

Healthcare on nights & weekends

KA ORA
TELE CARE
Healthcare from home

After hours health services on the West Coast are provided by Ka Ora.

Ka Ora Telecare provides people living in, or visiting, the West Coast with a quick and easy solution to connect with a Doctor or a Nurse for medical advice and treatment on weekends and at night.

How it works?

The service is open 5pm to 8am (evening and overnight) on weekdays, and 24 hours on weekends and Public Holidays.

You can connect with the Ka Ora Telecare team by calling 0800 2 KA ORA (0800 252 672)

You will first be greeted by a kaiāwhina (community health worker) or a nurse. The team will assess your health needs, and you can either see a doctor or nurse directly or you may also choose to schedule an appointment for later.

Book Online kaora.co.nz

This is available from 5pm to 10pm weekdays and 8am to 10pm weekends and public holidays.

By booking an appointment, you will have a specific appointment time to connect directly with the medical team over phone or video.

If you need an urgent appointment after 10pm, please call 0800 2 KA ORA to connect with the overnight team. If the Ka Ora clinician thinks you need to see a doctor or nurse in person they will tell you how to contact one. There will always be an in-person option for those who need one.

Ka Ora Pricing

Kaiāwhina assessment and advice	FREE
Nurse assessment and advice	FREE
GP consultation Under 14s	FREE
GP consultation Over 65s	\$19.50
GP consultation Community services card	\$19.50
GP consultation adults 14 – 65 years	\$50.00



If you have more questions about Ka Ora

go to westcoasthealth.nz/kaora or point your phone's camera at the QR code and click on the link that appears.



Other healthcare services available to you and your whānau on the West Coast.

Healthline

Healthline provides a 24 hour a day, 7 day a week over the phone health service that you can call for free health advice, information and treatment from professional healthcare providers. Call Healthline anytime 0800 611 116

Emergency

In a medical emergency, dial 111 for an ambulance. A medical emergency includes chest pain or tightness, difficulty breathing, choking, severe bleeding or bleeding that won't stop, sudden weakness, difficulty talking, fainting or unconsciousness.

Your GP or Medical Centre

If you need to see a doctor, nurse, or other health professional on weekdays you should visit your local primary care practice or medical centre. Ring them first to make an appointment. It's best to enrol with a primary care practice if you are eligible for publicly funded primary health services.

It costs nothing to enrol. By enrolling you can access appointments at a lower price and you can be sure that a team of people are looking after your care. You can check how much an appointment will cost by going to westcoasthealth.nz and clicking on Primary Care Practices and then clicking on the practice you want to visit.

Primary Care Practices in Reefton

Reefton Health
(03) 732 8605