care, hospitals and other facilities, as well as patients' homes [48].

Because detailed information is needed to calculate the environmental impacts of each individual product of service used by a provider, spend-based models and industry averages, using pharmaceutical and medical device guidelines [66], are now available and are often used to calculate an organisation's procurement emissions [47,48,50,65]. For products or services not covered by existing guidelines, a standardised approach to calculating these emissions has been developed, and detailed guidance is available from the *Publicly Available Specification for assessing the life cycle GHG emissions of goods and services* (BOX 4) [67].

Procurement patterns reflect a health system's decisions about the design of specific care pathways and/or the state of optimisation across existing services [68]. Optimisation strategies can include, for example, investing in prevention early in care pathways, opting for e-solutions that strengthen self-care, and/or delivering care at patients' homes, and all of

BOX 4

The PAS 2050

The PAS 2050 [67] is a publicly available specification providing a method for assessing the life cycle greenhouse gas emissions of goods and services (jointly referred to as "products").

Originally published in 2008, the 2011 revision is now parent to an expanding family of specifications, providing tailored guidance for individual sectors to enable the most effective application of carbon footprinting and supply chain management.

these approaches can act to influence the size and type of demand for goods and services, and therefore contribute to improved environmental, health, and wellbeing outcomes [68].

Optimisation can initially focus on obvious product substitutions; guided by a substantial body of research that has now identified and short-listed the pharmaceuticals and other procured items that are the most greenhouse intensive. Top-20 lists have been compiled for pharmaceuticals as well as a range of medical items (based on aggregating the ranking for cost, quantity and greenhouse gas estimates). The published lists prioritise items for further investigation and provide a starting point for a systematic approach to reducing procurement emissions. Lower impact product alternatives may be immediately available for full or partial substitution or small changes to a care pathway may enable additional pharmaceutical choices and/or waste reductions [48,49,53]. When lower impact product alternatives are not readily available, working with suppliers to reduce the carbon intensity of the supply chain, via modifications to product specifications, can bring about some of the larger reductions in emissions, over the longer term.

In summary, accounting for and acting on Scope 3 emissions is not without complexity, and there remain significant gaps in the evidence base on procurement, as it relates to health system

sustainability. Further assessments of environmental impacts are needed, both at the level of individual care facilities and at the system level [52]. However, despite these knowledge gaps, a large amount of easily accessible information is now available to inform sustainable procurement planning and action. A useful starting point is to apply cradle-to-grave [69] assessments to a small number of selected business-as-usual care pathways, using product guidelines and product hot-spot lists. Incrementally, this approach can progress to applying environmental and social/ethical criteria to all tendering processes [48,50,67].

Future opportunities within the New Zealand health sector

There is considerable scope to improve environmental sustainability practices within the New Zealand health sector, with large potential for operational cost savings [70-73].8 However, as yet, there is no legislation, national framework, or mandate to support this work, despite sufficient international expertise [50,67,74]. Nevertheless, noteworthy regional-level work has been undertaken by select District Health Boards via the Carbon Emission Measurement and Reduction Scheme (CEMARS). 10 In these accreditations/assessments, comprehensive data have been collected across Scope 1 and Scope 2 emission inventories to meet or exceed the mandatory reporting standard. However, the reporting standard for Scope 3 emissions allows for considerable discretion, and to date, Scope 3 emissions have not been extensively reported in New Zealand. For example, Table 2 shows the coverage of Scope 3 emissions for Canterbury and Counties Manukau District Health Boards via the CEMARS programme for 2017; compared with the full range of possible Scope 3 items/categories as specified in the Greenhouse Gas Protocol (the international standard with which CEMARS conforms). The table shows that the Scope 3 emissions reported by the two District Health Boards' examples do not include the major categories of pharmaceuticals and medical instruments/devices, commissioned health services from outside system, or food and catering. A standardised and expanded approach to Scope 3 reporting in New Zealand would provide broader, and more in-depth information to guide future health sector emission reduction initiatives [1].

 $^{^{10}}$ CEMARS $^{\circ}$ a wholly owned subsidiary of Landcare Research and 100% owned by the New Zealand Government.

Without comprehensive Scope 3 data, service providers lack much of the information needed to be able to understand and effectively manage their future sustainability.

Table 2: Comparison of included Scope 3 emissions for the Canterbury District Health Board CEMARS programme and Counties Manukau CEMARS programme, compared with the full range of Greenhouse Gas Protocol Scope 3 emissions, 2017

The Greenhouse Gas Protocol Scope – 3 emissions*	CEMARS p	CEMARS programme	
GHG protocol Scope 3 sources (non-exhaustive) ranked by contribution	Canterbury	Counties Manukau	
Pharmaceuticals			
Commissioned health services from outside system			
Medical Instruments/devices			
Food and catering			
Freight transport			
Meter-Dose inhalers			
Air travel - domestic and international			
Transport – private car for work-related transport			
Taxi			
Other staff transport (shuttle bus)			
Staff commuting to and from work			
Construction			
Paper products (office paper)			
Waste products and recycling			
Anaesthetic gases			
Other products			
Other services (e.g. linen services)			
Home use of medical devices (e.g., electricity used to run CPAP machine)			
ITC technologies			
Water and sanitation			
= included = not included			

^{*} Scope 3 emissions have been estimated to account for the majority of a health system's total GHG emissions (the balance being energy-related emissions – in one form or another). The exact proportions will differ from country to country based on different energy generation profiles and other factors.

Climate change threats to health also highlight the vital requirement for improved leadership, and population-based planning. Anticipatory action is necessary [75] because the ability to mount responses in any future circumstance might be limited by the degradation of infrastructure and by the economic stressors that climate change brings [15]. Health systems need to maintain a platform for the delivery of clinical services but they also need to provide the foundation for an effective public health response to the many climate-induced threats to health [1,2,15]. Therefore, at national and subnational levels, long-term strategies and investments will continue to be needed to develop the clinical, management, and human capacity of health systems [15].

Whole-of-system planning will be most effective when focused on organisational change – to embed sustainability principles and practices in all policies, operations and technologies, across the health system. As a starting point, planning might be based on WHO best practice guidelines [21]; including a focus on energy efficiency, environmentally sensitive building design, alternative energy generation, transportation (staff, patient and community), and limiting embedded carbon emissions from procured goods and services [49].

Co-benefits

Further opportunities lie in the leveraging of health co-benefits. There is growing recognition that the implementation of low-carbon policies can have substantial near-term health co-benefits through multiple overlapping pathways [31] (see Box 5 for examples). Co-benefits are the positive effects that a carbon reduction policy or measure might have on other objectives. Co-benefits and their related cost savings are often not taken into account in decision making processes¹¹ [76] but the economic co-benefits of climate change mitigation policies *can* be put forward as a forceful argument for policy makers to take action [76]. Initiatives that effectively leverage co-benefits to reduce greenhouse gas emissions can bring about strong positive welfare effects [31].

Common pathways to health co-benefits include promoting and facilitating low-carbon transport such as walking, cycling, and public transport; which in turn can improve physical activity levels, therefore lowering the incidence of heart disease, cancer, obesity, musculoskeletal disease, Type 2 diabetes, and some mental health conditions. Active transport also reduces air pollution (and hence respiratory disease) and road traffic injuries [77,78]. Electronic health interventions (eHealth) are another group of interventions that can generate important co-benefits. A range of e-health interventions have been shown to reduce carbon emissions *and* improve access to care, reduce demand for care, improve health outcomes, and reduce out-of-pocket expenses through reduced need for patients to travel [79]. Other health benefits can accrue via socioeconomic pathways, for example, the reduction of out-of-pocket health expenses for households can improve the affordability of good nutrition and other health promoting activities [2,31]. Even so, compensatory and/or redistributive measures may be required in some circumstances [40].

Overall, health and equity co-benefits associated with climate change mitigation have the potential to significantly reduce the burdens (costs) on health care systems [1,21,32]. Analyses [80] using data from the Global Burden of Disease Study 2015 [81] show that the health co-benefits of meeting commitments under the Paris Agreement are 'potentially immense', reducing the burden of disease for many of the greatest health challenges today and in the future [1, P.601]. Projected climate change effects will impact human health mainly by exacerbating health problems that already exist (at least until mid-century) [10]. Therefore, mitigation and adaptation mechanisms are likely to be most efficient and cost-effective when they recognise locally relevant scenarios of future change (i.e., continue to work on well-understood historical health problems) and when they seek to exploit co-benefits to maximum effect [10].

_

¹¹ Likely because they are not easy to capture and some potential wellbeing impacts and/or cultural value(s) cannot be fully monetarised.

BOX 5

Examples of carbon reduction measures applicable to health systems, the overlapping pathways, and a range of health co-benefits

Mitigation measures ===



- Develop infrastructure for renewable energy generation, distribution, and use
- Improve the energyefficiency of buildings/ increase heating and cooling efficiency (includes insulation)
- Reduce emissions associated with procured goods and services
- Decrease distances between service providers and service users
- Decrease air travel
- Promote telecommuting/working remotely, telemedicine, and low-carbon models of care
- Promote active transport
- Use of lower emission vehicles
- Use locally produced fruit and vegetables and less food from animal sources (e.g., within hospital kitchens)

Overlapping pathways



- Reduced costs
- Lower CO₂ emissions
- Improved air quality
- Reduced indoor humidity and more comfortable temperature
- Increased physical activity
- Less noise from transport
- Reduced exposure to motor vehicles
- Less livestock production and associated deforestation and less methane emissions
- Improved nutrition and social capital from locally grown food

Health benefits

- Fewer deaths and injuries from extreme weather events
- Reduced susceptibility to heat-related illnesses due to decrease in heat island effects
- Reduced levels of respiratory illnesses
- Reduced likelihood of heart disease, cancer, obesity, musculoskeletal disease, and Type 2 diabetes
- Reduced motor vehicle injuries and fatalities
- Improved mental health
- Reduced spread of vector-borne diseases to new areas

Adapted from: Frumkin et al. (2008); lacobucci (2016); Watts, et al. (2015); Younger et al. (2008)

Adaptation

Adaptation in this context means 'adjustment in natural or human systems in response to actual or expected climate stimuli or their effects, which moderates harm or exploits beneficial opportunities' [82, p.1758]. Mitigation will not be sufficient as the need for adaptation is already locked in [6,17]. Therefore, there is a need for the health sector to plan for the inevitable health impacts of climate change in coming decades [22,71]. Adaptation to climate change can reduce existing and near-term risks. However, a number of potential barriers to public health adaptation to climate change have been identified; including, uncertainty about future socioeconomic and climatic conditions as well as a range of financial, institutional, and skills/knowledge gaps within health institutions [83]. These barriers can constrain the recognition of climate change effects and the actions required [83].

Suggested approaches for health sector institutions include; placing a high priority on research aimed at clarifying the potential health impacts of climate change, including scenario-based projections of local-level health impacts, identifying and clarifying the health co-benefits of potential mitigation strategies, and evaluating the cost-effectiveness of potential options [83]. While some of these approaches build on conventional health sector activities, others (for example, local-level scenario-based projections of climate change health impacts) will require health agencies to develop new skills, methods and tools, and broader collaborative relationships within other sectors. These collaborative relationships will become essential as the adaptive capacity of the health sector alone will have a limited impact, partly because the environmental determinants of health are complex and are largely outside the direct influence of the health system [42,64].

There is a strong argument for strengthening public health services' climate change planning and response capability. As one example approach, the US Centers for Disease Control and Prevention (CDC) has proposed a 5-step climate change adaptation framework "Building Resilience Against Climate Effects" (BRACE) to facilitate climate readiness in public health agencies [84]. The BRACE framework steps are:

- forecasting climate impacts and assessing vulnerabilities
- projecting the disease burden
- assessing public health interventions
- developing and implementing a climate and health adaptation plan, and
- evaluating impact and improving the quality of activities [84].

As a further example, Table 3 provides a brief list of potentially relevant climate change actions (selected examples only). These actions build on and extend conventional public health activities. A comprehensive response will involve adapting all of the 'building blocks' broadly common to all health systems, including leadership and governance, health workforce, health information systems, infrastructure, essential medical products and technologies, and service delivery [42]. Within the health sector, substantial investment in sustainable infrastructure and systems will be required to limit the economic and health impacts of climate change and to ensure the sustainable delivery of health services, in the face of increased demand.

Table 3: Examples of climate change adaptation activities relevant to New Zealand health care settings

Secondary prevention (Adaptation)

- Tracking of diseases and trends related to climate change.
- Program assessment of various preparedness efforts.
- Research on the local-level health effects of climate change, including innovative techniques such as scenario-based modelling, and research on optimal adaptation strategies.
- Training of health care providers on health aspects of climate change.
- Public health partnerships with industry, other professional groups, and others, to craft and implement solutions.
- Promote written heat response plans to reduce heat-related morbidity and mortality.
- Preparing for and responding to climate change-related public health emergencies, such drought, heat waves, wildfire, wind and storms, heavy rainfall, flooding, landslides, coastal inundation.
- Enforce laws and regulations that protect health and ensure safety (although probably little role for public health).
- Develop a coordinated adaptation plan
- Build capability and capacity in climate change adaptation across public health units/DHBs. Adaptation must be
 recognised as an essential part of the climate change agenda now (alongside the legislative attention being given to
 climate change mitigation) because all of New Zealand will be impacted by the changing climate.
- Engage in broader collaboration with other sectors.
- Strengthen all public health programmes.
- Support vulnerable communities.
- Advocacy.

Source: adapted from The Climate Change Adaptation Technical Working Group (2018). Adapting to Climate Change in New Zealand; Frumkin et al. (2008). Climate change: the public health response; and McMichael (2013). Globalization, climate change, and human health [17,31,75].

Conclusion

The health sector is increasingly considering and responding to the health effects of climate change [1]. Future climate-resilient development within health care will require a mix of mitigation and adaptation measures consistent with profound societal and systems transformations [6]. Ambitious mitigation actions are crucial to limiting future warming [6]. Significant adaptation actions will be needed to manage the impacts of climate change over the long term; primarily by reducing vulnerabilities and exposure to its harmful effects. The health system has important roles to play in achieving longer-term sustainable development, including advocacy, building resilience, and enhancing human capacities to adapt, all while paying close attention to equity and wellbeing for all [6].



References

- 1. Watts N, Amann M, Ayeb-Karlsson S, Belesova K, Bouley T, et al. (2018) The Lancet Countdown on health and climate change: from 25 years of inaction to a global transformation for public health. *The Lancet* 391: 581-630.
- 2. Watts N, Adger WN, Agnolucci P, Blackstock J, Byass P, et al. (2015) Health and climate change: policy responses to protect public health. *Lancet* 386: 1861-1914.
- 3. USGCRP (2018) Impacts, Risks, and Adaptation in the United States: Fourth National Climate
 Assessment, Volume II Reidmiller DR, C.W. Avery, Easterling DR, Kunkel KE, Lewis KLM et al.,
 editors. Washington, DC, USA: U.S. Global Change Research Program.
- 4. UNFCCC. (2015) Conference of the Parties, Twenty-first session, Paris, 30 November to 11

 December 2015. Adoption of the Paris Agreement Conference of the Parties 12/12/2015.

 Paris: United Nations Framework Convention on Climate Change.
- 5. United Nations (2015) Framework Convention on Climate Change: Paris Agreement. Adoption of the Paris Agreement Conference of the Parties 12/12/2015. Paris, UNFCCC.
- 6. IPCC (2018) Global warming of 1.5°C. An IPCC special report on the impacts of global warming of 1.5°C above pre-industrial levels and related global greenhouse gas emission pathways, in the context of strengthening the global response to the threat of climate change, sustainable development, and efforts to eradicate poverty [V. Masson-Delmotte, P. Zhai, H. O. Pörtner, D. Roberts, J. Skea, P.R. Shukla, A. Pirani, W. Moufouma-Okia, C. Péan, R. Pidcock, S. Connors, J. B. R. Matthews, Y. Chen, X. Zhou, M. I. Gomis, E. Lonnoy, T. Maycock, M. Tignor, T. Waterfield (eds.)]. In Press.
- 7. IPCC (2014) Climate Change 2014: Synthesis Report. Contribution of Working Groups I, II and III to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change, Core Writing Team, R.K. Pachauri and L.A. Meyer (eds.) Geneva, Switzerland. 151 p.
- 8. Ministry for the Environment (2016) *Climate Change Projections for New Zealand: Atmosphere Projections Based on Simulations from the IPCC Fifth Assessment*. Wellington: Ministry for the Environment.
- 9. Rockstrom J, Steffen W, Noone K, Persson A, Chapin FS, 3rd, et al. (2009) A safe operating space for humanity. *Nature* 461: 472-475.
- 10. IPCC (2014) Summary for policy makers. Contribution of working group II to the fifth assessment report of the Intergovernmental Panel on Climate Change: impacts, adaptation, and vulnerability.
- 11. Lee K, Yach D, Kamradt-Scott A (2012) Global health diseases, programs, systems and policies. In: Merson MH, Black RE, Mills AJ, editors. Globalization and health. Burlington, MA: Jones and Bartlett Learning. pp. 885-913.
- 12. Stern N (2006) Stern review on the economics of climate change. London: Blackwell Publishing.
- 13. Hibbard KA, Crutzen P, Lambin EF (2007) The great acceleration. In: Costanza R, Graumlich LJ, Steffen W, editors. Sustainability or collapse? An integrated history and future of people on earth: Dahlem Workshop Report 96. Cambridge, MA: MIT Press. pp. 417-446.
- 14. McNeill J, Engelke P (2014) The great acceleration: an environmental history of the anthropocene since 1945. In: Iriye A, editor. Global Interdependence: The world after 1945. Cambridge: Harvard University Press.
- 15. Costello A, Abbas M, Allen A, Ball S, Bell S, et al. (2009) Managing the health effects of climate change: Lancet and University College London Institute for Global Health Commission. *Lancet* 373: 1693-1733.
- 16. Labonte R, Mohindra K, Schrecker T (2011) The growing impact of globalization for health and public health practice. *Annu Rev Public Health* 32: 263-283.
- 17. McMichael AJ (2013) Globalization, climate change, and human health. *N Engl J Med* 368: 1335-1343.
- 18. McMichael AJ, Lindgren E (2011) Climate change: present and future risks to health, and necessary responses. *J Intern Med* 270: 401-413.

- 19. Shindell DT (2015) The social cost of atmospheric release. Clim Change 130.
- 20. The Royal Society of New Zealand (2016) *Climate change implications for New Zealand*. Wellington: The Royal Society of New Zealand.
- 21. WHO, Health Care Without Harm (2009) *Healthy hospitals, healthy planet, healthy people. Addressing climate change in health care settings.* Geneva: World Health Organization.
- 22. IPCC (2018) *IPCC special report on global warming of 1.5º C, summary for policymakers. 48th Session of the IPCC.* Incheon, South Korea: IPCC.
- 23. Thomas R, Graven H, Hoskins B, Prentice IC (2016) What is meant by 'balancing sources and sinks of greenhouse gases' to limit global temperature rise? Grantham Institute Briefing Note No 3. Grantham Institute.
- 24. Reisinger A, Kitching RL, Chiew F (2014) Australasia. In: Intergovernmental Panel on Climate C, editor. Climate Change 2014 Impacts, Adaptation and Vulnerability: Part B: Regional Aspects: Working Group II Contribution to the IPCC Fifth Assessment Report: Volume 2: Regional Aspects. Cambridge: Cambridge University Press. pp. 1371-1438.
- 25. Wong PP, Losada IJ, Gattuso JP (2014) Coastal systems and low-lying areas. Climate change 2014: Impacts, adaptation, and vulnerability. Part A: Global and sectoral aspects. Contribution of Working Group II to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change. Geneva, Switzerland: IPCC.
- 26. Bolton A (2018) *Climate Change and Environmental Health*. Wellington: Institute of Environmental Science and Research Limited.
- 27. Millennium Ecosystem Assessment (2005) *Millennium Ecosystem Assessment. Ecosystems and human wellbeing: health synthesis.* Washington DC: Island Press.
- 28. Sustainable Development Unit (2009) Fit for the Future: Scenarios for low-carbon healthcare 2030. Cambridge: NHS Sustainable Development Unit.
- 29. WHO (2017) Environmentally sustainable health systems: a strategic document WHO Regional Office for Europe. The Division of Health Systems and Public Health and the Division of Policy and Governance for Health and Well-being of the WHO Regional Office for Europe.
- 30. Bonini S (2012) The business of sustainability. Redwood City: California: McKinsey & Company.
- 31. Frumkin H, Hess J, Luber G, Malilay J, McGeehin M (2008) Climate change: the public health response. *Am J Public Health* 98: 435-445.
- 32. IPCC (2014) Climate Change: Impacts, Adaptation, and Vulnerability. Part A: Global and Sectoral Aspects. Contribution of Working Group II to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change; Field CB, V.R. Barros, D.J. Dokken, K.J. Mach, M.D. Mastrandrea et al., editors. Cambridge, United Kingdom and New York, NY, USA: Cambridge University Press. 1132 p.
- 33. Reisinger A, Kitching RL, Chiew F, et al. (2014) Australasia. Climate Change 2014: Impacts, Adaptation, and Vulnerability. Part B: Regional Aspects. Contribution of Working Group II to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change. Cambridge, United Kingdom.
- 34. Howden-Chapman P, Chapman R, Hales S, Britton E, Wilson N (2010) Climate Change and Human Health: Impact and Adaptation Issues for New Zealand. In: Nottage R, Wratt D, Bornman J, Jones K, editors. Climate Change Adaptation in New Zealand: Future Scenarios and Some Sectoral Perspectives. Wellington: New Zealand Climate Change Centre.
- 35. Jones R, Bennett H, Keating G, Blaiklock A (2014) Climate change and the right to health for Māori in Aotearoa/New Zealand. *Health and Human Rights Journal* 16: 54-68.
- 36. Friel S, Chopra M, Satcher D (2007) Unequal weight: equity oriented policy responses to the global obesity epidemic. *BMJ* 335: 1241-1243.
- 37. Marmot M, Friel S, Bell R, Houweling TA, Taylor S (2008) Closing the gap in a generation: health equity through action on the social determinants of health. *Lancet* 372: 1661-1669.
- 38. Bennett H, Jones R, Keating G, Woodward A, Hales S, et al. (2014) Health and equity impacts of climate change in Aotearoa-New Zealand, and health gains from climate action. *NZM J* 127.

- 39. The Climate Change Adaptation Technical Working Group (2018) *Adapting to Climate Change in New Zealand: Recommendations from the Climate Change Adaptation Technical Working Group.* Ministry for the Environment, Climate Change Adaptation Technical Working Group.
- 40. Chapman R, Boston J (2007) The social implications of decarbonising the new zealand economy. *Social Policy Journal of New Zealand* 31: 104-136.
- 41. Hassan FA (2009) Human agency, climate change, and culture: an archaeological perspective. In: Crate SA, Nuttall M, American Anthropological A, Society for Applied A, editors.

 Anthropology and climate change: from encounters to actions. Walnut Creek, Calif: Left Coast Press. pp. 39-69.
- 42. World Health Organization (2018) *COP24 special report: health and climate change*. Katowice, Poland: World Health Organization. 73 p.
- 43. World Health Organization. The Ottawa Charter for Health Promotion First International Conference on Health Promotion, 21 November 1986.; 1986; Ottawa. World Health Organization.
- 44. Acheson D (1988) *Public Health in England: The Report of the Committee of Inquiry into the Future Development of the Public Health Function*. London: Her Majesty's Stationery Office.
- 45. Graham H (2010) Where is the future in public health? The Milbank Quarterly 88: 149-168.
- 46. Malik A, Lenzen M, McAlister S, McGain F (2018) The carbon footprint of Australian health care. The Lancet Planetary Health 2: e27-e35.
- 47. Sustainable Development Unit and UK National Health Service (2016) *Carbon footprint update for the NHS in England 2015*.
- 48. Teuton J, Arnot J (2017) *Scope 3 emissions in the health sector: the case for action.* Glasgow: NHS Scotland, Scotlish (Managed) Sustainable Network.
- 49. Tomson C (2015) Reducing the carbon footprint of hospital-based care. *Future Hospital Journal* 2: 57–62.
- 50. World Resources Institute and World Business Council for Sustainable Development (2004) *The Greenhouse Gas Protocol: A Corporate Accounting and Reporting Standard*. Geneva, Switzerland WBCSD.
- 51. Sustainable Development Unit (2016) *Carbon footprint update for NHS in England 2015*. Cambridge: SDU.
- 52. McGain F, Naylor C (2014) Environmental sustainability in hospitals a systematic review and research agenda. *J Health Serv Res Policy* 19: 245-252.
- 53. Sustainable Development Unit (2012) *Goods and services carbon hotspots: NHS England breakdown of goods and services carbon footprint by organisation type* Cambridge: NHS Sustainable Development Unit.
- 54. Eckelman MJ, Sherman J (2016) Environmental Impacts of the U.S. Health Care System and Effects on Public Health. *PLoS One* 11: e0157014.
- 55. Suh S (2006) Are services better for climate change? Environ Sci Technol 40: 6555-6560.
- 56. Sustainable Development Unit (2013) *Carbon footprint update for NHS in England 2012*. Cambridge: SDU.
- 57. Sustainable Development Unit (2016) Measuring sustainability.
- 58. Chung JW, Meltzer DO (2009) Estimate of the carbon footprint of the US health care sector. *JAMA* 302: 1967-1972.
- 59. NHS England (2008) *NHS England carbon emissions carbon footprinting report*. National Health Service.
- 60. McIntosh A, Pontius J (2017) Chapter 1 Tools and Skills. In: McIntosh A, Pontius J, editors. Science and the Global Environment. Boston: Elsevier. pp. 1-112.
- 61. Hertwich EG, Peters GP (2009) Carbon footprint of nations: a global, trade-linked analysis. *Environ Sci Technol* 43: 6414-6420.

- 62. Younger M, Morrow-Almeida HR, Vindigni SM, Dannenberg AL (2008) The Built Environment, Climate Change, and Health: Opportunities for Co-Benefits. *American Journal of Preventive Medicine* 35: 517-526.
- 63. Stern N (2015) Why Are We Waiting? The Logic, Urgency and Promise of Tackling Climate Change. Cambridge:: MIT Press.
- 64. WHO (2017) Regional action on achieving the Sustainable Development Goals in the Western Pacific. Manila: WHO Regional Office for the Western Pacific.
- 65. Correia F, Howard M, Hawkins B, Pye A, Lamming R (2013) Low Carbon Procurement: An emerging agenda *Journal of Purchasing and Supply Management* 19: 58-64.
- 66. Sustainable Development Unit (2012) *International pharmaceutical and medical device* guidelines: International pharmaceutical and medical device guidelines. Cambridge: The Sustainable Development Unit, Public Health England.
- 67. British Standards International (2011) *PAS 2050:2011, Publicly available specification for the assessment of the life cycle greenhouse gas emissions of goods and services.* London: Department for Business Innovation and Skills.
- 68. Penny T, Collins M, Whiting A, Aumônier S (2015) *Care Pathways: Guidance on Appraising Sustainability Main Document*. London: Public Health England.
- 69. Peters GP, Hertwich EG (2008) Post-Kyoto greenhouse gas inventories: production versus consumption. *Climatic Change* 86: 51-66.
- 70. NHS Sustainable Development Unit (2010) Save Money by Saving Carbon: Decision Making in the NHS Using Marginal Abatement Cost Curves. Cambridge: NHS SDU.
- 71. McKinsey&Company (2009) Pathways to a low-carbon economy: Version 2 of the global greenhouse gas abatement cost curve. McKinsey&Company.
- 72. Tom Hazeldine WC, Laura Deller and Vasileios Paschos, and the NHS Sustainable Development Unit (2010) A Marginal Abatement Cost Curve for NHS England.
- 73. Kaplan S SB, Little K et al. Can sustainable hospitals help bend the health care cost curve? Issue Brief November 2012. The Commonwealth Fund.
- 74. NHS Sustainable Development Unit (2014) *Sustainable Development Management Plan (SDMP) Guidance for Health and Social Care Organisations*. Cambridge: NHS SDU.
- 75. Climate Change Adaptation Technical Working Group (2017) Adapting to Climate Change in New Zealand: Stocktake Report from the Climate Change Adaptation Technical Working Group. Wellington: Ministry for the Environment.
- 76. Wolkinger B, Haas W, Bachner G, Weisz U, Steininger K, et al. (2018) Evaluating Health Co-Benefits of Climate Change Mitigation in Urban Mobility. *International Journal of Environmental Research and Public Health* 15: 880.
- 77. Hosking J, Mudu P, Dora C (2011) *Health Co-benefits of Climate Change Mitigation Transport sector*. Geneva: World Health Organization.
- 78. Chan M (2009) Cutting carbon, improving health. Lancet 374: 1870-1871.
- 79. Holbrook AM, Thabane L, Shcherbatykh IY, O'Reilly D (2006) E-health interventions as complex interventions: improving the quality of methods of assessment. *AMIA ... Annual Symposium proceedings. AMIA Symposium* 2006: 952-952.
- 80. Lim SS, Allen K, Bhutta ZA, Dandona L, Forouzanfar MH, et al. (2016) Measuring the health-related Sustainable Development Goals in 188 countries: a baseline analysis from the Global Burden of Disease Study 2015. *The Lancet* 388: 1813-1850.
- 81. G B D Disease Injury Incidence and Prevalence Collaborators (2016) Global, regional, and national incidence, prevalence, and years lived with disability for 310 diseases and injuries, 1990-2015: a systematic analysis for the Global Burden of Disease Study 2015. *Lancet* 388: 1545-1602.
- 82. IPCC, Mach KJ, and SP, von Stechow C (2014) Annex II: Glossary. In: Core Writing Team, Pachauri RK, Meyer LA, editors. Climate Change 2014: Synthesis Report. Contribution of Working

- Groups I, II and III to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change. Geneva, Switzerland: IPCC, pp. 117-130.
- 83. Huang C, Vaneckova P, Wang X, FitzGerald G, Guo Y, et al. (2011) Constraints and barriers to public health adaptation to climate change. *Amer. J. Prev. Med.* 40: 183–190.
- 84. Marinucci GD, Luber G, Uejio CK, Saha S, Hess JJ (2014) Building Resilience against Climate Effects—A Novel Framework to Facilitate Climate Readiness in Public Health Agencies. *International Journal of Environmental Research and Public Health* 11: 6433.
- 85. The Climate Change Act (2008): Parliament of the United Kingdom.



Appendix

International example: the National Health Service (England)

Work completed by the National Health Service (NHS) in England provides perhaps the best international example of the development of an environmentally sustainable health system. In response to the (United Kingdom) Climate Change Act 2008 [85]¹² the NHS has made significant progress towards environmental sustainability. A dedicated Sustainable Development Unit (SDU) was established to develop and enact an approach to environmental sustainability across the NHS. Two key achievements of the SDU have been the development of (1) a detailed *carbon footprint* which covers the entire NHS, public health and social care sector and (2) a *marginal abatement cost curve* (MACC) that provides an estimate of the potential of all technological greenhouse gas abatement measures, and their relative cost-effectiveness.

The SDU

The Sustainable Development Unit is a government agency with the sole purpose of embedding the principals of sustainable development across the health and social care system in England. The SDU had undertaken extensive work, through carbon accounting, to inform and facilitate a reduction in the NHS's environmental impact. This approach has incentivised models of care that favour prevention, self-care and 'lean' pathways; which in turn have driven low carbon procurement, energy-efficiency, and other environmentally sustainable practices.

The footprint

Using the best available carbon accounting methods, a series of updated footprints have been published¹³ for 2004, 2007, 2010, 2012, and 2015. The current carbon footprint provides a detailed breakdown of emissions across four broad categories: building energy use and direct emissions, travel, commissioned health and care services from outside the NHS system, and procurement of goods and services. These four main categories are further broken down into 21 sub-categories.

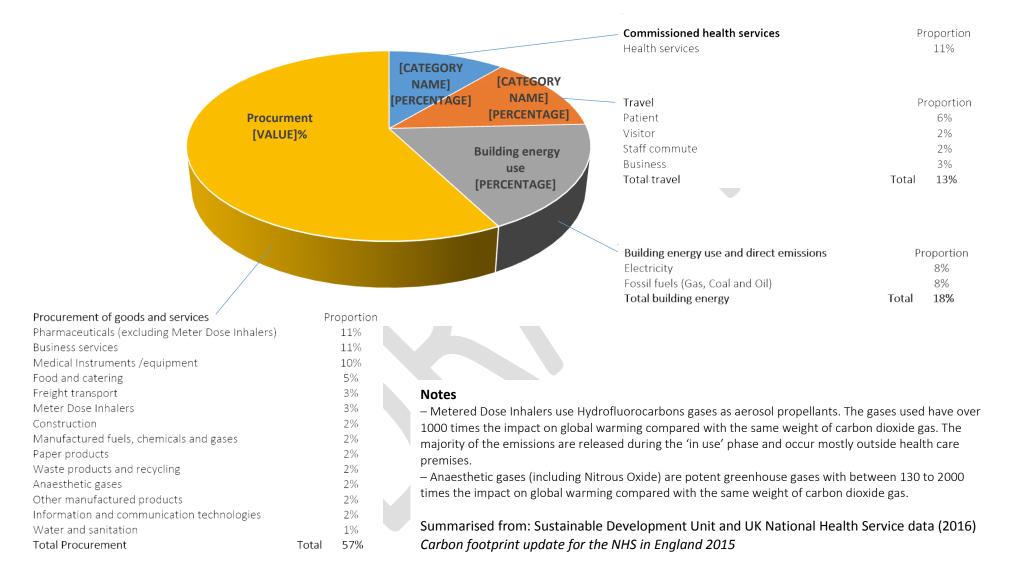
The NHS consumption carbon footprint (Figure 1) clearly shows that the main sources are embedded carbon within procured goods and services, and this category of emissions accounted for approximately 57% of all emissions in 2015. The balance was due to: heating, lighting and providing power for NHS sites (18%); travel to and from NHS sites by patients, visitors, and staff, and business travel (13%); and health services commissioned from outside the NHS (11%) [47]. The NHS's carbon footprint has fallen by 12% between 1990 and 2015, within the context of an 18% increase in inpatient admissions over the same period [57]. The NHS's carbon footprint is predicted to fall by a further 15% by 2020 and 20% by 2050 [47,56].

Page | 30

¹² The Climate Change Act 2008 specifies that the net UK carbon account for all six Kyoto greenhouse gases for the year 2050 is to be at least 80% lower than the 1990 baseline.

¹³ Sustainable Development Unit NHS carbon footprint publications, available at: http://www.sdu.nhs.uk/corporate-requirements/measuring-carbon-footprint/nhs-carbon-footprint.aspx

Figure 1: Consumption carbon footprint breakdown by categories for the NHS, in 2015



The Cost Curve

Marginal Abatement Cost (MAC) reflects the cost of one additional unit or ton of pollution that is abated, or not emitted. A marginal abatement cost curve (MACC) is a data visualisation tool that allows the user to compare emission reduction options both in terms of cost-effectiveness and their potential for CO₂ reductions (Figure 2). Marginal abatement cost curves highlight the win-wins where carbon cutting measures can save money and the abatement information also puts into perspective those measures where the investment costs cannot be recouped.

A marginal abatement cost curve can help decision makers to plan and prioritise a number of options into a strategic package of mitigation measures. However, MACCs cannot produce a definitive and generalisable set of initiatives, because local and country-level characteristics vary greatly. In addition, it is necessary to take account of interactions and overlaps between interventions, where the potential carbon savings from one initiative are reduced because another technology has already been installed.

Figure 2: A hypothetical example of a Marginal Abatement Cost Curve (MACC) applied to a health care system (indicative only)

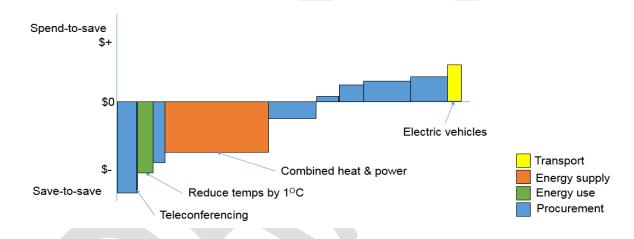


Figure 2 shows a generalised example of a health system's Marginal Abatement Cost Curve (MACC). Each block represents a different technology or intervention. In this example, each technology is colour-coded into four categories: transport, energy supply, energy use and procurement. A block that is projecting downwards indicates that the technology has the potential to generate financial savings (i.e., negative costs indicate a net financial benefit to the health system over the lifecycle of the abatement opportunity) and a block that projects above the zero line indicates that the particular technology is not cost-effective (i.e., positive costs imply that capturing the opportunity would incur incremental costs compared to business-as-usual or 'do nothing'). The relative height or depth of each block represents the degree to which the intervention is cost-saving. The options presented in a MACC are always placed in decreasing order of cost-effectiveness so that the reader can easily identify how options compare with each other on both cost-effectiveness and abatement potential. The horizontal axis (x-axis) shows the annual carbon savings that would result from the full implementation of a particular technology. The cumulative annual savings, shown by the full width of all of the blocks side-by-side on the MACC, gives an indication of the maximum potential for system-wide carbon savings in a particular assessment year. The abatement potential can be compared with the baseline year and/or any future targets set for an organisation.

Source: drawn from the principles and methodology developed by McKinsey & Company and informed by findings from the Marginal Abatement Cost Curve for NHS England (2015).

Marginal abatement cost information can also be displayed in table format. Table 4 shows marginal abatement cost information for the NHS England for 2015 [56]. The table lists a range of energy-efficiency interventions that have been identified as suitable for implementation within health care facilities. The list is presented in descending order of cost-effectiveness (not considering interactions and overlaps between measures). The right-hand column shows the potential CO_2 savings that could be made in one-year if the technology was fully implemented. The table shows that the top-five technologies/interventions are (1) combined-heat-and-power, equal with biomass boiler (2) energy awareness campaigns (3) travel planning (4) lighting controls, and (5) reduce heating by 1 degree Celsius (based on potential CO_2 saving as shown in bold in Table 3). The table also shows that the cost-effectiveness of these examples differs considerably. For example, combined-heat-and-power and biomass boilers offer similar potential CO_2 saving, but combined-heat-and-power is significantly more cost-effective than a biomass boiler conversion (ranked 6th compared with 24th in the example list).

Table 4: List of CO₂ reduction measures related to energy supply and use, not considering interactions and overlaps (non-energy related measures for procurement of pharmaceuticals and medical devices are not shown)

	CO ₂ reduction measures (options)	*£/tCO ₂	CO ₂ savings (tCO ₂)
1	Teleconferencing	-2051	6,827
2	Introduce hibernation system for stations	-120	1,255
3	Improve the efficiency of chillers	-110	9,133
4	Voltage optimisation	-110	16,828
5	1 degree C	-110	32,763
6	CHP installation	-98	173,975
7	Improve lighting controls	-94	34,286
8	Variable speed drives	-90	3,083
9	Energy awareness campaign	-89	90,265
10	Building management system optimisation	-86	11,521
11	Improve insulation to pipe work, boiler house	-79	10,264
12	Decentralisation of hot water boilers	-77	10,612
13	Improve heating controls	-72	17,219
14	Roof insulation	-71	22,869
15	Improve efficiency of steam or hot water boiler	-71	6,367
16	Wall insulation	-70	24,624
17	Energy efficient lighting	-67	22,290
18	Upgrade garage and workshop heating	-60	214
19	Install high efficiency lighting and controls	-45	3,745
20	Wind turbine	-42	10,722
21	Double insulation window and draught proofing	-27	11,831
22	Improve building insulation levels (U-levels)	-19	951
23	Boiler replacement/optimisation HQ/control	-15	171
24	Biomass boiler	-6	172,724
25	Travel planning	1	81,524
26	Office electrical equipment improvements	17	15,900
27	Solar hot water	49	0
28	Electric vehicles	49	36,96

^{*} NHS data: presented as published, in British pounds [47]







COMMUNITY AND PUBLIC HEALTH UPDATE



TO: Chair and Members

West Coast Advisory Committee

SOURCE: Community and Public Health

DATE: 27 September 2019

		_		
Report Status – For:	Decision	Noting <a>V	Information	

1. ORIGIN OF THE REPORT

This report is to provide the Committee with information regarding items of interest around Community and Public Health on the West Coast.

2. **RECOMMENDATION**

That the Advisory Committee:

i notes the Community and Public Health Update

3. APPENDICES

Appendix 1: Community and Public Health Update

Report approved for release by: Dr Cheryl Brunton, Public Health Specialist,

Community and Public Health

REPORT to JOINT COMMITTEE COMMUNITY AND PUBLIC HEALTH (CPH)

September 2019

Health promoting schools - Heritage Apple project

Michael Reynolds from the Food Resiliency Network in Canterbury contacted Tessa Hunter, Health Promoting Schools Facilitator, earlier this year with the offer of 55 heritage apple trees to West Coast schools. This gift came with the kaupapa that these trees would contribute to, or form the beginning of a community orchard in schools. After inviting expressions of interest from all schools on the West Coast, 25 schools from Granity to Haast elected to take part in this project. Community participation has been encouraged, as well as knowledge sharing and learning across generations and raising community awareness of how to enhance food security. From 28th August through to 6th September Michael and Tessa travelled many kilometres delivering the trees, supporting the planting (for which the schools were well prepared), and having conversations with school students, staff and their communities.







Cobden School

Sacred Heart School, Reefton

Haast School

As a flow on project, there is a challenge for students to become 'fruit tree detectives' this summer identifying heritage trees within their communities. They are encouraged to have conversations with community members about the history of gardens/orchards within their communities and how those fruit trees came to be there. Michael Reynolds has committed to revisit next winter and support students in learning how to propagate these trees, although from our journeys it is evident there are many knowledgeable gardeners in communities who may also be able to share their skills. The schools have also chosen to keep in touch on a digital platform sharing diaries of their trees, their gardens and orchards.

Healthy public policy

Since our last report, CPH has compiled and made submissions on behalf of Active West Coast on the following:

- Smoke-free Environments (Prohibiting Smoking in Motor Vehicles Carrying Children)
 Amendment Bill (also supported submission from West Coast Tobacco Free Coalition)
- Road to Zero: Consultation on the 2020-2030 Road Safety Strategy
- Westland District Council's proposal for Redevelopment of Lazar Park
- Advertising Standards Authority's consultation on the standards for Advertising and Promotion of Alcohol

Nutrition

CPH continues to facilitate the Food Security steering group which met for the third time last month. The group have confirmed their purpose and terms of reference, and at the most recent meeting, were extremely fortunate to have Michael Reynolds from the Food Resiliency Network, Christchurch attend and share his inspiring messages.

CPH has worked alongside Poutini Waiora to support whānau with nutrition and lifestyle, offering two separate nutrition courses in July and August. One, Appetite for Life, was delivered to a group of eighteen adults. The changes experienced were positive and multi-level, including Poutini Waiora staff taking ideas to provide shared healthy kai at their recent hui, participants trying new foods and making new foods at home, and a referral to the PHO dietetic service for one participant. The other programme we supported, Ko Wai Ahau, involved local rangatahi and many different activities. CPH supported this kaupapa by delivering cooking skills sessions as part of the programme which the rangatahi really enjoyed and learnt lots from. Rangatahi fed back, "we didn't realise cooking didn't have to be hard, we learnt team-work, and that home-made burgers (with whole-meal buns) were way nicer than take-away ones".

CPH met with IDEA house, Westport, and provided guidance on their menu for six residents with intellectual disabilities. We have sent extra lunch and snack ideas as requested, and also some sitting and standing physical activity charts from the Green Prescription coordinators. The IDEA staff member was extremely appreciative of a personal visit as they don't have email or much time to talk on the phone.

Our nutrition health promoter talked about Food and Mood at a workshop called "Shining Light on the Dark" on World Suicide Prevention Day. This incorporated the 5 Ways to Wellbeing, easy food tips, and information about nutrition services. The workshop brought together a day of yoga, mindfulness, weaving, and speakers including the Suicide Prevention Coordinator for the West Coast.

Alcohol

An alcohol controlled purchase operation conducted by Police with CPH support at on and off-licence premises in Westport and Mokihinui on 24th August was successful in that no sales of alcohol were made to the underage volunteers.

Smokefree

During August tobacco retailer compliance visits have been conducted by CPH to all tobacco retailers in Hokitika, Westport, Reefton, Greymouth and Grey District. CPH staff have met with the new Wildfoods Festival organising committee for the 2020 event and planning is underway. A smoke and vape free policy was implemented at Wildfoods 2019 and we are pleased this policy will remain in place for the 2020 event. CPH is working with the organising committee to increase awareness of the policy through advertising material and better signage placement.

Oranga Hā/Smoking cessation

In addition to the existing Smokefree pregnancy incentive programme, there is now a new expanded programme for whānau after the baby is born. If parents can stay smokefree for 4 months after their baby is born they receive \$50 New World vouchers each month. Even when they'd managed to stay smokefree during pregnancy, many whānau were returning to smoking after their babies were born. This new incentive is proving to be very successful in helping whānau maintain a smokefree environment for their babies.

ALLIANCE UPDATE



TO: Chair and Members

West Coast Advisory Committee

SOURCE: Alliance Leadership Team

DATE: 27 September 2019

Report Status – For: Decision □ Noting ☑ Information □

1. ORIGIN OF THE REPORT

This report is a standing agenda item, highlighting the progress made by the West Coast Alliance.

2. RECOMMENDATION

That the Committee;

i. Notes the Alliance Update.

3. **SUMMARY**

Progress of Note:

Alliance Leadership Team (ALT)

At their meeting in August the Alliance Leadership Team (ALT):

- Were very pleased to welcome Kevin Hague into the Chair and thanked Dr Chery Brunton for her time acting in this role.
- Approved the workplans presented by the workstreams with the exception of the Mental Health workstream who will be invited to present a revised plan to the next ALT meeting.
- Reviewed the workstreams' Highlights and Opportunities report which is attached as Appendix 1 to share with the Committee.

4. APPENDIX

Appendix 1: Alliance Workstream Highlights 2018/19

Report prepared by: Jenni Stephenson, Programme Manager, West Coast Alliance

Report approved for release by: Kevin Hague, Chair, Alliance Leadership Team

Alliance Workstream Highlights 2018/19

Mental Health

Highlights

- Community AOD services commenced under The Salvation Army.
- A decision has been reached regarding how to provide crisis response within locality teams across the Coast.
- The Māori Mental Health review has been completed with a subsequent proposal in development.

Opportunities for Improvement

• A number of actions from the 2018/19 plan are being carried forward into 2019/20. Some of these delays have been driven by the late release of the national review recommendations in He Ara Oranga.

Buller

Highlights

 The strong partnership between Poutini Waiora, the PHO and DHB Clinical Nurse Specialists has seen improved the care for Māori with Diabetes. This work will continue next year with the intention to expand the model in to Reefton.

Opportunities for Improvement

• Completion of actions in this workstream was impacted by resource constraints again this year.

Reefton

Highlights

• The workstream focussed on the health issues relating to rural isolation with the aim to simplify health provider registration.

Opportunities for Improvement

• Completion of actions in this workstream was impacted by resource constraints again this year.

Healthy West Coast

Highlights

- Barrytown School has become the only "official" water only school on the West Coast though some other schools have formal or informal policies along those lines.
- The Smokefree Pregnancies Incentive programme has been extended to provide mothers with incentives into the first four months post partum as part of the SUDI prevention programme.
- Initial data extraction from Medtech systems at DHB owned practices show a promising number
 of adults have had their alcohol consumption documented. This will provide a good basis from
 which to develop some on-going monitoring.



• The Food Security Steering Group was established late in 2018/19. This group is working to define its scope and Terms of Reference.

Opportunities for Improvement

Some of the actions were delayed and will need continued focus in 19/20. These include
development of the alcohol harm reduction action in relation to teenagers and continued
emphasis on integrated nutrition services.

Pharmacy

Highlights

- Coast Medical and High Street Medical have implemented the NZ electronic Prescription
 Service, offering efficient communication between GPs and pharmacists about scripts, and timesavings.
- All community pharmacies have new service agreements with the DHB which are 'evergreen'
 and enable both local service commissioning and regular updating through a national annual
 review.
- A second integrated pharmacist role has been established to work across both hospital and the
 community. This is intended to improve the availability of pharmacists to contribute to
 optimising care for complex patients, as well as attracting newly-qualified pharmacists to the
 region.
- The Pharmacy Services Expert Advisory Group (EAG), including local pharmacist Julie Kilkelly, is continuing to oversee the development of a service model for a Pharmacy Minor Ailments Service.

Opportunities for Improvement

• Pharmacist workforce continues to be in short supply.

Health of Older People

Highlights

- Education and support has been provided for providing end of life care in both Aged Residential Care as well as community providers. The additional support for this through transalpine agreement with Palliative Care service has been appreciated.
- Telehealth for Older People is managed out of the Complex Clinical Care Network, and appointments are being arranged on an as required basis around client capacity and need.
- Advanced Care Plan education has commenced in the community. There are currently have three ACPs entered on Health Connect South with the fourth almost completed and ready for checking.

Opportunities for Improvement

 The Fracture Liaison Service had been on hold pending appointment of a Gerontology Nurse Specialist in Buller and this person started in June 2019. The Service will be commencing in the near future.



Child and Youth

Highlights

- Nelson Marlborough DHB Paediatrician, Nick Baker, presented three "Safe Sleep" workshops (one in Westport and two in Greymouth, daytime and evening) in August. This was part of the programme of activity to raise workforce and community understanding of the modifiable risk factors in Sudden Unexplained Death in Infancy (SUDI).
- Following a successful stakeholder and consumer engagement hui, a draft West Coast Maternity Strategy has been prepared and is currently being shared with communities for feedback and further development.
- The workstream have been involved with both the development of the Child & Youth Wellbeing Strategy and the Well Child Tamariki Ora Service review. These two national programmes will have ongoing impacts for Child & Youth health in the near future and the workstream have represented West Coast and rural health at these forums.

Opportunities for Improvement

• The national focus on Child & Youth wellbeing and Child Poverty reduction support the ongoing need to work across all sectors to address social determinants of health. While the workstream has good cross sector membership, activity continues to be mostly health service focussed.

PLANNING & FUNDING UPDATE



TO: Chair and Members

West Coast Advisory Committee

SOURCE: Planning & Funding

DATE: 27 September 2019

Report Status – For: Decision □ Noting ✓ Information □

1. ORIGIN OF THE REPORT

The attached report has been prepared to provide the Committee with an update progress against the initiatives, actions and targets highlighted in the DHB's Annual Plan for 2018/19. This report is circulated to operational and management teams and shared with the Ministry of Health.

2. RECOMMENDATION

The Committee:

i. notes the update on progress to the end of quarter four (April - June) 2018/19.

3. SUMMARY

Overall there is good progress across most focus areas. Areas that were off-track were largely related to staff capacity, delays with the hospital build or a change in direction during the year.

Key Points to Note:

- The Whakakatoahi Pilots in the Buller region was re-scoped and linked in with Poutini Waiora to better support Maori with diabetes. The initial evaluation has indicated this has been successful in targeting high risk groups.
- The Healthy West Coast Alliance workstream is leading the development of a cohesive Oral Health Promotion plan that capitalises on opportunistic contacts as well as creating supportive environments.
- A Living Well workshop held Greymouth on 13 April 2019, with a host of smaller targeted group sessions also being delivered. West Coast DHB is engaged in the following regional priority focus areas: improving lung cancer pathways, roll-out of MOSAIQ, and increased use of clinical Multi-Disciplinary Meetings for reviewing individual patient care.
- Performance against national targets was really positive in quarter four. Despite small population number making it difficult to achieve a 100% result: 100% of newborns were enrolled with general practice; 100% of pregnant women were offered brief advice and support to stop smoking; 100% of obese children (identified at their B4 School Check) were referred for support; 100% of people received urgent colonoscopies in under two weeks and 100% received non-urgent colonoscopies in under six weeks; 100% of stroke patients were admitted to an organised stroke service; 100% of 0-19 year olds were seen in addiction services within three weeks; we delivered 100%+ against the elective surgical discharges target; and data for 100% of patients with Acute Coronary Syndrome was entered onto national registers within 30 days. The West Coast was also one of only four DHBs meeting the Shorter Stays in ED performance target in quarter four.

Report prepared by: Sarah Fawthrop, Accountability Coordinator, Planning & Funding

Report approved by: Carolyn Gullery, Executive Director Planning, Funding & Decision Support

West Coast DHB Annual Plan 2018/19



Delivery against National Priorities & Targets



Photo courtesy of Wendy Elwood

Status Report Quarter 4 April - June 2019

Status Key:

✓	Completed As Planned						
5	Underway (but not yet completed)						
×	Delayed / At Risk						

Mental Health Services

Population Mental Health Services

NZ Health Strategy link - One Team

Status Report for 2018/19		Perform	nance Reporting Link – PP43
Key Actions from the Annual Plan	Milestones	Status	Comment
Establish a Mental Health Workstream under the West Coast Alliance to oversee the implementation of the new model of care.	Q1: Alliance Mental Health Workstream established.	✓	Workstream established with whole of system membership in place.
Expand enrolment in the Long-term Conditions Management (LTCM) Programme to include people with mental health issues. (EOA)	Q4: 50% of Westport practices enrolling people with mental health issues in the LTCM Programme.	✓	Enrolment in the Buller practice and Coast Medical is ongoing. Rollout of expanded LTCM will commence in Westland from 01 July 2019.
Continue to collaborate with social services, (MSD and Education) through Te Ara Mahi, to support people with mental health issues into employment or further education.	Q4: Increased number of clients supported into employment or education.	✓	There were 6 referrals to Te Ara Mahi vocational services during this period and 30 for the year.
Realign resources to strengthen community mental health teams and support them to	Q2: Afterhours crisis response phone service established.	U	There was an initial delay in this work, to allow the teams to
work alongside primary care teams as part of the locality-based community health model. Implement the new Crisis Response model to	Q4: Mental health services integrated into locality bases.	Œ	consider the recommendations from the national MH Inquiry. The West Coast's Direction for
provide improved access to crisis services across the age and severity continuum.	Q4: Additional resource in place in the inpatient unit to respond afterhours.	J	Change document, supporting implementation of a locality based approach for our mental health services, has since been released (June). Implementation is underway and the after-hours crisis response phone service will be the first focus. Additional resource is also being configured for the inpatient unit.
Review the current provision of Māori Mental Health Services and develop a	Q1: Stakeholder Hui held.	✓	As above, this work was also delayed to consider the national
complementary model that provides	Q2: Recommendations proposed.	✓	inquiry recommendations. An
improved cultural support for Māori across the continuum. (EOA)	Q3: Revised Model Adopted.	U	engagement Hui was held with a positive participation from across the sector. Feedback was circulated to stakeholders for further input and next steps are now being worked through.
Continue to progress implementation of the national Supporting Parents Healthy Children	Q2: Implementation Plan agreed.	✓	Action items have been agreed and work is ongoing to finalise
guidelines and confirm priority actions.	Q3: Priority actions identified.	✓	reporting requirements.
	Q4: Progress review completed.	×	
Coordinate the national Mental Health Inquiry Panel visit and provide opportunities	Q1: Publish submission and feedback dates to encourage participation.	✓	Completed in the first quarter of the year.
for agencies, providers and consumers to be represented and heard by the Panel.	Q1: Actively participate and provide feedback to the Panel.	✓	
Key Performance Measures		Result	Comment
>150 Young people (0-19) accessing brief intervention counselling in primary care.			
>450 Adults (20+) accessing brief intervention counselling in primary care.			
80% of people referred to specialist mental hea	Ith services are seen within 3 weeks.	84.5%	This result continues to be
95% of people referred to specialist mental health services are seen within 8 weeks.			impacted by those waiting for psychometric testing which is currently provided by an external contractor with limited capacity.

Mental Health Improvement Activities

NZHS Link - One Team

Status Report for 2018/19		Perform	Performance Reporting Link – PP7	
Key Actions from the Annual Plan	Milestones	Status	Comment	
Provide Safe Practice Effective Communication (SPEC) training for inpatient staff.	Q1: 95% of frontline staff receive SPEC de-escalation training.	✓	An Occupational Therapist is currently being recruited to the	
Integrate weekly meetings (with staff and patients) to enable patient participation in decision-making to enhance the environment and safe practices of the unit. Invest in environmental and therapeutic practice changes to support staff to provide a	Q2: Integrated meetings held weekly.	✓	service.	
	Q3: Additional Occupational Therapy FTE in place to support sensory modulation and meaningful activity for inpatients.	J		
safe therapeutic environment for inpatients. Include cultural expertise in environmental improvements to build cultural awareness	Q4: Safe ward concept embedded into everyday practice.	✓		
amongst staff and improve access to cultural support for consumers and whānau. (EOA)	Q4: Equity of consumers experiencing seclusion being monitored.	✓		
Commence discharge planning on entry to Mental Health Services, embed the primary	Q1: Transition from inpatient to community services reviewed.	✓	Primary nursing is now embedded with early allocation to Community	
nursing model and process for engaging community teams at the earliest opportunity	Q2: Updated pathway in place.	✓	Mental Health Teams to support the patient journey/pathway.	
and build patient awareness and participation in transition/wellness planning.	Q3: Patient participation in discharge processes evident.	✓	Family involvement in discharge meetings is the current focus.	
Engage staff and patients in the Marama real- time feedback survey to identify opportunities	Q4: 75% of discharged patients complete the Marama survey.	J	Most feedback has been provided prior to discharge and changes are	
to improve service delivery, particularly for Māori consumers. (EOA)	Q4: 75% of discharged Māori patients complete the Marama survey.	J	being implemented to support use of the survey.	
Key Performance Measures		Result	Comment	
95% of clients discharged with a transition plan in place (inpatient services)			PRIMHD, the Mental Health Quality Team and the Mental Health Team	
95% of audited files meet accepted good practice	2.	53.8%	Managers are now required to report monthly to the Clinical Risk Meeting to ensure the target is met by the next quarter.	

Addictions Services

NZHS Link - Value & High Performance

Status Report for 2018/19		Performance Reporting Link – PP8		
Key Actions from the Annual Plan	Milestones	Status	Comment	
Realign resources to strengthen community mental health teams and support them to work alongside primary care teams as part of the locality-based community health model.	Q1: Additional mental health respite capacity available in Buller.	✓	Respite is now being provided by a local ARC provider, in partnership with Community Mental Health Team, and this is working well.	
Implement the new AOD Crisis Response model to provide improved access to crisis services across the age and severity continuum.	Q2: Additional community-based AOD support options identified.	✓	A new service has commenced and is being implemented by the Salvation Army.	
Investigate options to increase community-based respite, withdrawal management and recovery support, particularly for Māori. (EOA)	Q4: Increased AOD capacity available.	✓		
Key Performance Measures		Result	Comment	
80% of people referred to specialist addiction services are seen within 3 weeks.			We anticipate increased community	
95% of people referred to specialist addiction services are seen within 8 weeks.		83.5%	options and the realignment of resources across locality bases will improve wait times going forward.	

Primary Care Services

Service Access NZHS Link – Closer to Home

Status Report for 2018/19		Performance Reporting Link – PP22	
Key Actions from the Annual Plan	Milestones	Status	Comments
Work with the West Coast PHO to implement the national zero fees policy, extending zero fees for	Q2: Proposed new zero fees model communicated and agreed.	✓	All general practices on the West Coast have signed up to the zero
children <13 to zero fees for children <14. (EOA) Work with local Pharmacies to ensure they update systems to align with the national policy. (EOA)	Q2/Q3: Implementation of zero fees model for children <14 (both in and out of hours).	✓	fees for children under 14 years and the initiative to provide 'lower cost general practice visits'.
Work with the West Coast PHO to implement the national lower fees for Community Services	Q4: PHO/DHB websites updated to reflect changes in fees.	✓	Adults with a Community Services Card (CSC) who are enrolled with a general practice pay no more than
Card holder policy. (EOA) Update the DHB and PHO websites in line with the implementation of zero fees policy, showing details of practices' fee arrangements.	Q4: 95% of children <14 have zero fee access to general practice services and prescriptions.	✓	\$18.50 for a standard visit and young people (14 to 17), who have a parent or caregiver with a CSC are charged no more than \$12.50.

System Integration

NZHS Link – Closer to Home

Status Report for 2018/19		Perform	ance Reporting Link – PP22
Key Actions from the Annual Plan	Milestones	Status	Comments
Continue to invest in the West Coast Alliance as a mechanism for leading service and system improvements. Engage system partners in the Alliance's new Mental Health Workstream to support the implementation of the locality-based mental	Q1: New Alliance Chair is appointed to vacant role.	✓	An independent Chairperson has been identified and they will be in
	Q2: Work plan for the Mental Health Workstream endorsed by the Alliance Leadership Team.	✓	place for the first meeting of 19/20. Work to highlight equity through various reports continues with performance results for Māori
health service model. Ensure a strong Māori voice and focus on	Q2: Equity reporting dashboard developed.	J	included wherever this is captured. Narrative relating to activity to
Alliance workstreams. (EOA) Monitor system performance against the national System Level Measures (SLM) to identify areas for improvement and focus.	Q4: Delivery of the actions agreed in the SLM Improvement Plan.	✓	address inequity is included at all levels of performance reporting. Work to develop a refreshed dashboard is underway, capturing ideas from other DHBs. Actions in the SLM Improvement Plan have been delivered.
Work through the West Coast Alliance to refresh and refine the SLM Improvement Plan, outlining	Q1: Implementation of agreed SLM Improvement Plan underway.	✓	The SLM Plan was agreed and approved by the Ministry. It is now
collective activity to improve performance in 2018/19.	Q1: Quarterly review of progress against the Improvement Plan.	✓	being implemented.
Continue to develop a rural generalist workforce model to support the transformation of service models on the Coast.	Q1: Rural Hospital Medical Specialist (with extended scope in Obstetrics) engaged.	✓	The lead clinician for Nutrition Service continues to be discussed in the context of the DHB's new
Invest in a lead role to support an integrated Dietetic and Nutrition Service, working across DHB, PHO and CPH areas of service delivery.	Q3: Lead clinician engaged to provide oversight to nutrition services.	U	organisational structure and the services' plans for the coming year.
Recruit and develop more nurse practitioners to support care in primary health settings.	Q4: Three Nurse Practitioners working in primary care.	✓	Three Nurse Practitioners are in place; one in unplanned care, one in LTCM and one in Mental Health.

Status Report for 2018/19			Perform	Performance Reporting Link – PP20		
Key Actions from the Annual Plan	Milestones		Status	Comments		
Work with the PHO and general practices to maintain the proportion of the eligible population receiving a CVD and Diabetes Risk	Q1: Monthly performance by general practice.	reporting	✓	The West Coast PHO is actively monitoring results by ethnicity and working with Poutini Waiora to		
Assessment at or above 90%. Engage Poutini Waiora to identify and contact Māori men to lift the Risk Assessment rates for this high-risk population. (EOA)	Q1: Monthly performance reporting by ethnicity.		✓	implement key actions to support the uptake of CVD assessment by Māori men as a high-risk group.		
Work with Health Quality & Safety Commission to further advance the Whakakotahi work plan	Q1: Two Whakakotahi pilounderway.	ots	✓	The pilot project in the Buller region was re-scoped and linked in with		
by trialling evidence-based care pathway improvements in two primary care pilot sites. Target improvements in engagement with Maori as a high risk group. (EOA)	Q4: Completion of Phase pilot with assessment of pimprovements.		✓	Poutini Waiora to better support Maori with diabetes. The initial evaluation has indicated this has been successful in targeting high risk groups.		
				The Grey Medical Practice in Greymouth is now looking at implementing the pilot trialled in Buller, targeting high risk groups.		
				The second pilot project in Greymouth, focussing on prediabetes, was halted as patient data evaluation did not support project continuation.		
Establish a visiting specialist vascular surgical outpatient service to support diagnosis and treatment for West Coast patients, without the need to travel. (EOA)	Q1: Visiting Specialist Vascular service established.		✓			
Continue to support community-based initiatives to engage and enrol people with diabetes in the	Q1: Retinal screening expo and clinic in Reefton and Greymouth.		✓	Four week-long Retinal Screening Expo clinics were held this year in		
primary care LTCM Programme so that people can be supported to make lifestyle changes to help reduce their risk, with a particular focus on	Q4: Three pre-diabetes and high risk CVD dietitian clinics delivered.		✓	Reefton and Greymouth in August 2018, Greymouth and Westport in November 2018, Greymouth and		
Māori as a high needs population group. (EOA)	Q4: Three Living Well with Diabetes courses delivered.		✓	Hokitika in March 2019 and Westport in June 2019.		
Key Performance Measures		Total Result	Maori Result	Comments		
90% of the eligible population had a CVD risk assessment in the last 5 years. 87.3%			86.5%	305 more people needed to have complete their CVDRA to meet the target for the whole population.		
90% of eligible Maori men (35-44) have had a CVD risk assessment in the last 5 years.			70.9%	Only 29 more Maori men needed to be reached to meet this target.		
90% of the population with diabetes, have had an a	annual HbA1c test.	81%	81%	To reach the target, another 11 Maori and 77 non-Maori would have needed to have had their annual HbA1c tests in the last year.		

Pharmacy Action Plan

NZHS Link - One Team

Status Report for 2018/19		Performance Reporting Link – PP22		
Key Actions from the Annual Plan	Milestones	Status	Comments	
Participate in the national process to develop and implement a new service agreement for integrated community pharmacy services. Offer the new agreements and opportunities to improve integration of local services.	Q2: West Coast pharmacies have new 'evergreen' pharmacy service agreements in place.	✓	All West Coast pharmacies are signed up to the new agreements.	
Further develop the Pharmacy Long-Term Conditions Service, to improve access to pharmacist support for people on multiple regular medicines. (EOA) Support more pharmacists to provide medication use reviews (MURs) for people taking many or high-risk medicines. (EOA)	Q3: Two more pharmacists accredited to provide MURs.	*	This was an ambitious target with limited availability of pharmacists	
	Q4: >20 people receive a MUR from their pharmacist.	×	to provide medicines management support for patients via LTC and MUR services. The number of	
	Q4: >900 people are enrolled in the Long-Term Conditions Service.	×	people enrolled in LTC service has fallen and is now at 657.	
Work with the national Expert Advisory Group to develop a Minor Ailments (pharmacy) Initiative to ease access to timely treatment for Community Service Cardholders. (EOA)	Q4: Minor Ailments Initiative developed and put forward for approval.	×	The Expert Advisory Group is still to complete development of a Minor Ailments service model.	

Newborn Enrolment

NZHS Link – Closer to Home

Status Report for 2018/19			Perform	ance Reporting Link – SI18
Key Actions from the Annual Plan	Milestones		Status	Comments
Establish a process to support general practice enrolment as part of the current new-born	Q2: Process to support general practice enrolment developed.		✓	A proposed model for Kaupapa Māori PPE has been developed.
multi-enrolment process and complete a review of the multi-enrolment form to ensure it is meeting the stakeholder needs.	Q2: Kaupapa Māori PPE Programme developed.		✓	Planning is underway for delivery of the first cohort.
Work with Plunket and Poutini Waiora to develop a Kaupapa Māori Pregnancy & Parenting Education Programme. (EOA)	Q3: New-born enrolment form review completed.		✓	
Ensure the Programme emphasises the importance of enrolling with primary care to support engagement with health services. (EOA)				
Key Performance Measures Total Result			Maori Result	Comments
85% of new-borns are enrolled with general practice by 3 months of age.		110%	83.3%	15 out of 18 Maori babies were enrolled with a general practice by three months of age on the West Coast for quarter four

Support to Quit Smoking

NZHS Link - One Team

Status Report for 2018/19			Performance Reporting Link - TBC		
Key Actions from the Annual Plan	Milestones		Status	Comments	
Identify smoking patients newly enrolling in the primary care LTCM Programme for mental	Q2: Process for capturing ne patients established.	w	✓	All patients enrolled in the LTCM are asked about their smoking and	
health concerns, with the goal of offering them stronger support to quit smoking.	Q4: Identified patients conta Stop Smoking Service.	icted by	✓	offered support to quit.	
Work with the Buller Health Practice to identify Māori smokers and ex-smokers who have not been appropriately screened for COPD. (EOA)	Q2: Process for capturing Masmokers and ex-smokers age established.		✓	The Buller Health team including Respiratory Nurses Specialist along with Poutini Waiora Whānau Ora	
Work with Poutini Waiora to engage those patients in spirometry clinics, where screening, smoking cessation advice and other opportunistic referrals can be offered. (EOA)	Q4: Identified patients and appropriate whānau invited COPD screening.	for	✓	nurses have proactively invited smokers and ex-smokers to come along with their whānau to undertake spirometry testing and engage in discussions about smoking cessation options and other lifestyle changes.	
Work with the PHO and Well Child Tamariki Ora providers (collecting smokefree status data) to	Q2: Data collection for smokefree household measure in place.		✓	The new data capture system was implemented in early March. It was agreed that the offer of brief advice to whānau through a WCTO visit should be captured in the WCTO notes.	
improve data collection and establish how whānau being offered brief advice and cessation support can be captured.	Q4: Process for ABC data capture in Patient Management System investigated.		✓		
Key Performance Measures		Total Result	Maori Result	Comment	
90% of PHO enrolled patients who smoke are offered brief advice/support to quit.		96%	96%	The PHO continues to maintain high rates of smoking status ever recorded for patients (99%).	
90% of West Coast households with a newborn have recorded at the first core Well Child check.	e their smokefree status			Data has not been released by Ministry of Health for this measure	

Child Health Services

Maternal Mental Health Services	NZHS Link – Closer to Home
---------------------------------	----------------------------

Waterflat Wentar Fleatiff Services				
Status Report for 2018/19		Performance Reporting Link – PP44		
Key Actions from the Annual Plan	Milestones	Status	Comments	
Continue to support the use of free general practice consultations for pregnant women with medical, mental health or social issues that may be exacerbated by pregnancy. (EOA) Promote the maternal mental health service	Q1: Review of maternal mental health pathway complete.	✓	The DHB continues to support stronger relationships between	
	Q2: Promotion of pathway to increase uptake.	✓	West Coast LMCs and WCTO providers, in order to support timely referral and handover.	
referral pathway using HealthPathways. Review the timeliness of referrals from LMCs to Well Child providers, with a focus on Māori as a population of higher need. (EOA)	Q3: Review of referral timeliness completed and opportunities for improvement identified.	✓	The DHB continues to advocate for improved visibility of all WCTO Core check data in order to support quality improvement actions in this area.	
Identify all community-based DHB funded	Q2: Stocktake report completed.	✓	A stocktake has been completed	
services and initiatives currently in place to support maternal mental health and the number of women being supported.	Q4: Access report provided to the Ministry of Health.	✓	and submitted to the Ministry. Work continues to improve data capture in relation to the Maternal Mental Health Pathway so that referral and access rates to services can be reported and monitored. In 2018/19, 3 women accessed the free primary practice appointments available for women experiencing mental health concerns in pregnancy.	

Status Report for 2018/19		Perform	ance Reporting Link – PP27	
Key Actions from the Annual Plan	Milestones		Status	Comments
Work collectively to increase the number of pregnant women (and partners) engaging in the Smokefree Pregnancy Incentives programme.	Q1: Pregnancy Incentives programme model reviewe	ed.	✓	The programme continues to track well with good uptake from women. Success stories have not
Extend the schedule for incentives to support continued engagement with cessation services beyond birth, to promote a smokefree home environment for babies.	Q2: Opportunities to enhar Programme actioned.	nce the	✓	yet been published as women have been reluctant to 'go public' with
	Q4: Successes of women w successfully quit are celebr		ڻ ا	their story, however overall results of the programme will be shared in the DHB Quality Accounts and one whānau (two sisters and their partners) is working with the DHB on a story for early in the new year.
Continue to train volunteer peer supporters through the Mum4Mum programme, with a	Q2: Opportunities to enhar programme actioned.	nce the	✓	Only one new Mum4Mum supporter trained this year has
focus on Māori supporters to extend the reach of the service. (EOA) Investigate strategies to link high need populations to a Mum4Mum supporter. (EOA)	Q4: An increased number of mothers trained as peer su		U	identified as Māori. A further two unfortunately withdrew their commitment prior to commencing training. The team continues to work with key stakeholders to try and identify women who are willing to complete the training course.
Establish a Transalpine Oral Health Service Development Group to support a whole of life approach to good oral health.	Q1: West Coast Developme Group membership confirm		✓	The Healthy West Coast Alliance workstream is leading the development of a cohesive Oral
Promote the Newborn Enrolment Form to support early enrolment of children with the Community Oral Health Service. (EOA)	Q1: Childhood Nutrition/He Promotion role supporting Childhood Centres establish	Early	✓	Health Promotion plan that capitalises on opportunistic contacts as well as creating
Identify opportunities for health promotion and education for families whose children are hospitalised for dental surgery. (EOA)	Q2: Practice Nurses complete 'Lift the Lip' checks at immunisations.		✓	supportive environments.
	Q2: 'Water Only' policies in place in West Coast schools.		✓	
Continue to invest in the Violence Intervention Programme (VIP) and activity to support a	Q1: VIP training sessions or	ngoing.	✓	Audit results were positive 84/100.
reduction in harm and adverse health outcomes.	Q4: VIP audit results >70/1	00.	✓	
Key Performance Measures		Total Result	Maori Result	Comments
95% of children (0-4) are enrolled with Community Dental Services.		101%	90%	There are denominator issues with these ethnicity results, which are based on projected population figures. The 'Other' population enrolment rate was 105%. In total there were 5,089 children enrolled.
90% of enrolled children (0-12) are examined according to plan.		96%	93%	There were 225 children overdue, 60 of those children were Maori.
85% of adolescents (13-17) are accessing DHB-funded oral health services.		75.7%		The DHB was 160 young people short of the target.

Supporting Health in Schools

NZHS Link – Closer to Home

Status Report for 2018/19		Performance Reporting Link – PP39	
Key Actions from the Annual Plan	Milestones	Status	Comments
Support the Health Promoting Schools framework in lower decile and schools with a	Q2: Schools recruited to develop 'Water Only' policy.	✓	Poutini Waiora is now leading work around defining Wellbeing using
high proportion of Māori/Pacific students. (EOA) Support the roll out of the 'Water Only in Schools' programme as part of good oral health	Q2: School Wellbeing Survey reviewed.	✓	the WHO model and how to incorporate supports for this into daily school business.
promotion and an enabler to wellbeing.	Q2: Stocktake report completed.	✓	
Undertake a stocktake of all initiatives currently underway to support health in schools.	Q3: Service improvement	✓	
Review the 2018 Greymouth Schools Wellbeing Survey and identify actions for improvement.	recommendations developed and agreed.		

_			
Im	mu	nica	ntior

NZHS Link – One Team

Status Report for 2018/19			Performance Reporting Link – PP21		
Key Actions from the Annual Plan	Milestones		Status	Comments	
Monitor and evaluate immunisation coverage at DHB, PHO and general practice level, to maintain coverage and identify unvaccinated children.	Q1: Quarterly review of vaccination and decline rates by ethnicity.		✓	Work is underway on the development of the Difficult Conversations training programme	
Fill the vacant Māori provider role on the Immunisation Advisory Group to ensure a strong focus on Māori as a priority group. (EOA)	Q1: Māori representative on the Immunisation Advisory Group.		✓	with a programme outline developed and a model for delivery being confirmed for 2019/20.	
Continue with a focus on pregnancy vaccinations and LMCs having immunisation conversations.	Q2: Refreshed process chart issued to general practice.		✓		
Share refreshed immunisation process charts and prompts for difficult immunisation conversations.	Q2: HPV and Tdap Information and education resources issued.		✓		
Support general practice to promote the codelivery model for HPV and Tdap.	Q4: Difficult Conversations training options explored for practice nurses.		U		
,		Total Result	Maori Result	Comments	
95% of 8-month-olds fully immunised.		75%	85%	Four consenting children were missed this quarter with a high combined opt-off and decline rate of 20.3%.	
95% of 2-year-olds fully immunised.		82%	88%	Two consenting children were missed this quarter. The combined opt-off and decline rate was 16.6%.	
95% of 5-year-olds fully immunised.		90%	83%	Two consenting children were missed this quarter. The combined opt-off and decline rate was 7.7%	

School-Based Health Services (SBHS)

NZHS Link – Closer to Home

Status Report for 2018/19			Performance Reporting Link – PP25	
Key Actions from the Annual Plan	Milestones		Status	Comments
Engage decile 4 schools in the School Based	Q2: Stocktake report com	oleted.	✓	SBHS are now in place at three of the four decile 1-4 schools and both
Health Services (SBHS) programme. Undertake a stocktake of all SBHS currently	Q2: Barriers to access ider	ntified.	✓	Alternative Education facilities on
provided in West Coast secondary schools. Work with decile 1-4 schools to identify barriers	Q4: Implementation plan completed and provided to MOH.		✓	the Coast. Work continues to finalise a MoU with the last school. An implementation plan has been
to participation in routine health assessments with particular focus on Māori children. (EOA) Work with schools and providers to develop an implementation plan for expanding SBHS to all public secondary schools on the West Coast.	Q4: SBHS in place in all Wo 1-4 decile schools.	est Coast	J	provided to MoH, which outlines timeframes, enablers and constraints for full roll out of SBHS to all secondary schools on the West Coast.
Key Performance Measures Total Result			Maori Result	Comments
95% of eligible year nine students received a Routine Health Assessment (including a HEEADSSS assessment) in the last calendar year.		54%	32%	Changes in staffing within the Public Health Nursing team have impacted on service delivery.

Responding to Childhood Obesity

NZHS Link – Value and High Performance

Status Report for 2018/19			Performance Reporting Link - TBC		
Key Actions from the Annual Plan	Milestones		Status	Comments	
Engage a community-based dietitian to work alongside Public Health Nurses to provide advice and support to families regarding healthy weight in childhood at their B4 School Check.	Q2: Dietitian attending B4SC days in Greymouth.	clinic	✓	A dietitian continues to attend B4 Schools Clinics held in Greymouth	
	Q4: Resource required to pro support at all clinics identifie		✓	to provide information/hand-outs, as well as meeting with families and providing support and advice.	
Provide primary care teams with training and education regarding healthy weight in childhood	Q2: Training and education needs identified by practices.		✓	The dietitian resource required to cover all B4SC clinics has been identified and work continues with the team to ensure this model is supported whenever possible outside of the Grey district.	
to support appropriate onward referrals for family/whānau support.	Q4: Training/education delivered.		✓		
Work with the Ministry of Education to develop an improved process for children with disabilities	Q1: Process for identifying children with higher needs developed.		✓		
to access B4 School Checks and discuss healthy weight in childhood with a dietitian. (EOA)	Q4: Process agreed with Education.		✓		
Key Performance Measures		Total Result	Maori Result	Comments	
95% of children identified as obese at their B4 School Check are offered a referral to a health professional for clinical assessment and family-based lifestyle intervention.		100%	100%	Results for the Raising Healthy Kids measure are reflective of local data. Ministry will not be releasing quarter four results. 166 checks were completed during quarter four. 14 children were identified as obese and offered a referral.	

Older Person's Health Services

Healthy Ageing NZHS Link – Closer to Home

Status Report for 2018/19			nce Reporting Link – PP23
Key Actions from the Annual Plan	Milestones	Status	Comments
Work with partner organisations through the Health of Older People Workstream and Falls Coalition to enhance and integrate falls and fracture prevention services. Engage local providers to accredit community strength & balance classes, including a	Q1: St John representative attending Falls Coalition meetings.	✓	A Maori focussed community exercise class is being held,
	Q2: Review and integration of osteoporosis and falls prevention referral pathways complete.	✓	however the class is not yet accredited and we continue to work with them to achieve this. The NOF pathway work has been
number specifically designed and targeted towards older Māori. (EOA)	Q3: Māori focused community strength & balance class accredited.	O	delayed due to some wider work being done with ATR within Grey
Embed the fracture pathway to ensure people with a fractured Neck-of-Femur (NOF) are	Q3: NOF pathway embedded.	J	Base hospital. The Fracture Liaison Service will
referred to the in-home Falls Prevention Service.	Q4: Virtual Fracture Liaison Service operational.	J	progress very shortly with the appointment of a new staff member.
Encourage service providers to consider Māori health needs from 50+ to enable older Māori to maintain good health. (EOA)	Q2: InterRAI reporting framework in place and assessment rates tracked by ethnicity.	✓	Recruitment is ongoing for a Maori Clinical Assessor; Poutini Waiora is engaged in the process but as yet
Engage the Māori Needs Assessor to complete InterRAI assessments to ensure an appropriate	Q2: CNS appointed to support FIRST.	✓	this process has not been successful in identifying a
response for older Māori with complex health issues. (EOA)	Q3: Baseline established InterRAI assessments per 1,000 population.	✓	candidate. Six clients have completed the FIRST programme since August
Employ a Clinical Nurse Specialist to embed and promote the early supported discharge service (FIRST) ensuring the screening and referral of older people to appropriate discharge options.	Q4: Three people admitted to the FIRST service.	✓	2018.
Analyse the 75+ cohort presenting at ED and investigate potential interventions.	Q1: Analysis of ED and repeat acute admissions undertaken.	✓	We have reviewed acute admissions from ED and are in the
Analyse the 75+ cohort with repeat acute admissions and investigate potential interventions. (EOA)	Q2: Strategies to address repeat cohort presentations and admission identified.	√	process of identifying areas where alternative community pathways could be used. The PHO is also identifying all patients who have LTCH conditions and ensuring they have an acute care plan in place
Key Performance Measures		Result	Comments
720 places available at approved strengths and balance classes.		506	There were 261 attendees at classes in the last quarter.
120 referrals made to the Falls Prevention Service.			This is a preliminary number, the final month is yet to be confirmed.
95% of long-term Home Based Support Services of and have a completed care plan in place.	clients have had an InterRAI assessment	N/A	During quarter four 81 homecare inteRAI assessments were completed and 43 contact inteRAI assessments.

Improving Systems

Strengthened Delivery of Public Health Services

NZHS Link - Value & High Performance

Status Report for 2018/19			ance Reporting Link – SI16
Key Actions from the Annual Plan	Milestones	Status	Comments
Implement the planned/ unplanned care model, incorporating a new approach to the provision of after-hours and urgent and emergency care as the DHB transitions to the new Grey Hospital and develops its model of care in Westport. Work with the Ministry to ensure external	Q2: Communication plan for new planned/unplanned care pathways developed.	Ç	Planned and unplanned pathways have been implemented at Grey Medical and we continue to work on
	Q3: New model allows people to be seen and treated in the right place.	J	improving these and widening the coverage to our community. Delays to the facilities build in Grey
contracting, reporting and funding mechanisms do not create artificial barriers or restrict development of the new model.	Q4: Primary care hours extended to provide greater access to care.	×	will mean some actions around the new model and extended hours won't be implemented until 2019/20.
Establish a centralised Hub for the delivery of assessment and coordination services to enhance the integration of services.	Q4: Centralised support service (that includes bookings and community assessments) in place.	J	A project is underway but further work around this will continue into the next year. Co-location is a key enabler and the new administration facilities that will be completed at the end of the calendar year will enable this to occur.
Realign resources to support implementation of the locality-based services model with three	Q1: Northern integrated health service in place.	✓	The implementation of the locality based services model is now
integrated health service spokes in Northern [Buller], Central [Grey] and Southern [Westland].	Q4: Central and Southern integrated health services in place.	J	underway for the Central and Southern areas. The Northern area is already in place.
Consider the provision of services currently under hospital management and explore how	Q1: Review of OT and Audiology Services completed.	✓	The review of OT has been completed, and a review of the
the DHB might better meet the needs of the population as part of the wider integrated service model.	Q1: Opportunities to provide greater access to residential dementia services explored.	✓	audiology service is now underway. Work is underway to understand capacity for dementia services.
Invest in the development of a rural generalist workforce model to enable the transformation	Q1: Communications and recruitment strategy implemented.	✓	Implementation of the rural education and training cluster is
of models of care and support the sustainability of our system. Design a communications and recruitment strategy that communicates the rural generalist model and attract professionals interested in this way of working.	Q4: Rural education and training cluster implemented.	✓	now underway. Obstetrics, General Medicine and Anaesthetics will be the services
	Q4: Pathways for development of rural medical generalists identified.	✓	where we will develop our rural medical generalist approach. Training programmes have been
	Q4: Extended scope roles in place.	✓	identified to enable this. We have one Rural Generalist with an extended scope in Obstetrics.

Disability Support Services

NZHS Link - One Team

Status Report for 2018/19		Perform	ance Reporting Link – SI14
Key Actions from the Annual Plan	Milestones	Status	Comments
Form a transalpine West Coast/Canterbury DHB Diversity Training Group to develop a diversity	Q1: Diversity Training Group established.	J	There have been initial delays with this work but a number of enablers
education framework. Engage the Disability Steering Group and Māori and Pacific leads to ensure content is consumer	Q2: Diversity education framework approved.	×	are now in place or underway: the appointment of the Care Starts Here Programme Manager, the
focused and culturally appropriate. (EOA) Engage subject matter experts to develop	Q2: Development of training modules complete.	*	initiation of the Diversity Inclusion and Belonging Policy, and the coming together of members from
disability training modules, building on the e-learning work completed in 2017/18.	Q3: Disability training modules launched on HealthLearn.	*	the Disability Steering Group to discuss 'what change looks like'.
Track uptake and feedback on modules as a means of evaluation.	Q4: Report on uptake of training modules.	*	This provides the basis for a diversity learning framework and there is more clarity on the scope of training linked to the intended behaviour change.
			This work has been reprioritised for 2019/20.
Key Performance Measures		Result	Comment
Percentage of staff completing disability training modules.		1,423	This relates to the current online training module available for staff through healthLearn.
Percentage of staff rating content positively.		NA	The currently online module does not include evaluation measures

Shorter Stays in Emergency Departments

NZHS Link – Value and High Performance

Status Report for 2018/19			Performance Reporting Link - TBC	
Key Actions from the Annual Plan	Milestones		Status	Comments
Implement a Short Stay Unit in the new Greybase Hospital facility, to streamline and support the improved flow and observation of patients.	Q1: Criteria for short stay admission and discharge developed.		✓	This work is underway with short stay criteria developed and
	Q2: Workforce requirements	and	✓	workforce projections completed. However, further implementation has been held-up due to ongoing
	Q3: Recruitment underway.		J	delays with the new Grey Base Hospital build.
	Q4: Unit operational.		J	
Establish a duty nurse (patient flow manager) manager role, within hours, to assist with patient flow and admission and discharge planning	Q1 Role scoped and agreed.		✓	This position has been recruited to with a start date of Q1 19/20. The
	Q2 Role recruited.		✓	impact of the role will be reviewed
across the wards.	Q3 Review of impact and focus.		×	after the position has been in place for a year.
Map the journey for Maori across the rural health continuum (primary to secondary care)	Q3: Journey Mapped.		J	This action has been delayed due to a change in staff, however meetings
and determine areas of focus to improve earlier engagement. (EOA)	Q4: Opportunities identified and prioritised.		×	have now been set for this project to commence in quarter one 19/20.
Key Performance Measures		Total Result	Maori Result	Comment
95% of patients are admitted, discharged, or transfe	erred from ED within 6 hours.	98.2%	98.3%	
<20% of patients are admitted from ED short stay unit to inpatient wards.		37%		586 patients were admitted in Q4.
<64% of presentations to Grey Base ED Reduction are triage level 4-5.		54%		The ethnicity breakdown of this measure will be available Q1 19/20
>8/10 average for in-patient survey domain rate you communications.	ur experience of	8.5	NA	Latest result to November 2018.

Status Report for 2018/19			Perform	Performance Reporting Link – PP30	
Key Actions from the Annual Plan	Milestones		Status	Comments	
Use data/intelligence systems to monitor the 62-day and 31-day wait time targets and support discussions with specialties missing targets.	Q1: Quarterly monitoring o wait times and analysis of a where there are delays.		✓	Monitoring of cancer wait time delays for individual patients is actively undertaken by West Coast	
Undertake breach analysis for patients outside the 62-day target to assess emergent systemic issues that might need corrective action and identify opportunities to reduce process delays. Work with the Southern Cancer Network to support regional initiatives and tumour stream pathway developments that improve equity of access for West Coast patients. (EOA)	Q2: Improvements identified implementation underway.		✓	DHB's Cancer Nurse Coordinator. The Te Wai Pounamu Maori Leadership Group has endorsed the Southern Cancer Network Equity Assessment Framework for progressive implementation in all work programmes.	
	Q3: Adopt learnings from the Southern Cancer Network & assessment framework pilot	equity	✓		
Engage locally in the regional Te Waipounamu Māori Cancer Pathway Project to support improved outcomes for West Coast Māori. (EOA) Adopt a collective approach to improving cervical and breast screening rates for Māori women.	Q2: Cancer Korero Booklet and disseminated.	booklet is u		Publication of the Cancer Korero booklet is underway and it is	
	Q4: Three cancer korero hu improve cancer health liter amongst Māori whānau.		×	anticipated this will be completed in Q1 2019/20. The three planned cancer korero hui to promote cancer korero have	
	Q4: Cultural competency training and education package developed and presented to GP practices.		√	also been delayed until Q2 19/20. Cultural competency training has been delivered to General Practices in Greymouth and to Poutini Waiora, with further training planned for other areas.	
Incorporate references and links to Kupe (the national prostate cancer decision support tool) into HealthPathways and HealthInfo to support men and their families to understand the risks and benefits of treatment, before having a prostate cancer check.	Q2: Kupe link on HealthPat support GPs to have conversith their patients.	-	✓	Kupe links have been established.	
	Q2: Kupe link on HealthInfo to support patients and their families to make informed decisions.		✓		
Continue to engage with and provide input into community initiatives that support people and their families following, cancer treatment. Engage with the Southern Cancer Network to identify opportunities for the Coast arising from the regional engagement and survivorship initiative pilot.	Q2: Input and support provided to the Cancer Society (Living Well Programme) and Poutini Waiora for delivery of survivorship initiatives.		✓	A Living Well workshop held Greymouth on 13 April 2019, with a host of smaller targeted group sessions also being delivered.	
	Q2: Input into regional feedback sessions on end-of-treatment needs.		✓	West Coast DHB is engaged in the following regional priority focus areas: improving lung cancer pathways, roll-out of MOSAIQ, and increased use of clinical Multi-Disciplinary Meetings for reviewing individual patient care. The DHB's Cancer Nurse Coordinator also sits on the regional Clinical Governance and Operational Leadership Group.	
	Q4: Review of regional opportunities.		✓		
Key Performance Measures		Total Result	Maori Result	Comment	
90% of patients receive their first cancer treatment (or other management) within 62 days of being referred with a high suspicion of cancer and a need to be seen within 2 weeks.		73.7%*	NA	Small numbers are challenging with this result reflecting only five patients who were not seen within the 62 day period.	
85% of patients receive their first cancer treatment (or other management) within 31 days of date of a decision-to-treat.		89.6%*	NA	Every non-compliant case individually followed up. Most non-compliant cases are physically, psychologically, or diagnostically challenging.	
			Note: Ethnicity data is not provided by the MoH and results for Q4 are preliminary.		

Elective Services

Status Report for 2018/19			Performance Reporting Link – PP45	
Key Actions from the Annual Plan	Milestones		Status	Comments
Establish a clinical governance alliance to support a 'One Service' approach to orthopaedics across Canterbury and West Coast DHBs. (EOA)	Q2: Transalpine Orthopaedic clinical governance alliance established.		✓	Transalpine Orthopaedic Service in place with joint governance.
Invest in additional capacity in plastics to improve timely access to treatment. (EOA)	Q2: A Plastics Fellow is in place, as part of the transalpine plastics service.		✓	Several visits by the Plastics Fellow occurred during 2018. We now have regular plastics visits.
Review current booking system processes to identify opportunities to improve the uptake of appointments and access to services. Facilitate cross-system collaboration between booking teams and Poutini Waiora to identify solutions for better engaging with Māori. (EOA) Develop criteria to help identify patients who would be suitable for telehealth clinics, to reduce their need to travel. (EOA)	Q1: DNA service level data used to identify initial areas of focus.		J	Further data development is required to enable identification of cohorts for the DNA project. This will take place in Q1 2019/20. Electronic delivery of patient appointments is being tested before being fully enabled. Rollout of software-based VC has commenced with telehealth criteria developed and clinics identified and counted via the DHBs patient management system.
	Q2: Electronic delivery of patient appointments enabled.		J	
	Q3: Business case developed for software-based VC capability.		✓	
	Q4: Telehealth criteria developed.		✓	
Work with the Ministry to develop consistent rules for counting telehealth events, to ensure activity is appropriately captured.	_	Process for counting telehealth ats in place to recognise activity.		
Engage with Poutini Waiora to established closer links with Māori patients at the pre-presentation and discharge phases to support people to	Q3: Process in place to offer Māori patient's additional support through their elective patient journey.		J	Engagement work underway via Tautau Pounamu. Training has not been able to be delivered due to capacity constraints and will resume in again in 2019/20
attend appointments. Deliver Tikanga Best Practice training to staff, to support patients to feel culturally comfortable with the care they are given.	Q4: Four Tikanga Best Practice sessions delivered.		×	
Key Performance Measures Total Result		Total Result	Maori Result	Comment
1,916 elective surgeries delivered.		101.3%	NA	The West Coast DHB had provided 1,940 elective surgical discharges to June 2019, slightly higher than anticipated.
100% of people are seen for their First Specialist Assessment within four months (ESPI2).		97%	NA	Results as are at June 2019 and relate to 25 patients who waited outside of timeframes for their FSA and 24 who waited outside of the timeframe for treatment.
100% of people receive treatment within four months of the commitment to treat (ESPI5). $ \label{eq:commitment} $		89%	NA	
Average elective length of hospital stay at or below 1.45 days.		1.19	NA	FSAs have improved from 72 patients waiting outside of timeframes in May and are largely related to plastics patients. Those waiting for treatment included 11 plastics and 8
Outpatient DNAs and maintained at or below 6%.		8.3%	13%	orthopaedic patients. The DNA project has been prioritised for 2019/20.

Service Quality Part I

NZHS Link - Value & High Performance

Status Report for 2018/19	Performance Reporting Link – SI17					
Key Actions from the Annual Plan	Milestones		Status	Comments		
Provide free seasonal flu vaccinations for people at higher risk including Māori over 65 years, pregnant women and people with a recent	Q1: Analysis of Atlas indicat shared to support targeted for high need populations.		✓	Key actions identified and highlighted in the DHB's SLM Improvement Plan.		
asthma related hospital admission. (EOA) Engage Poutini Waiora to support practices struggling to reach their target population. (EOA) Undertake analysis of Atlas indicators to identify opportunities to increase influenza vaccinations for target populations, after hospital admission.	Q2: Difference in coverage is between the NIR and gener practice patient manageme is clarified, to better target who have not had a flu vaccional process.	al nt system those	✓	Work is underway with practices to remind them of the correct process for messaging NIR re vaccinations given in practice.		
Key Performance Measures	Total Result	Maori Result	Comment			
75% of the population 65+ have received a free infl	uenza vaccine.	55%	50%	2018 flu season.		

Service Quality Part II

NZHS Link - Value & High Performance

Status Report for 2018/19	Performance Reporting Link – SI17				
Key Actions from the Annual Plan	Milestones	Status	Comments		
Work with consumers and staff to co-design and	Q1: Terminology agreed.	✓	The procedure, patient and family information document has been		
articulate the role of a 'nominated or preferred' contact person. Work with consumers to develop material describing and clarifying the role.	Q2: Procedure for contact details collection updated to include nominated contact person.	J	developed and is being consulted on. This work has been delayed due to staff capacity but has been		
Develop an organisational change process, including training and materials for staff who	Q3: Organisational change process confirmed and tested.	U	prioritised for completion in 2019/20.		
collect patient details, to ensure a patient's nominated or preferred person is identified in the early stages of admission.	Q4: Change process approved and implemented.	J			
Key Performance Measures	Result	Comment			
>65% of inpatients felt 'staff included their family/discussion about their care'.	67%				

Waste Disposal

NZHS Link - Value & High Performance

Status Report for 2018/19	Performance Reporting Link – PP41				
Key Actions from the Annual Plan	Milestones	Status	Comments		
Distribute materials to pharmacies for educating patients about returning unused and expired medicines and used sharps.	Q1: Educational materials distributed to pharmacies.	√			
Undertake a stocktake on current disposal processes for each category of waste to identify opportunities for improving waste disposal arrangements.	Q2: Stocktake report completed and submitted to the Ministry of Health.	✓			

Status Report for 2018/19	Performance Reporting Link – PP40				
Key Actions from the Annual Plan	Milestones	Status	Comments		
Link into the Canterbury Sustainability Governance Group (SGG) to support	Q2: West Coast Sustainability Champions Identified.	✓	A Sustainability Governance Group (SGG) has been established. The		
development of a Sustainability Strategy.	Q2: Links into CDHB Sustainability Governance Group established.	✓	transalpine maintenance and commercial managers sits on this group representing the West Coast		
Establish energy monitoring (using Energypro software) to build up a history of energy use and identify opportunities for improvement.	Q1: Energypro monitoring in place.	✓	The system has been introduced.		
Review current inter-hospital truck transport service to identify opportunities to reduce	Q2: Truck transport review complete and opportunities identified.	×	Due to capacity constraints this transport review has been delayed		
mileage and use of fossil fuels.	Q4: Reduction in internal truck transport kilometres by 33%.	×	until 2019/20. We expect transport kilometres will not reduce this year.		
Undertake a stocktake of current initiatives being delivered to mitigate or adapt to the effects of climate change.	Q2: Stocktake of current actions completed.	✓	Stocktake complete and submitted to the Ministry of Health.		
With support from Canterbury DHB, seek to introduce the CEMARS and Energy-Mark accreditation programmes.	Q4: CEMARS and Energy-Mark accreditation programmes introduced.	J	We are working with CDHB to investigate support for improved energy-management systems.		

OPERATIONAL UPDATE



TO: Chair and Members

West Coast Advisory Committee

SOURCE: General Manager, West Coast DHB

DATE: 27 September 2019

Report Status – For: Decision □	Noting <a>V	Information	
---------------------------------	-----------------	-------------	--

1. ORIGIN OF THE REPORT

This is a standing report to the West Coast District Health Board Hospital Advisory Committee. It outlines progress in relation to service delivery across the District Health Board's Provider Arm.

2. **RECOMMENDATION**

That the West Coast Advisory Committee:

i. notes the Operational Update.

3. SUMMARY

This report is intended to:

- provide greater insights into the nature and flow of activity in, and through, the secondary care component of the West Coast health system;
- reflect a patient-centric view of services, being the 'patient journey' through the system; and
- provide greater clarity of, and focus on, key metrics.

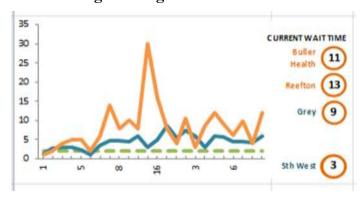
The report is broken into six sections: 4.1 - Activity, 4.2 - Workforce Updates, 4.3 - Patient, 4.4 - Health Targets, 4.5 - Quality, 4.6 - Specific Requests [when applicable]. Further changes to graphics and content will occur as well, including the graphic representation of primary care in the acute patient's journey.

The following are the most notable features of the report:

- Health strategies across the age continuum as work comes to a completion around the Maternity Health Strategy the teams will be moving to the Child Health Strategy looking at all our services that provide care and support for our children.
- Work is commencing with the Ministry of Health on the implementation of the National Bowel Screening Programme

4. <u>DISCUSSION</u>

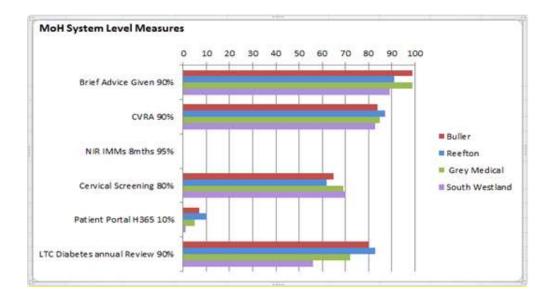
4.1 Service Update Primary Care & Northern Region Integrated Health Services



Wait times for planned appointments continue to fluctuate over the winter period as the team continues to look to cover gaps with locum general practitioners.

In Westport the decanting of services to Outpatients and Dunsford ward is underway. A Business Impact Analysis is in progress with the Buller team and WCDHB Emergency Planner to support both the decanting process but also supporting longer term preparations for significant events. Formal conversations with the respective services are scheduled with guidance from People & Capability to how best prepare and support staff through the process of relocation.

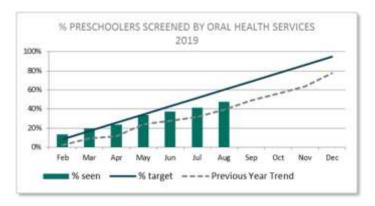
In Greymouth the teams are involved in activities to prepare for the new facility. Key areas of focus are the administration and reception teams where five different teams will be coming together and working as one group to greet and help community members as they interact with our services. Another focus area are looking at opportunities to further improve access to services through extending hours for planned appointments, giving a greater level of convenience to community members who work or find it difficult to attend between work hours.



Community

The B4School service is delivering very positive results as the result of quality improvement. For this time of the year the numbers are ahead of where we need to be to meet target at the end of the financial year. Clinic days scheduled have been cancelled as there are not enough 4 year olds available in some cases. We are on target for High Deprivation as well so it's been a great effort by the team.

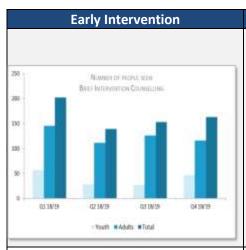




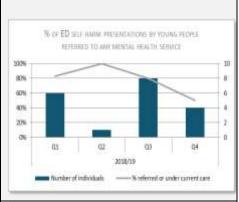
Health strategies across the age continuum

The clinical teams are continuing to work on the Maternity Health Strategy with further engagement with communities and in particular Maori across the Coast, to finalise a strategy that reflects the needs and priorities of our communities. As we come to a completion around this the teams will be moving to the Child Health Strategy that we are starting planning around and will commence engagement in the new year. This will be looking at all our services that provide care and support for our children to identify what is good, what needs improving, where there are gaps but most importantly engaging with our communities once more to understand their priorities and how they want their health services to work for their children.

Mental Health



Non-urgent wait times for CAMHS

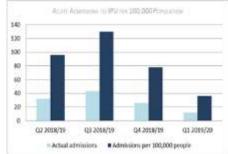


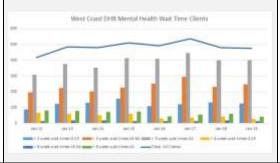
Acute

Brief Intervention Counselling delivered by the PHO wait time slightly reduced this quarter compared to last. Of the 70 youth seen this quarter 16% were for Maori. Continued liaison with NGO partners, Schools and ICAMHS is working well.

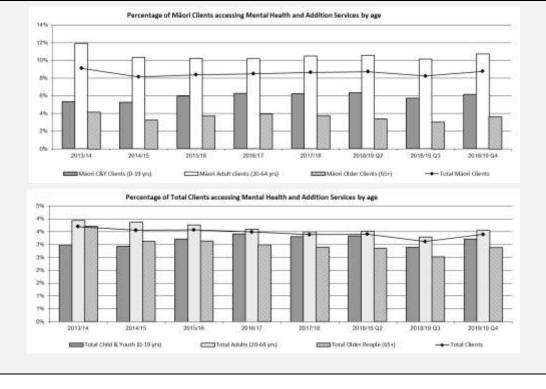
Community based support for women and their partners in need of additional support before and after the birth of a child continues with free intervention counselling provided for people needing moderate mental health support. The West Coast Maternal Health Pathway was audited and revised. The Pathway puts focus on early support for women requiring MMG support and links these services provided in the community







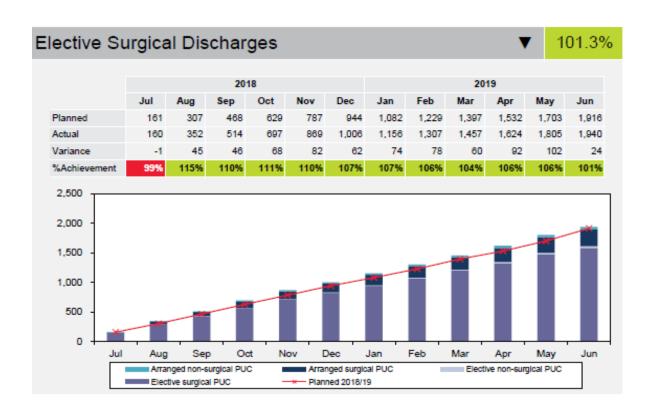
Access



Inpatient and Outpatient

Outpatient Clinic DNA Rates

Month	Total number of patients booked	Number of patients attended clinics	Number of patients did not attend [DNA]	Percentage of patients did not attend [DNA]
August 2018	1621	1500	121	7.46%
September 2018	1566	1437	129	8.24%
October 2018	1637	1485	152	9.29%
November 2018	1644	1522	122	7.42%
December 2018	1155	1061	94	8.14%
January 2019	1507	1371	136	9.02%
February 2019	1544	1428	116	7.51%
March 2019	1555	1443	112	7.20%
April 2019	1488	1338	150	10.08%
May 2019	1730	1583	147	8.50%
June 2019	1375	1259	116	8.44%
July 2019	1515	1367	148	9.77%
August 2019	1664	1511	153	9.19%
13 month rolling totals	20001	18305	1696	8.48% Average



West Coast DHB was 24 cases ahead in delivering our target of 1916 elective and arranged discharges for elective surgery for the financial year to 30 June 2019.

West Coast DHB is currently still working with the Ministry of Health to confirm our indicative targets for the new model for Planned Care services for our 2019/20 Annual Plan.

National Bowel Screening Programme - Implementation on the West Coast

West Coast is amongst the last group of DHBs to be staged by the Ministry of Health to "go live" in the programme in 2020-21. Implementation is to be in three phases, with the DHB required to work with the Ministry in each phase to ensure that the required resource and increase in services can be delivered to support implementation. The three phases are as follows:

- Phase One Information. The DHB is required to provide detailed information to the Ministry to inform the Ministry's business case to Ministers of Finance and Health. Draft information is due in October 2019, and the final Phase One information is due in February 2020.
- Phase Two Planning. The DHB is required to plan for set up for establishing the service for 'go live'. This is to include various plans for workforce, equity, communications, primary care engagement, governance, leadership, accountability, etc.
- Phase Three Establishment: The Ministry of Heath will assess our readiness and confirm that we can go live in the programme. Thereafter, the programme will be commenced locally.

Elective Services Patient Indicators [ESPI Compliance]

ESPI 2 FSA (First Specialist Assessment)

There were 23 patients waiting over 120 days for their outpatient First Specialist Assessment as at the end of July 2019 (2.8% of patients waiting). Of these, 16 were plastic surgery cases. The remaining cases were spread among a number of specialties, including 2 waiting over 120 days for ophthalmology, and 1 patient each in gynaecology, urology, general medicine, haematology and respiratory. Patients who were waiting over 120 days in other specialties other than plastic surgery are due to a combination of factors, including clinical complications delaying readiness to attend; some who had been given previous appointments within 120 days of initial referral, but then failed to attend (but not removed from the waiting list); and those for haematology and respiratory due to a quirk of the timing between the visiting specialist clinics rather than any capacity issue.

The previous cases of patients with prolonged waiting times over 120 days for orthopaedic FSA have now been addressed through the provisions of additional specialist clinics.

Some patients who are indicated as being over the 120-day target have previously been offered appointments, but not turned up at their clinic appointments; the reasons for which may be quite variable depending on the individual patient and their particular circumstances. They have been left on our waiting lists for re-booking, so as to offer them additional appointment dates to see a Specialist, rather than being simply removed and their referral returned to their primary care referrer.

ESPI 5 (Treatment)

Thirty patients were waiting over 120 days from FSA to surgical treatment as at the end of July 2019. This included patients in the specialities of plastic surgery (13), orthopaedic (10) dental (5), paediatric surgery (1), and urology (1). Additional plastic surgery theatre and outpatient sessions have been delivered to help address the back-log to the service, but the risk remains that

this will only help to keep pace with the increased demand rather than reduce or remove it in the short to medium term. Outpatient clinic and theatre list mix of the visiting specialists are being reviewed as a possible option to help smooth this out as part of our recovery plans.

Wait times on the orthopaedic surgical waiting list have started to increase again, as more patients have been seen at FSA. This will take time to resolve over forthcoming months as a production plan to manage the list growth is developed.

MoH Planned Care Measurement

Summary of Patient Flow Indicator (ESPI) results

DHB: West Coast

	Α	ug	Se	ep	0	ct (N	lov	D	ec	Jä	n	Fe	eb	M	lar	Α	pr	M	lay	Ju	ın	Jı	ul
	lmp. Req	Status %																						
DHB services that appropriately acknowledge and process patient referrals within the required timeframe.	18 of 18	100.0 %	18 of 18	100.0 %	17 of 17	100.0 %	18 of 18	100.0 %																
Patients waiting longer than four months for their first specialist assessment (FSA).	199	17.4%	181	17.1%	215	21.3%	202	20.3%	197	19.1%	178	16.8%	140	15.2%	88	10.1%	67	7.9%	72	9.1%	25	3.0%	23	2.8%
 Patients waiting without a commitment to treatment whose priorities are higher than the actual treatment threshold (aTT). 	1	0.1%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.1%	0	0.0%	0	0.0%	0	0.0%
Patients given a commitment to treatment but not treated within four months.	7	3.0%	9	3.8%	14	5.8%	15	6.8%	18	7.9%	18	8.7%	20	9.3%	20	8.0%	30	11.6%	19	8.1%	24	11.1%	30	11.4%
The proportion of patients treated who were prioritised using nationally recognised processes or tools.	0	100.0 %																						

Notes:

- 1. From July 2016 the required timeframe for ESPI 1 is 15 calendar days.
- 2. From January 2015 the required timeframe for ESPI 2 and ESPI 5 is 4 months.
- 3. ESPI results do not include non-elective patients, or elective patients awaiting planned, staged or surveillance procedures.
- Medical specialties are currently included in ESPI 1, ESPI 2 and ESPI 5 but excluded from other ESPIs.
- 5. ESPIs 4, 6 and 7 have all been retired and are no longer reported.

Please contact the Ministry of Health's Planned Care team if you have any queries about ESPIs (elective.services@health.govt.nz).

Data Warehouse Refresh Date: 1/09/2019

Report Run Date: 2/09/2019 Data up to: Jul 2019

ESPI Compliance Levels:

- 1. DHB Level 'Non-compliant Red' staus for ESPI 1 is temporarily removed so from July 2016 ESPI 1 will be Green if 100%, and Yellow if less than 100%.
- 2. ESPI 2 will be Green if 0 patients, Yellow if greater than 0 patients and less than or equal to 10 patients or less than 0.39%, and Red if 0.4% or higher.
- 3. ESPI 3 will be Green if 0 patients, Yellow if greater than 0 patients and less than or equal to 10 patients or less than 4.99%, and Red if 5% or higher.
- 4. ESPI 5 will be Green if 0 patients, Yellow if greater than 0 patients and less than or equal to 10 patients or less than 0.99%, and Red if 1% or higher.
- 5. ESPI 8 will be Green if 100%, Yellow if between 90% and 99.9%, and Red if less than 90%.

West Coast DHB national performance measures report

Quarter 4 2018/19 April - June 2019



What are the national performance measures?

This report presents current performance against the national performance measures formerly referred to as national health targets.

These measures reflect Centerbuy's performence in areas of significant public and government interest and continue to be tracked by the Ministry as part of the DHB's quarterly performance reporting suits. The targets remain in place until the new high-level measures set is released. We will continue to present performence across these priority areas. Three of the measures focus on petient access and three focus on prevention.















Patients admitted, discharged or transferred EO. within six hours. Target: 90% 1/30% 20% 70% 60% ADRIVAT EDRIVAT IDENSE IDENSE Total Milori — Target — N2

Shorter stays in ED

98%

The West Coast continues to achieve the national ED target, with 58% of all patients admitted, discharged or transferred from ED within 6 hours during querter three.

98% of all Maori patients were admitted, discharged or transferred from ED within 6 hours during the same quarter

Improved access to elective surgery Patients receiving planned surgery



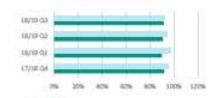
18/19 Q1 18/19 Q1 18/19 Q5 18/19 Q4 15/29 17/25 - Tanget

The West Coast OHS has provided 1,940 elective sungicel discharges at the end of quarter four, achieving the year-end target.

Supplementary indicators

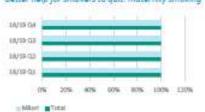
- Milest - Total

Better neip for smokers to quit: secondary smoking



This inequality heter potents in our hospitals, libertyled as anothers, being offered advice and help to guit prinking.

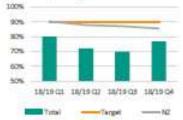
Setter help for smokers to quit: maternity smaking



The Wilnistry sources this date the DHEs from the notional Materially Date Set, it should be noted that the assiste of the data anti-represents around RTN of all pregnancies. sattenaily and the revenue is still considered developmental. Results are provided for

Faster cancer treatment

Patients getting their first concer treatment within 62 days. Torqut: 90%



This quarter 75% of petients received treatment on time. Small numbers are challenging with this result reflecting only five patients who were not seen within the 62 day period.

73%

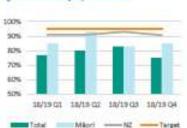
A breach analysts is underway and every non-compliant case Individually followed up. Most non-compliant cases are physically, psychologically, or diagnostically challenging.

95%

SO% target.

Increased immunisation

Eight-month-olds fully immunised



Overall, 75% of all eligible. eight-month-olds were fully Immunised this quarter.

75%

Small numbers are challenging with this result reflecting only four consenting children who were missed this quarter.

Stronger results were achelved for Maort (85%) and Aslan. drildren (100%).

100%

Better help for smokers to quit

Patients in the community who smoke are offered help to quit. Torqet: 90%



West Coast health prectitioners have reported giving 4,874 smokers cessed on advice in the 15 months ending June 2019. This represents 95% of smokers against the

90% of Macri and 95% of our Padfic populations were given. brief advice to out smoking.

Raising healthy kids

Children with obesity referred for support



During querter four 166 checks were completed and 14 children were identified as

obese and offered a referral.

This result reflect 100% of children exceeding the national eyerage (97%) and target.

4.2 Workforce Update

Enabling our Workforce

- Te Nikau Grey Hospital and Health Centre ground floor workshops are progressing. This is a cross collaborative project involving administrators, nurses and doctors from Grey Medical, Emergency Department, Information Services, Facilities, Outpatients, Booking and Reception teams at this stage. In the last month we have gained Consumer Council representation on the project.
- The Te Nikau room scheduling and utilisation work stream has advanced well and we are confident that the demand on the space available is able to be well managed and coordinated.

Medical

- We have recruited a part time Anaesthetist in the last month and are looking forward to him starting early October. We have had to re-advertise the two full-time vacancies as there were no suitable applicants last round.
- The work to be able to roster Rural Generalist consultants into internal medicine, anaesthesia and obstetric care by the target date of 1 October is taking longer than anticipated as there is significant internal documentation to be completed to ensure all aspects of patient and procedural safety have been addressed. While the target date may not be met the work is progressing steadily and has the added benefit of ensuring our policies and procedures for internal medicine, anaesthesia and obstetrics are up to date.
- The job descriptions for Resident Medical Officers have been updated to support the model of care in the new facility from the start of 2020. We are about to commence the process of agreeing these. This requires negotiating with current House Officers and Unions and could result in difficulties operating in the new hospital if rejected by them.

Nursing

- Overall hospital services occupancy has decreased by 5%. Our day unit however has increased by 3%. To note, from December through to August this year on overage our occupancy has increased by approximately 6%.
- On a positive, nursing has seen a further decrease in sick leave of 19%. Orientation hours have increased this month to 1125. This is an indication that we have been successful with our recruitment. Most vacant areas within the DHB are now fully recruited to with the exception of Maternity.
- One-on-one hours have doubled this month from 340 to 660 hours.
- The day Duty Nurse Manager position has had positive feedback from not only front-line staff but also our outlying areas as the DNM goes to each area and introduces themselves and talk about how their position can help. It is now a month since the introduction of the daily operations meeting and timely for a review in two weeks' time to check it is making a difference.
- The Nurse Director Operations was invited to the high school to talk to year 12 and 13 students regarding health and the opportunities within the services. Nine students have been matched up with managers from all disciplines. They will meet with each manager to discuss their future in health.

Maternity

- Over August and the first two weeks of September, we had 28 births at Grey Hospital and 2 at Kawatiri. From a total of 30 births, 22 were normal vaginal births, 2 instrumental births and 6 births by caesarean section (3 emergency and 3 elective).
- The core midwifery workforce in Greymouth is struggling to get to a full complement. The Clinical Midwifery Manager (CMM) is going on maternity leave in October and a core midwife (1 FTE) was successful in her application for the CMM fixed term position. We are continuously advertising for core midwife positions. A registered nurse with extensive experience in maternity/neonatal care for a 0.8 FTE permanent position is orientating in the ward. We are also aiming to recruit a graduate in 2020.
- We facilitated a maternity skills workshop for registered nurses and enrolled nurses. The 8 attendees gave positive feedback, mentioning that they are now more confident doing casual work in maternity.
- Over August and the first 2 weeks of September our midwifery educator provided Newborn Life Support training in Greymouth and Buller.
- The MEWS (Maternity Early Warning Score) was introduced throughout the hospital and training sessions were facilitated by our midwifery educator, with 60 attendees from various wards.
- Our lactation consultants facilitated a breastfeeding workshop that had 17 attendees from various backgrounds.
- We have started to use the Strep2 education programme online breastfeeding education. The initiation details have been distributed to the multidisciplinary teams that according to the Baby Friendly Hospital Initiative (BFHI) require breastfeeding education.
- We recently had the local Countdown presentation where we presented our wish list for 2020.

Allied Health

- As reported in previous months, delays in the new build process are creating risk within our radiology service, as a number of imaging technologies reach their end of life. This means that the technology may become less reliable, equipment may no longer be able to be repaired, parts may no longer be available and the levels of radiation emitted may become too high for staff or patient safety. These factors are being monitored regularly.
- Work continues to develop a robust audiology service within the district, that supports our commitment to delivering care as close to home as possible. Challenges include understanding the volumes of activity for the various services that are currently offered and limited regional resource particularly with paediatric audiologists.
- A variety of 'test of change' processes are currently being shaped up to use Allied Health Assistants in new ways within inpatient and community settings, which support our Model of Care and commitment to releasing clinicians to work to the top of scope. This work is supported with the use of the Calderdale Framework for skill sharing and delegation and the Careerforce Levels 3 & 4 training programmes.
- A number of our clinicians are working on quality initiatives currently including improved collaboration for 'non-weight bearing' criteria, aphasia support networks and innovations to reach and support our more remote communities more sustainably.

Recruitment

New Vacancies	12
Total Open Vacancies	40
Appointed Vacancies	28

- <u>Nursing</u> We have had a successful programme of recruitment recently with a number of new staff into our Medical/Surgical wards as well as new staff into our Mental Health service. Alongside this are some key senior appointments to RNS, Nurse Educator and Nurse Consultant roles.
- Allied Health We have had a successful month of recruiting with two new appointments into occupational therapy where there has been a significant shortage of staff for a number of months. As well as a successful round of advertising and appointing for intern pharmacists to join us soon.
- <u>Corporate</u> A small number of vacancies and appointments have occurred in the previous month and application numbers continue to remain high.
- Medical Challenges continue in GP recruitment with shortages across winter. With the use of new streams of locum attraction this should ease further. Annual recruitment for RMOs is currently happening and a good number of candidates have applied. A strong focus continues in the recruiting of Rural Generalists across the DHB with the appointment of one already. At this stage we are recruiting two full-time and one part-time anaesthetist.

4.3 Patient

Patient Transfers

- The number of tertiary patient transfers from Grey Base and Buller Hospitals remained steady with 46 in July and 48 in August. The majority of transfers in both July and August were for medical and surgical patients, with the principal methods of transportation being via ambulance and pressurised aircraft in both July and August.
- The main reason for the transfers in July and August was for 'Specialty Care not available'.
- For patients transferred from Buller to Grey Base, the numbers remained stable with 29 in July and 30 in August. The majority of the transfers in both July and August were for medical patients. They were transported to Grey Base predominantly via ambulance and helicopter in both July and August.
- Patient transfers from Reefton to Grey Base were low with just 1 in July. The transfer was
 for a paediatric medical patient and was transported via private vehicle.

4.4 Quality

Hospital Services Incidents recorded in Safety1st for the 8 months to August 2019



GREY / WESTLAND 2019

Hospital Services	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug
Behaviour & Safety	16	12	17	18	15	13	16	21
Blood Product	1	0	0	0	0	0	1	0
Drain and Tube	0	0	1	0	0	0	0	1
Employee	16	7	7	4	7	9	8	6
Facilities, Building &								
Property	0	1	3	1	2	1	0	3
Fall	19	9	15	19	19	18	17	15
Hazard Register	0	0	0	0	0	0	0	0
Infection	1	1	2	1	0	2	0	0
Intravascular Access								
Device	2	0	1	0	0	0	0	0
Labs / Specimen	2	3	3	3	6	1	4	2
Labour and delivery	1	1	6	4	4	2	1	0
Medication and IV Fluids	7	7	14	12	8	8	13	14
Provision of Care	8	7	11	15	10	4	3	9
Radiology	2	2	1	0	2	0	2	1
Restraint	6	4	10	6	3	2	10	0
Security	2	5	1	3	2	0	5	0
Skin / tissue	2	1	10	4	4	3	5	6
Totals	85	60	102	90	82	63	85	78

August overall has one of the lowest number of recorded incidents for the year. Behaviour and Safety events are on the rise and this is evidenced by the growing number of verbal abuse events being experienced by staff across all disciplines. Fall numbers are only slightly down on last month. What is very significant is that there were no restraints carried out in August; an early success of focusing on Zero Seclusion and restraints overall.

Report prepared by: Philip Wheble, General Manager West Coast DHB



Disability Directorate e-newsletter

September 2019 ISSN 2253-1386

From Toni Atkinson Group Manager, Disability Support Services



Welcome to our spring edition! I hope you are all looking forward to lighter days and warmer weather.

We are part way through our programme of Community Conversations, where Adri Isbister, our new Deputy Director-General Disability, is visiting regions around Aotearoa to meet disabled people, their family/whānau, carers and our providers. I hope many of you have been able to attend these forums and provided some input into the strategic direction for the Directorate over the next few years.

The Directorate has been going through a time of significant change – and it's not over yet! We have been reorganising ourselves to better meet the needs of the disability community and the Ministry going forward. This has meant a change of roles for many people and you will see some new faces over the coming months as we recruit to full staffing. I want to also acknowledge the people who have left the Directorate over the past few months and wish them well with the next steps of their careers.

We are making progress on our strategic plan and I look forward to this document being finalised by the end of the year. Thank you to everyone who has contributed to the work on setting our future direction – whether it has been through community forums, surveys or contacting us directly with your thoughts about the future.

I hope you enjoy this spring edition of the newsletter.

Contents

Page 2 Enabling Good Lives

Page 4
Community
conversations

Page 5 Funded Family Care

Page 6
Pay equity update

Page 7 Child development services

Page 8
Preventing the spread of measles

Page 9
Recent publications

Page 10 Firstport

Page 11 Our people

Page 12 Provider stories/ Innovative practices

Enabling Good Lives

Christchurch

Hannah Perry, Enabling Good Lives Lead, Ministry of Health

Flexible Disability Support

In Christchurch, young people and families connected with EGL have personalised, flexible budgets and choose how they wish to manage them. Most people elect to use a budget 'host', which gives them control of how, when and where they use their budget. Other families find that employing their own staff and keeping track of purchases adds a layer of stress and complication into already busy lives. In response to that, we have a number of Flexible Disability Support (FDS) providers which means that EGL participants still have choice and control over their budgets, but pass over some of the responsibility to the provider.

Families ask the FDS providers to do a number of things differently to what has previously been offered, so they can truly be of service to EGL participants. This includes:

- Providing direct support (eg, a support worker comes and assists the young person to live their life in the community)
- Making purchases on behalf of the person (eg, paying to raise the garden beds to a height where the person is able to reach inside and independently grow vegetables)
- Directly funding a young person and families (eg, ensuring a young person has cash on hand to pay the weekly fee at darts).

These options have meant that people:

- join clubs, courses and groups
- · choose their own staff, without the responsibility of rostering, training and management
- · go on camps, holidays, tramps and to concerts with their friends
- investigate and make purchases such as technology and e-bikes (and e-trikes!) that ensure they
 are well connected to their community, able to build and maintain relationships, have fun and
 keep fit
- lead lives that are centred around who they are as a person, rather than what time works for the taxi company or rostered staff.

The Enabling Good Lives approach is about creating options and building opportunities for disabled people and their families to live great lives in communities that value who they are and what they have to offer. Having service providers that can work flexibly to offer the family what they want means that it is easier for a young person to build a good life for themselves.

Waikato

Kate Cosgriff, Director, Enabling Good Lives Waikato

Collaboration with other key agencies and systems that impact on the lives of disabled people continues to be a focus for the Waikato demonstration. In the past year we have focused on areas where our work intersects with the Waikato District Health Board (DHB), including clinical services and planning.

We are helping the DHB to develop a Tāngata Whaikaha/Disabled Peoples Health Profile. The advocacy of disabled people and families on the DHB's Consumer Consortium resulted in this new initiative. The DHB now has a key strategic intent to radically improve the health outcomes of disabled people. The Profile is an initial step to help the DHB understand the needs and aspirations of disability communities across the Waikato.

In the last quarter, we held a meeting with one of the members of the Health and Disability System Review. This meeting saw a wide-ranging discussion and they were interested to understand how EGL operates and its potential applications.

The demonstration is contributing to the Waikato Plan Regional Housing Initiative Working Group to ensure disability and accessibility are front of mind as the Group begins its strategy work.

Two new EGL videos were completed in the period, with both now up on the website. As well as this, EGL featured in a Radio New Zealand story about the Oliver family. The Olivers had a big vision and built a positive rural flatting situation for their adult son Andrew. The first part of the RNZ story featured Andy's special relationship with Fonterra. The second part focused on his move into his own home and being part of Enabling Good Lives, with one of the connectors interviewed. You can see these stories on Radio New Zealand's website.

https://www.rnz.co.nz/national/programmes/first-up/audio/2018695079/fonterra-fan-andrew-oliver-s-journey-with-disability-to-independent-living

George

George joined EGL at the end of 2016 when he was 18 years old. He has autism and lives with his supportive family. At the time, George experienced bullying at school, spent a lot of time in his room, had no friends, little confidence and needed a lot of encouragement to come out of his shell and connect with others. George's EGL budget originally employed a buddy 7 hours a week to go out and help him try everyday activities and attend a youth group.

Over the last two years George has left school and used his support to try activities and go places typical for young people. As his confidence has grown over the past year, he has focused his budget on getting his licence and finding employment. He now attends a computer training class and recently got his First Aid Certificate. George plans to start flatting within the next year.

A recent email from George's mum indicates the progress George is making as, step by step, he builds his good life as a young adult:

George is going really well. He has started work experience at the Main Meat Works, 2 weeks ago, Wed-Fri 7am-1.30pm and is loving it. His support worker Michele goes for 8 hours of that time just to check up and ensure all going well with his workmates. We had a big meeting with them and his employment facilitator this week and we are applying for Mainstream. I now no longer need to support George at work, but Michele is still going for 8 hours of his week. It is amazing how it has boosted his confidence, he even went back onto Facebook, declaring on a big first post: 'Hi I am back. I have done great things and I am independent, I have my licence, a car and I now work at Main Meats - Wish me Luck!' We were quite blown away!

Community conversations

Katie Sherriff, Disability Directorate, Ministry of Health

Disability Support Services are travelling to towns around New Zealand to talk about the supports and services you or your whānau may access or provide – and we want you to join us. This is also your opportunity to meet our new Deputy Director-General, Adri Isbister, and hear about her vision for disability support services.

Where will the community conversations be held?

The table below shows when we are coming to your area. The start time is the same for all sessions: 9 am – 12 pm for disability providers

1 pm – 4 pm for disabled people, their whānau and carers.

City/Town	Date	Venue	Room
Wellington	Wednesday 4 September 2019	James Cook Hotel, 147 The Terrace	Chancellor 3
Nelson	Monday 9 September 2019	Honest Lawyer, 1 Point Road, Monaco	Banquet Room
Christchurch	Tuesday 10 September 2019	Sudima Christchurch Airport, 550 Memorial Ave	Avon 2
Dunedin	Wednesday 11 September 2019	Distinction Dunedin Hotel, 6 Liverpool Street	The Exchange Room
Auckland	Wednesday 25 September 2019	Jet Park Airport Hotel and Conference Centre, 63 Westney Road, Mangere	Pukeko Room
Whangarei	Thursday 26 September 2019	Forum North, 7 Rust Ave	Cafler 1 Room
Hamilton	Friday 27 September 2019	Jet Park Hotel Hamilton Airport, 201 Airport Road	Harvard Room
Whanganui	Tuesday 1 October 2019	The Avenue Kingsgate Hotel Wanganui, 379 Victoria Ave	Function Room
Tauranga	Thursday 3 October 2019	Classic Flyers, 8 Jean Batten Drive, Mount Maunganui	Boeing Room
Napier	Friday 4 October 2019	Crown Hotel, Vautier Room, 22A Waghorne Street, Ahuriri	Vautier Room

How to register

It's important that you let us know if you are coming to a community conversation. Please register on our website, or email or call us, at least 10 days before the event, using the details below:

Email: disability@health.govt.nz

Call: 0800 855 066

Visit: the disability conversations page of the Ministry website

www.health.govt.nz/disabilityconversations

When you register, please include the following information:

- the session you're attending (afternoon session for disabled people, whānau and carers)
- the location you're registering for
- the company or organisation you're representing (if applicable)
- if you have any requirements for equipment or interpreters
- if you have any dietary requirements
- anything else that will be useful for us to know.

What will we talk about?

Adri Isbister will share her vision for the future of disability supports and services. We're keen to hear your views and questions, and to hear about the supports and services you or your family and whānau access or provide.

We're grateful to the disabled people, their family and whānau, carers and providers who have shared their stories, experiences and ideas with us so far. We've used what you've told us to develop the first stage of a strategy, and we want to know if we're heading in the right direction.

Can you help us share this information?

We would appreciate if you could share this information with your networks.

You can:

- share this information on social media contact us for some images you can share
- put up posters in your community spaces contact us for posters
- tell your whānau, friends and community.

Don't forget to register!

Funded Family Care

Stuart Parkinson, Disability Policy, Ministry of Health

In July 2019, the Prime Minister and Minister Genter announced that we're making changes to Funded Family Care in 2020.

The term Funded Family Care has covers both the Ministry of Health's Disability Support Services policy and District Health Boards' Paid Family Care policies. The upcoming changes apply to both.

These changes include:

- Repeal of Part 4A of the New Zealand Public Health and Disability Act 2000
- Eligibility for Funded Family Care to change to allow spouses and partners to provide Funded Family Care to people with high or very high support needs, and children and young people under the age of 18 with high or very high needs to receive Funded Family Care from resident parents or family members (who are over 18)

DSS e-newsletter September 2019

- Removing the requirement for an employment relationship between a disabled person and their family member under the Ministry of Health's Funded Family Care policy
- Raise pay rates for funded family carers under the Ministry of Health's Funded Family Care policy to be consistent with the rates received by care and support workers.

These changes to Funded Family Care will make it fairer for family carers and those being cared for, including improved support and paying carers appropriately.

Right now, we're working through the details of these changes so that we can provide advice to Ministers about what these may look like and how we can implement them across New Zealand in a way that is equitable and sustainable.

To help us prepare advice for Ministers that takes our communities' voices and experiences into consideration, we'll be undertaking targeted engagement in the next two months. This will also enhance our understanding of the impact that potential policy options may have on carers, disabled people and their whānau.

We will keep you updated as this work develops, including how we're seeking feedback from people, via our website.

You can also see more information about these changes, including what feedback we've already received, on the Ministry of Health website. health.govt.nz/your-health/services-and-support/disability-services/types-disability-support/funded-family-care

Pay equity update

Contract Support Team, Ministry of Health

The contract support team would like to extend their sincere appreciation to those who have provided their Workforce Data Collection Surveys. Thank you for your cooperation, involvement and timely submissions. We really appreciate the effort it has taken to provide this data.

We would also like to take this opportunity to remind providers about the importance of the development of a well trained workforce for the sector and the clients they serve. The Care and Support Workers (Pay Equity) Settlement Act 2017 states that an employer must take all reasonably practical steps to ensure eligible workers are able to attain qualifications within the prescribed framework set out in the Act. The Ministry of Health and the District Health Boards jointly agreed their accountability to ensure workers have access to training and education opportunities, but providers have the responsibility to meet their obligations. How employers provide opportunities for workers is not specified.

There is understandably great interest from the sector in being informed of the results for the data provided. With approximately 90 percent of providers sharing information that covers roughly 50,000 workers, the Ministry continues to validate and analyse the information and plans to release high level analysis of the data by October 2019. We will share more information around the publication of our findings in the coming weeks.

Child development services

Noreen MacMahon, Project Lead, Disability Support Services, Ministry of Health

In Budget 2019, the Government allocated an additional \$35 million (\$8.75 million per annum) over four years for Child Development Services (CDS). These services support children with disabilities to maximise their potential and support greater independence.

Demand for CDS has increased, so the additional budget will see more children access the supports they need to help achieve their potential. The Ministry also supports CDS to work in a regional and integrated way with other services supporting disabled children, such as specialist communication services, equipment services and Ministry of Education early intervention services.

We've met with CDS providers to help them work in an integrated and consistent way regionally and nationally. Our approach aligns with System Transformation, Enabling Good Lives vision and principles and the Good Start in Life work.

The Ministry held four workshops with CDS providers in Christchurch, Wellington, Rotorua and Auckland throughout August. The workshops aimed to support providers to complete regional implementation plans that outline the approach in each region. This includes increasing the number of FTEs each region requires to reduce waiting lists, deliver more integrated services and shift towards an agreed model of care so that children and their families receive seamless services wherever they live in New Zealand.

We will review the implementation plans in September and will keep you updated as this work progresses.



All smiles at the end of the first Northern Regional workshop for CDS.

Preventing the spread of measles

A DSS-funded Community Residential Support Services provider in the Auckland region informed us this week that one of their clients has contracted measles. This is a good time to encourage you to follow the Ministry's advice on preventing the spread of measles.

- Measles is circulating in New Zealand, particularly in the Auckland region. More cases are likely, and people are encouraged to be vigilant of the symptoms of measles.
- Measles is highly contagious, affects children and adults and can be life-threatening.
- Immunisation is the best way to protect against getting measles. Two doses of the MMR vaccine give 99 percent protection against the virus. In New Zealand the MMR vaccine is offered free at 15 months and at 4 years of age. The MMR vaccine is also free for those under 50 years who have not had 2 documented doses.

We encourage people to get immunised, particularly:

- children and young people who have never been vaccinated
- people born from 1969 who have not had two documented doses.

Measles used to be very common, so those over 50 years old are considered immune and don't need the measles immunisations. Some people can't get immunised (for example, pregnant women and people with low immunity, such as those receiving cancer treatment).

What should I do?

- Please ensure that people younger than 50 years old have been vaccinated, or support them to get both doses of the vaccination.
- Make sure you follow the advice on what to do to minimise the spread of measles if you come into contact with someone with measles.

For more information see the measles page_the Ministry of Health website. health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/measles

For up to date information about measles in Auckland, and useful information on what symptoms to look out for, how to best protect yourself and others, as well as what actions to take if you've been in contact with someone with measles see the Auckland Regional Public Health measles page on their website. https://www.arphs.health.nz/public-health-topics/disease-and-illness/measles/

Thank you for your attention to this.

Recent publications

Medication Guidelines for the Home and Community Support Services (HCSS) Sector

In May this year, the Ministry of Health published guidelines to support HCSS providers to provide safe medication support for people at home.

The Guidelines were developed by a working group made up of HCSS providers and representatives from the health and disability sector. The Guidelines are a resource to support the implementation of safe medication practices according to the Home and Community Support Sector Standard that all DSS funded HCSS providers are required to comply with. You can find a copy of the Guidelines_on the Ministry's website. health.govt.nz/publication/medication-guidelines-home-and-community-support-services-sector

Information Sharing Guidance

The guidance document, *Information Sharing Guidance for Health Professionals, from 1 July 2019*, is now available for download on the Ministry of Health website.

The guidance is to assist the health workforce to understand and respond to new changes. It complements the guidance on sharing information safely and supporting resources published by Oranga Tamariki and the Ministry of Justice. health.govt.nz/publication/information-sharing-guidance-health-professionals-1-july-2019

Cancer Action Plan

On 1 September 2019, the Right Honourable Prime Minister Jacinda Ardern and Honourable Minister of Health Dr David Clark released the Ministry of Health's *Cancer Action Plan 2019–2029* which outlines actions that will make a real difference to New Zealanders.

Modernising our approach to cancer care and improving survival rates is a long-term challenge. As kaitiaki of the health and disability system we aspire to achieving equity and sustainable services to all New Zealanders.

In January 2019, the Minister announced at the Cancer Care at a Crossroads Conference the development of a new cancer action plan with the bold goal of achieving equity of outcomes as a priority.

It's important that we know whether this is right or not, so that we can roll out a plan that delivers equitable care.

You can have your say about the Cancer Action Plan from 1 September to 13 October 2019.

See the Cancer Action Plan 2019–2029 on our website.

health.govt.nz/publication/new-zealand-cancer-action-plan-2019-2029

Have your say: https://consult.health.govt.nz/cancer-services/cancer-action-plan

Looking for information about disability in New Zealand? Find it on Firstport! Looking What Cappage 1

Have you visited the national disability information website Firstport yet? If not, make time today to check it out!

Replacing the old WEKA site, Firstport has fast become a trusted resource for those searching for information on things like:

- · disability funding streams and how to apply
- support available around education, transport, employment, housing and vehicle modifications and more
- how to find local Disability Information Centres and support services
- guides and articles on disability equipment and assistive technology
- · latest news and events related to disability
- real life stories and videos.

Firstport has had over 50,000 visitors since it launched. It aims to be a welcoming, easy to use presence in a busy online world and is completely accessible. Users can use colour contrast, keyboard navigation, adjust text size and block animations.

'If you work with disabled people and their whānau, Firstport is a great resource to signpost them to.' says Rhi Galpin, Communications and Marketing Specialist for Firstport. 'You could also explore the site with them and help them find the most effective next steps for their needs.'



relate

Firstport is keen to make sure the look and feel of the site resonates with its target audience. In last year's 'Life through a Lens' photography competition, people sent in photos of how they view life with a disability. Entries now feature on the site, along with the personal stories behind the images. 'In My Own Words' shares real life stories of disability through videos and articles. Julie Woods shared her story of going progressively blind following a diagnosis of Stargardt disease at 18. Her video has had over 22,000 views and has been shared almost 100 times.

The team find information from a range of sources and are keen to receive ideas for content to add to Firstport. They're currently working with a professional advisor to create guides on common questions and will focus on topics that are often searched for online, or that Disability Information Centre staff get asked regularly.

Firstport also has an active presence on Facebook with over 2000 followers. You can link up with them online at @FirstportNZ. If you've got ideas or feedback for the site, then contact the team at comms@firstport.co.nz

Check out the Firstport website_today at http://www.firstport.co.nz

Our people

Murray Penman

Amanda Bleckmann, Manager Family and Community Support, Disability Support Services

Sadly, our colleague Murray Penman has decided to leave us! While I am so sorry to see Murray go, I'm personally delighted to let you know that Murray has been offered and accepted a role as General Manager, Vision West, one of our HCSS/IF Host providers.

Murray has been instrumental in the development of IF, expanding IF participants from 200 in 2008 to almost 6000 as a result of the Ministry's response to the Select Committee Inquiry. Murray worked tirelessly as we travelled around

the country, providing training to all the IF Hosts and NASCs. Murray helped in getting Child Development Services budget bid and in highlighting the need for the CDS Stocktake back in 2011.



Murray with his family and collegues at his farewell.

Murray's been our DSS go to

person on all things related to service improvement and self-direction, from Enhanced IF, CICL, flexibility disability supports, EGL Christchurch and EGL Waikato, FDS on Waiheke Island and now the System Transformation prototype. He has updated the purchasing guidelines, written the verification guidelines and co-presented

with me at the Self Direction conference. Murray has provided a wealth of knowledge in a range of other areas across DSS.

For those of you who don't know, Murray has worked at the Ministry for 17 years – and during that time, he also got married, has had five children and kept up all his other extracurricular activities such as playing in bands and orchestras.

Murray's last day at the Ministry was Friday 6 September 2019 and we hand him over to Vision West on Monday 9 September 2019.

We know you will join us in congratulating Murray and wishing him every success in his new role.

Provider stories/Innovative practices

Cheryll Graham, Disability Support Services, Ministry of Health

If you provide DSS funded services and you want others to know how your service makes a difference to people with a disability, please tell us about it.

DSS will be publishing a supplement in our December newsletter showcasing providers' innovative practices to mark the International Day of Persons with Disabilities on 3 December 2019.

Here's what we are looking for:

- a story or article in a word document of up to 300 words, saying what you are doing and how it makes a difference
- we'd particularly like to hear about how you help people understand choices so they can make their own decisions (supporting a person's decision making)
- a photograph (high resolution please) if appropriate
- confirmation that you have formal permission from your organisation and from the person or people to use the story and photograph
- please get your submission to us by Friday, 20 September 2019, addressed to susan.fernandes@health.govt.nz

Articles may be edited before they are published.

Articles for publication will be selected by a review team. We can't guarantee that we will include your article or story.

We will email a copy of the newsletter to you at the time of publication and will also post it on the Ministry of Health website.

Thank you and we look forward to hearing about the great work underway in the sector!

Contact Disability Support Services

Email: disability@health.govt.nz

Phone: 0800 DSD MOH (0800 373 664)

Web: www.health.govt.nz/disability

To be added to or removed from the email list for this newsletter, please email disability@health.govt.nz

DSS e-newsletter 2019

DRAFT 2019 WORKPLAN FOR WEST COAST ADVISORY COMMITTEE (WORKING DOCUMENT)



	15 February	29 March	10 May	28 June	9 August	27 September	1 November
STANDING ITEMS	Karakia	Karakia	Karakia	Karakia	Karakia	Karakia	Karakia
	Interests Register	Interests Register	Interests Register	Interests Register	Interests Register	Interests Register	Interests Register
	Confirmation of Minutes	Confirmation of Minutes	Confirmation of Minutes	Confirmation of Minutes	Confirmation of Minutes	Confirmation of Minutes	Confirmation of Minutes
	Carried Forward Items	Carried Forward Items	Carried Forward Items	Carried Forward Items	Carried Forward Items	Carried Forward Items	Carried Forward Items
REPORTS FOR RECOMMENDATIN TO THE BOARD		Accessible West Coast 2019/20 Draft West Coast Public Health Plan		West Coast Maternity Strategy		Environmentally Sustainable Health Care: Position Statement	
REPORTS	Community & Public Health Update	Community & Public Health Update	Community & Public Health Update	Community & Public Health Update	Community & Public Health Update	Community & Public Health Update	Community & Public Health Update
	Planning & Funding Update	Alliance Update	Planning & Funding Update	Alliance Update	Alliance Update	Planning & Funding Update	Planning & Funding Update
	Alliance Update	Operational Update	Alliance Update	Operational Update	Operational Update	Alliance Update	Alliance Update
	Maori Health Update		Operational Update	Maori Health Update		Operational Update	Maori Health Update
	Operational Update						Operational Update
	Committee Work Plan						
PRESENTATIONS	Oral Health	Facilities Visit	Mental Health	Child & Youth Wellbeing	Ageing Well on the West Coast	Maori Health	Service Integration
					Drinking Water Update		
DISABILITY REPORTING	Disability Support Services Newsletter	Disability Action Plan Update (Deferred)	Disability Action Plan Update		Disability Support Services Newsletter	Disability Action Plan Update	Disability Support Services Newsletter
		· 	Disability Support Services Newsletter				
INFORMATION ITEMS	2019 Schedule of Meetings	Committee Work Plan	Committee Work Plan	Committee Work Plan	Committee Work Plan	Committee Work Plan	Committee Work Plan
		2019 Schedule of Meetings Revised Terms of Reference	2019 Schedule of Meetings	2019 Schedule of Meetings	2019 Schedule of Meetings	2019 Schedule of Meetings	2020 Proposed Schedule of Meetings (to be approved by incoming Board)

WEST COAST DHB – MEETING SCHEDULE FEBRUARY – DECEMBER 2019

DATE	MEETING	TIME	VENUE
Thursday 7 February 2019	QFARC Meeting	1.30pm	Boardroom, Corporate Office
Friday 15 February 2019	Advisory Committee Meeting	10.30am	St John, Water Walk Rd, Greymouth
Friday 15 February 2019	BOARD MEETING	1.00pm	St John, Water Walk Rd, Greymouth
Friday 29 March 2019	Advisory Committee Meeting	11.30am	St John, Water Walk Rd, Greymouth
Friday 29 March 2019	BOARD MEETING	1.00pm	St John, Water Walk Rd, Greymouth
Thursday 2 May 2019 (in place of ANZAC Day)	QFARC Meeting	1.30pm	Boardroom, Corporate Office
Friday 10 May 2019	Advisory Committee Meeting	10.30am	St John, Water Walk Rd, Greymouth
Friday 10 May 2019	BOARD MEETING	1.00pm	St John, Water Walk Rd, Greymouth
Tuesday 18 June 2019	Special QFARC Teleconference	2.30pm	Boardroom, Corporate Office
Friday 28 June 2019	Advisory Committee Meeting	10.30am	St John, Water Walk Rd, Greymouth
Friday 28 June 2019	BOARD MEETING	1.00pm	St John, Water Walk Rd, Greymouth
Thursday 25 July 2019	QFARC Meeting	1.30pm	Boardroom, Corporate Office
Friday 9 August 2019	Advisory Committee Meeting	10.30am	St John, Water Walk Rd, Greymouth
Friday 9 August 2019	BOARD MEETING	1.00pm	St John, Water Walk Rd, Greymouth
Friday 27 September 2019	Advisory Committee Meeting	10.30am	St John, Water Walk Rd, Greymouth
Friday 27 September 2019	BOARD MEETING	1.00pm	St John, Water Walk Rd, Greymouth
Thursday 24 October 2019	QFARC Meeting	1.30pm	Boardroom, Corporate Office
Friday 1 November 2019	Advisory Committee Meeting	10.30am	St John, Water Walk Rd, Greymouth
Friday 1 November 2019	BOARD MEETING	1.00pm	St John, Water Walk Rd, Greymouth
Thursday 28 November 2019	QFARC Teleconference (if required)	1.30pm	Boardroom, Corporate Office
Friday 13 December 2019	BOARD MEETING	10.00am	St John, Water Walk Rd, Greymouth